

Oracle Coune Crier

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--- David Brinkley

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OBITUARIES

Greg Becken

Oracle lost a longtime resident when Greg Becken, 66, passed away on Aug. 24, 2014. He succumbed to a rare incurable disease.

Greg had worked at Magma and

Oracle Ridge mines before being a state miner inspector for 10 years. Recently he was a safety mine instructor. He was a longtime owner of Don He is survived by his sister, Nancy McLean, and brother, Doug. A celebration of life will be held Saturday, Sept. 13, at 1 p.m. at Don Juan's Bar.

Georgia Marie McKay

Juan's bar from 1986-2010.

Longtime Tri-Community resident Georgia Marie McKay passed away on Aug. 21, 2014 after a brave and courageous struggle with cancer. Georgia was an inspiration to her friends and loved ones; not only throughout her life, but especially the way she chose to live the last few months, with love, laughter and living each day to the fullest.

Georgia was born in Searchlight, Nevada on Sept. 25, 1931 to Jack and Mae Starr. She grew up in many mining towns throughout the west, but most of her life was spent in Eureka, Nevada where she met and married William (Bill) McKay. They were married in Ely, Nevada in October of 1948. They had four children, Binki (Jim) McNulty of Newcastle, WY, Bill (Becky) McKay of Gold Canyon, Arizona, Gina (Gary) Knight of Newcastle, WY and Donna (Julio) Garcia of Brighton, Colorado. Georgia was the loving grandmother to nine grandchildren and

six great-grandchildren. Everyone who knew Georgia knew the bond and love between her and her sister Donna Clements. Those who loved and knew Georgia will greatly miss her kindness and her beautiful spirit.

Georgia and Bill moved to Tiger, Arizona in 1948, then to Mammoth, finally settling in Oracle in 1960. She was active member of the Oracle Union Church, serving on the Board of Trustees for many years. A great lover of bridge and Mahjong, her family and friends. She served as volunteer at the Oracle Library for years. Georgia loved helping her fellow man and spending time with her family and friends. She was an accomplished artist and a published poet.

Services were held at the Oracle Union Church on Saturday, Aug. 30. In lieu of flowers, donations can be made to the Oracle Union Church, PO Box 381, Oracle, AZ 85623.

Judy Ann Brunson

Wife, mother, sister, daughter, aunt, grandmother, great-grandmother and dear friend, Judy Ann Bankhead Brunson died Aug. 22, 2014. She was born Feb. 11, 1943 in Moab, Utah, to Lloyd Maurice Bankhead and Lillian Irene Bailey. She married her sweetheart, Kent LaMar Brunson, on April 10, 1970, in the Salt Lake Temple. Together, they raised five children: Kent L. (Karen) Brunson, Jr., Shawn D. (Jenn) Brunson, Andrea L. Brunson, Marche L. (Steve) Bergen, and Jared W. (Colleen) Brunson.

Judy resided in the Oracle and San Manuel, Arizona community since 1974. She was a faithful and diligent member of The Church of Jesus Christ of Latter-day Saints. Over the years she served in Primary, as a Cub Scout leader, secretary in the Relief Society, and as Compassionate Service Leader, to name just a few. She was also devoted to her family. Although the majority of her life was spent at home raising her children, she had also worked as a PBX Operator at Primary Children's Medical Center, a Lab Tech, Nurse's Aide, AVON Sales Representative, and as a Ticket Sales Agent for the Utah Theater. Judy is survived by her Eternal Companion; their five children; 16 grandchildren; two great-grandchildren, with a third on the way; and sister, Madonna Jean (Verl) Solt. She is preceded in death by her parents; and brother, Joseph Lloyd Bankhead. Funeral services were held Saturday, Aug. 30, 2014, at McDougal Funeral Home, Taylorsville, Utah. Condolences may

be posted at www.mcdougalfuneralhomes.com.



Triad

Oracle TRIAD Coalition





NEEDED: Volunteer Director of the Oracle TRIAD

A TRIAD is an organization of volunteers serving the needs of seniors in the community who are 50+. This position is also a volunteer who will be responsible for coordinating and creating committees to better serve the needs of the community. This position will be expected to participate in community events, coordinate and recruit interested volunteers, interface with community resources, and the Pinal County Attorney and Sheriff's Office. Must have good communication skills, and be computer literate. Looking for someone who is compassionate, patient, and a self starter.

If interested in serving your community in a priceless capacity, please send your resume or letter of interest to marguerite.johnson@orovalleyhospital. com. If you have questions, please call Joanie at 520-901-3631.

TRIAD is a cooperative project composed of seniors, Pinal County Attorney's Office, Pinal County Sheriff's Department, Pinal-Gila Council for Senior Citizens, and other community partners who are dedicated to preventing the victimization of seniors, improving their quality of life and reducing consequences associated with abuse and misuse of prescription medications and alcohol. Community members are welcome. Call to sign up for volunteer opportunities.

Updated information regarding unaccompanied minor refugees

am passing along some general information on the unaccompanied immigrant children from Central America and their recent, temporary placement at Right Of Passage, Sycamore Canyon Academy seven miles outside of Oracle.

I have learned that Sycamore Academy has received approximately 20 youth refugees. These are children roughly between the ages of 12 to 16. About half of these children at Sycamore Academy have already benefited from the good care and treatment from Sycamore Academy and are ready for relocation within the next 10 days.

Staff at the Academy is currently processing paperwork to have these children reunited with family members in other parts of the country, until the Federal Government processes their cases through legal channels. Other children may be returned to their country of origin, via the Federal Government.

The Federal Government in their handling of these unaccompanied minors has placed these children in facilities like Sycamore Academy, a licensed state facility whose mission is to provide therapeutic counseling and guidance to children. The objective of these temporary placements for unaccompanied minors is for quick reunification with family.

These refugee children that the Academy has been treating have no Central American gang affiliations. They have been examined by medical professionals in the U.S. and have been given a clean bill of health – they are not



FROM THE SUPERVISOR

By Pete Rios Pinal County Board of Supervisors

carrying any diseases or illnesses.

I have to give credit to all of those individuals who have been handling this unexpected influx of these minors from Central America. They have worked hard to treat these children with grace and dignity. I know the number of Oracle residents that have joined the "Have A Heart" campaign to support these children continues to grow, thanks to Kaz and Frank Pierson.

It is not an easy situation to see these kids being sent off from their homes to escape the horrible conditions that have plagued their countries. I will not chastise the parents who have sent their kids off in hopes of a better life. I have not walked a mile in their shoes, therefore I will not judge. I do know the number of unaccompanied minors crossing the border in Texas into the U.S. has dropped significantly and continues to fall.

SaddleBrooke TWO Performing Arts Center

Saturday, September 13, 2014-One Hit Wonders! - 7:30pm



Produced by TAD Management. One Hit Wonders is exactly as it sounds. Some of the best and most memorable songs of our lives were done by bands and or artists who never were able to duplicate or come close to their 'monster' hits. Join us for a fun and interactive show taking you through the musical world of the "One Hit Wonders!" \$25 inclusive \$30 door

Saturday, October 4, 2014 - Southern Arizona Symphony Orchestra - 7:30pm Berlioz: Rakoczy March from The Damnation of Faust. Mozart: Piano Concerto No. 21, Sandra Wright Shen, piano. Holst: The Planets. \$24 inclusive \$26 door



Saturday, October 18, 2014 - Oracle Piano Society Featuring Dr. James DeMars and Native American Flutist, R. Carlos Nakai - 7:30pm. Oracle Piano Society Artist Advisory Committee member, composer/conductor James DeMars, belongs to a generation that is revealing a new integration of world music with the range, depth and stylistic variety of the classical tradition. DeMars will perform his duo piano sonata, "A Diary of the Seasons," with Stephen Cook, his former student



and Oracle Piano Society Artistic Director. Supporter guests will join Dr. James DeMars, R. Carlos Nakai and Dr. Stephen Cook in a private cocktail party. \$75 Supporter, \$25 inclusive, \$30 door, \$10 student

Saturday, November 1, 2014 - Tucson Jazz Institute Ellington Band - 7:30pm Congratulations! Tucson Jazz Institute Ellington Band was voted Number One at the Essentially Ellington Festival and Competition in New York. Doug Tidaback, Director, claims that students are raising the bar of this Competition year after year. Join us



as we welcome our national winners back to our stage for a night to remember! \$25 inclusive \$30 door

Saturday, November 8, 2014 - Southern Arizona Symphony Orchestra - 7:30pm. Guest Conductor Gabriele Pezone. Rossini: Overture to L'Italiana in Algeri. Panufnik: Concerto for Violin and String Orchestra - Marta Magdalena Lelek, violinist. Schubert: Symphony No. 5. \$24 inclusive \$26 door



Wednesday, November 12, 2014 - "FATS" A Tribute to Fats, **Domino - 7:30 pm** Produced by Lonely Street Productions. Dutch pianist/singer Eric-Jan Overbeek, aka Mr. Boogie Woogie, brings his critically acclaimed salute to the music of the legendary Fats Domino to Arizona. Antoine "Fats" Domino was one of the pioneers of Rock & Roll, with chart-topping hits including "Ain't That a Shame," "I'm Walking" and "Blueberry Hill." Don't miss this one-ofa-kind rhythm and blues extravaganza! "I never heard a band that



comes this close to the Fats Domino Band" - Jim Moliere (Fats' guitar player for 25 years.) \$25 inclusive \$30 door

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DIAPER BAG

Celebrate Fall Events With Family First

all, what a wonderful time of the year! Hearing the sound of leaves rustling in the wind, the smell of apple pie baking in the oven, and seeing the colors of orange, yellow, red-orange, and green decorations in windows.

This is what happens in Story time at Family First, 10 a.m. every Wednesday. Don't miss out with Miss Natalie as she makes stories come alive for the children by creating simple projects for the mothers and children to do. Come and join them for an experience that will last a life time.

And that is what we want you to experience at this year's Chuck Wagon Round Up, Saturday, Oct. 18 at 6 p.m. Come to the most awesome auction and BBQ to benefit Family First. It will be an evening of non-stop excitement of live and silent auctions! Items of gift baskets, sports memorabilia, beautifully handcrafted jewelry pieces, collectable dolls and plates, beautiful gift baskets, gift cards and tickets to many entertainment venues from Phoenix to Tucson. This is an opportunity to invest in families for



Capstone Pinto Valley Mining Company donated \$500 to be a sponsor for the Family First's Chuck Wagon Round Up October 18. Thank you so much for your support!!

our community and see lives change. You can purchase your tickets by calling 520-896-9545 or on line at www.familyfirstpcc.org.



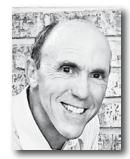
Bio-identical hormones

hether or not a woman takes hormones to replace those diminished with menopause is a personal decision influenced by certain symptoms as well as concerns of hormone related ailments.

Symptoms that prompt considerations for hormone replacement often include hot flashes, thin skin and vaginal dryness. Hormone related ailments include osteoporosis, cancer, heart attacks and strokes.

Hormones that are usually considered for supplementation after menopause include estrogen, progesterone and testosterone. These are the hormones that help regulate women's menstrual cycles.

There are three forms of estrogen that are commonly addressed in women. Estrone (E1) is a strong estrogen that can be associated with toxic reactions. Estradiol (E2) is the most abundant form of estrogen and the one marketed most heavily in the past. Estriol (E3) is a weaker form of estrogen and associated with healthful qualities.



IEALTH ISSUES

By Dr. Michael Miles Special to the Crier

Estradiol has been sold for years under the name Premarin. This stands for pregnant-mare urine. Complications arose with the use of Premarin primarily because it was administered as a single agent.

The horse-derived estradiol in an isolated dose over-stimulated susceptible women's estrogen receptor sites. These receptor sites are most abundant on the cells that make up the uterus, as well as the breasts. As a consequence, some of the over-stimulated cells turned cancerous, with some of them advancing to a stage that could be diagnosed as uterine cancer.

Part of the individualized susceptibility has to do with genetic predisposition and part has to do with the amount of estrogen a woman is exposed to.

One revelation agreed upon from the uterine-cancer discovery with women taking Premarin is that hormones are regulated in the body constantly and are coordinated with their sister hormones.

For those women that still have uteruses, the addition of progesterone to estrogen supplementation has made a statistical difference between cancer and no cancer.

It was only recently, with the 2002 Women's Health Initiative, that it was determined that animal-derived hormones not only did not protect against heart attacks, strokes and breast cancer as initially touted, they actually increased the risk for heart attacks, strokes and breast cancer. This was a stunning discovery.

Bio-identical hormones have now come to the forefront as healthy considerations for those women interested in avoiding

Continued on Page 11

tan • gi • ble

adj.

1 capable of being touched

2 evident; real; existing

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The *Oracle Towne Crier* tells stories ... every issue introduces readers to people, places, businesses and organizations that are exemplary, innovative, exciting ... that make a difference in our community.

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GLOW premieres Saturday

By John Hernandez Copper Area News

GLOW, the premier illuminated art show in Arizona, opened Saturday night at the historic Triangle L Ranch. Even though there was concern over the weather, a good crowd showed up to enjoy the art, food, entertainment and fun atmosphere that GLOW is famous for

The opening night of GLOW featured "Gotta Glow! Gala and Costume Ball".

This year's entertainment and exhibits include Drumension performance on Lantern Lane; Telescope Viewing by Oracle Dark Skies Committee in the Celestial Theater; Live Music by the Wicked Path in the Shrine Garden; Circus Amperean on the Performance Stage; UVAV Light Show on the Realm of Rock; and Michael P. and the Gully Washers performing live for your listening and dancing pleasure at the Barnyard Stage. There will also be added surprises in store.

Food is being provided for purchase by the Patio Café and the Pie Lady of Oracle. The Patio Café's food selections included macaroni & cheese, vegetable stew and other hot food, homemade cherry lemonade and tiramisu. The Pie Lady had a large selection of pies including cherry, apple, pecan, peach, sour cream peach and two gluten free selections of pumpkin and carrot pie. Power for GLOW was provided by the Solar Store.

Next Saturday, Sept. 13, "The Day into Night GLOW" will be featured. It will begin two hours earlier from 5 to 9 p.m. It is a family night and will have workshops and interactive projects for the kids. There will be a children's costume contest. Non-profit arts, nature, education and community organizations will have information booths. Entertainment, music, and performances will be provided for kids and adults. Food and drink will also be available for sale. Tickets are only \$10 for adults and \$5 for children 13 and under. It is advance ticket sales only.

There will be two other chances to experience GLOW. The first two Saturdays of October, Oct. 4 and 11, from 7 to 11 p.m. Advance tickets sales only are available, \$15 for adults, \$7.50 for kids and children under 3 admitted free. You can get your tickets at Yikes Toys on Broadway in Tucson or at www. trianglelranch.com/glow.html. Call (520) 623-6732 or info@trianglelranch.com for more information.







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Pastor Nathan Hogan 520-896-2408

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Oracle Union Church 705 E. American Ave., Oracle

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Pastor Dr. Ed Nelson 520-784-1868

Sunday Bible Study 9 a.m. Worship Service 10:30 a.m. Wednesday Bible Study Noon Thursday Prayer Time 11 a.m. to Noon

Oracle Church of Christ

2425 El Paseo, Oracle

Fred Patterson 896-2452 • 896-2067

Sunday Bible Study 10 a.m. Sunday Worship 11 a.m.

Oracle Seventh-Day Adventist Church

2150 Hwy 77, Oracle

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Pastor James Ruiz 896-2771 • www.lwcoracle.org

Saturday Youth Service 6 p.m. (except 5th Sat.) Sunday 1st Service 9 a.m. • Fellowship 10:30 a.m. Sunday 2nd Service 11 a.m. Children & Youth Classes Available for Both Services

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CROSSWORD

American Folklore

ACROSS

- 1. PayPal money
- 6. "La" precursor
- 9. Japanese restaurant stable
- 13. Spasm of pain
- 14. Romanian money
- 15. Where one reaction is oxidation and reverse is reduction
- 16. Portend a good or bad outcome
- 17. Ash container
- 18. Anoint
- 19. *Clyde's crime partner
- 21. Ubiquitous protein
- 23. *Do it to create a tunnel
- like John Henry
- 24. Discarded cards in
- cribbage
- 25. Diminish
- 28. Jessica of "Dark Angel"
- 30. Last in octad

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to Dish Today

35. "Frog and Are Friends"

- 37. Used to row
- 39. "And Then

Were None"

- 40. *Paul Bunvan did it to his axe?
- 41. Double-reed instruments
- 43. Enthusiasm
- 44. Montezuma, e.g.
- 46. Eurozone money
- 47. Arabic for commander
- 48. Nervous system component
- 50. First king of Israelites
- 52. *Br'er Rabbit is more this than Br'er Fox
- 53. Sommelier's domain
- 55. Additionally
- 57. Drag one's feet
- 61. *Halloween prowlers
- 64. Collectible in a cabinet

EREE

For 3 months. HBO WITME.

A dish

65. Court

CROSSWORD

67. Brownish gray

69. Resembling wings

- is human ..." 70. "To
- 71. Encourage
- 72. *Br'er rabbit fought with a sticky one of these
- 73. Levi's competitor 74. What the defense does?

DOWN

- 1. Pilot's announcement,
- 2. Fish of the carp family
- 3. Mythological ship
- 4. "The hills are alive with of music..."
- 5. Lifting injury
- 6. Swerve
- ___ the land of the free
- eclipse
- 9. Waiter's handout
- 10. Footnote word
- 11. Musical composition for one, pl.
- 12. Friends of #29 Down
- 15. *Br'er trickster
- 20. Icy hut
- 22. Rest in state
- 24. Paint the town red

- 25. *Revolutionary Allen
- 26. Drunkard's downfall
- 27. African language
- 29. *Blue Ox
- 31. Clarified butter
- 32. Steers
- 33. Hiker's path
- 34. *Steel-driving man
- 36. Hunted ruminant
- 38. Evening in Italy 42. *Where "Uncle Remus"
- tales took place
- 45. *Pecos Bill, e.g.
- 49. Goose egg
- 51. Plunderer
- 54. Handrail post
- 56. "August: _
- County"
- 57. Healing sign
- 58. Maui dance
- 59. Kuwaiti, e.g.
- 60. Boggy
- 61. *Blood's partner in
- Halloween tales
- 62. Yanks
- 63. Dalmatian mark
- 66. Bonanza find
- 68. Lt.'s inferior, in the
- Navy

Solution to last month's puzzle



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Do blondes have more fun?

have been a blonde for the last 30 years and yes, I have had a lot of fun.

And in spite of all the dollars that have gone into maintaining color and style, there have been good and bad hair days. Sometimes I even felt that time and effort spent on the coiffure was wasted, if not outright counterproductive.

And then came surgery and chemotherapy, followed by hair loss.

This proved to be a totally new experience. I had no idea that a bald head can get cold in air conditioned



The ultimate blonde Marilyn Monroe. Photo can be found online at http://bit.ly/1CHy0V6

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rooms or under ceiling fans. Instead of drinking a nightcap when going to bed, I now had to wear one!

Friends and neighbors who had successfully overcome chemotherapy and baldness were quick to bring me their wigs, and my husband assisted me in choosing some additional ones. My neighbors took notice of the different wigs I wore and suggested I might also wear purple or some other unusual color.

One day when attending a concert, I was approached by a British lady who wished to know the name of my hairstylist because she liked the look of my hairdo. I immediately experienced acute internal turmoil that took me by surprise and I was not sure whether I would laugh or cry when answering the woman's inquiry. After hesitating for a moment I told her that my hair was purchased at the cancer center gift shop.

Other people had innocently commented on my hair, and sometimes I told them that they too can buy the same kind, and other times I just did not feel like talking about the subject. Even Hillary Clinton in her recent book talks about being constantly judged by her appearance and hairstyle, and that she just smiles and keeps going.

I could not wait for my hair to grow back. I imagined how wonderful it would be to go shopping without wearing a wig or a hat. Any hair would be welcome. Just hair. Period.

And then it grew back. At first very slowly. As I purchased yet another hat at one of the stores that cater to cancer patients, the shop owner came over and patted my head, saying that she just loves the feel of clients' new hair as it first grows back.

So now I have a head full of steely gray curls. I am very grateful. It is short enough that just running my fingers through it can pass for combing. I do not need



By Skylar Khan Special to the Crier

an umbrella, because rain does not damage my hair. It is short and natural.

Looking into the mirror, I see an old face with gray hair. I smile. The color does not change. I accidentally catch an image of myself in a department store mirror and realize this is not me, although of course it is.

I apply more makeup and use a darker lipstick. It still does not change the fact that I have gray hair. I buy new clothes in red and purple to change the overall appearance, but gray is what gets noticed first.

Recently, I attended a large gathering. To my surprise I found myself being incognito. Friends and acquaintances looked either through me or passed by me without acknowledging my presence. The manager at a local club glanced at me and resumed his work

Continued on Page 10

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MARILYN MONROE

Continued from Page 9





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551 N. OAKCLIFFE CT. MLS#: 21404935 Unobstructed views. Wood block island, copper lights, Kitchen Aid 6 burners professional gas range with electric oven and a vent-a-hood, Kitchen Aid refrigerator is counter depth with a bottom freezer, built in microwave, open floor plan with lots of natural light; a cook and entertainers dream. Enclosed AZ room, stained concrete/ brick floors, ceiling fans, upgraded throughout. Turnkey! Free standing workshop/ storage room with electric built with permits, custom patio Ramada 14x14, rain catching system. \$315,000



1950 E MT LEMMON HWY MLS#: 21408191
Oracle charmer on 1.78ac of solitude at 4500
ft. Covered in Oaks with views of boulders
and the distant mountain ranges. Yard offers
several different areas to relax and enjoy
Oracle's afternoons and starry nights. Rock
work flows throughout the landscaping offering
you rocked flower beds, covered porch,
lounging area with covered Ramada, fire pit for
the perfect cookout. Storage bldg, green house
w solar power system. Self contained water
harvesting system with three 1200 gal storage
tanks. Many more attributes add to this energy
efficient home. Need to see so your own
creative vision can take over. \$195,000

Oracle Listings - Homes

•Recently updated 3 bed, 2 bath. New roof, carpet and tile in both baths. \$146,500

•Hilltop home, views of several mountain ranges, 1425 sqft, 3 bed, 2 bath. Some new floorings, fireplace. \$146.500

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•3 bedroom, 2 bath spacious living area, tile floor & fenced backyard. \$132,000

•Nestled among the trees 1684 sq ft 3 bed, 2 bath, light and bright great room with large dining area, large bonus room can be 4th bedroom. \$182,500
•Cozy Southwestern 2 bed, 1 bath with high mountain

views & flagstone patio. \$109,000
•Great 3 bed, 2 bath slump block home with a newly

coated roof. \$109,900
•Oracle Charmer on 1.78 acres, 3 bed, 1 bath covered in oaks. \$195,000

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Immaculate home feels like new! Hilltop location, incredible mountain views & sunsets. 1867 sq ft. 3

bed, 2 bath, open floor plan. \$224,900
•3bdrm, 2 ba single wide on 1.07 acres. Very secluded. \$75,000

-Very cozy home with two fireplaces and guesthouse on almost half an acre! 3 bdrm, 3 ba. \$160,000 Great views, dream kitchen with 6 burner professional gas range with electric oven and much more, a cook and entertainers dream, open floorplan with lots of natural light, 3 bedroom, 2 bath, 1989 sq. f with enclosed Arizona Room. \$305,000.

•Mountain views 4 bed, 2 1/2 bath, 2,404 sq. ft. plus a 1,244 sq.ft. basement, 34 x 27 detached garage on 6.85 ac. \$449,000.

•Charming 3 bed, 2 bath home with 2 car garage on large private lot, new ceramic tile, new stove, microwave & dishwasher. \$155,000

Oracle-Land

•One acre with boulders, trees and views, new access off Linda Vista, boulders, views, trees. \$84,000
•1.36 ac. custom home lot with view, boulders, oaks and more. \$100.000.

*Stunning 360 degree views on one of the nicest 3 - 4 ac lots in Oracle. \$149,000.

*Commercial Property Nice 2 acres commercial property off Frances \$150,000

 Double Lot 1.66 & 1.26 off Linda Vista. 2 Great parcels to choose from. Owner will carry with just 10% down. Build your dream home on one of these two lots. Paved road. Homes only area. Utilities at or near the lot line. \$85,000.

•3.31 ac with unbelievable views, located in homes only \$150,000.

\$85,000. •5 ac parcel mountain views, horse property \$59,900 per 5 ac or \$100,000 for 10 ac owne

1.62 ac. on paved road with utilities at the lot line in homes only location. \$75,000.

4 view lots, nice views, custom home area, boulders and trees, owner may carry.
 4 beautiful 1 ac home sites, owner may carry,

utilities at lot line. \$62,000.

•2.5 ac land, borders state land, build your custom home, utilities at street. \$140,000

•Three 3.3 ac. off Linda Vista starting at \$129,900.

 Three 3.3 ac. off Linda Vista starting at \$129,900
 Best priced 5 AC in Oracle, beautiful views, electric and water at the lot line, home or mobile, horse property, can be split. \$42,500

San Manuel

•Lovely 3 bdrm, 1 bath with like new cabinets, carpet & upgraded appliances. Must see! \$71,900.

•DRASTICALLY REDUCED – Charming home on 40 AC home and well is solar powered, beautiful views, horse property, can be split. \$249,900.

Surrounding Area

•Great Investment Opportunity! 212 - 228 S. Main St. Mammoth. Includes 11 rental spaces, 5 spaces are currently rented. Seller may carry. \$150,000. •20 ac. of flat usable land on Florence Highway, 2 wells, completely fenced. \$189,900.

Highway, 2 wells, completely fenced, \$189,900.
Riverside home, horse property near Gila River,
Hilltop home on 2.75 acres with gorgeous mountain
views, RV hookup, 2 bd, remodeled home, near
Kearny \$153,000

•Great 4 bdrm, 3 bath home in Eagle Crest Ranch with a spacious garage & upstairs loft. 4 ac in the Redington area, Mesquite trees, views, private well & septic. \$54,000.
•Great lot for MIn or site built homes, located 10 mi. from Oracle Jct, 3.34 acres, very affordable with electric at lot line. horses allowed. \$29,900
•Great mountain views from this 3.75 ac. south of Mammoth. \$39,000.

south of Mammoth. \$39,000.

3 bedroom, 2 bath on corner lot, fenced \$18,000.

2 view lots, city water, sewer, paved roads, make an offer on both lots, and owner will make you a deal. \$7,000 each

make you a deal. \$7,000 each.

•Beautiful views of the Galiuro Mountains, lots of vegetation & large Saguaros. \$10,000

without so much as a hello.

I wondered what was going on. These had been strange experiences to say the least. I believed my inner being to be intact and unchanged, but no one seemed to recognize it.

My husband is color blind. He is also very diplomatic when commenting about my looks. Yet he recently recommended that I might want to add a little blond tint to my hair in order to feel better about myself. Point well taken!

I took his advice and went straight to the hairdresser, a color specialist whose hair is purple and green. He has had experience with post chemotherapy clients' hair and recommended that I wait another two to three months before attempting a dye job. He felt that the first hair growing back would be too fragile to handle the onslaught of coloring chemicals.

His suggestion seemed reasonable and so I scheduled an appointment in two months.

In the meantime, I had been thinking about the most famous blonde of all times: Marilyn Monroe. She seemed to have everything one can think of, including a solid career, wealth, fame and beauty.

I wondered how much fun she might have had in her life.

In this particular signature we notice first of all her flair for showmanship. The letters are well formed and rhythmic mental pattern is evident in the first name. There is however a departure from her usual writing style in the name Monroe. She appears to

have been troubled at the time of the writing.

Large capital letters indicate good self-esteem. However, the M is drawn with rightward loops. There is now fear in her writing. She is worried. She anticipates problems. She torments herself with disturbing thoughts about things that might never happen. This is damaging to her self-image.

In the end, glamorous Marilyn Monroe died a tragic death by drug overdose. So it appears that Blondes do not necessarily have more fun.

My friends Ruth and Rose, brunette and redhead respectively, have more fun than anyone I can think of. When we get together for lunch, we laugh so much that other diners keep staring at our table.

So I have come to the conclusion that it really does not matter what our hair color is or whether we have any hair at all when it comes to having fun. What really matters in life is a positive attitude. We have to like ourselves and be at peace with our lot. And of course a sense of humor is relevant.

"When you have confidence, you can have a lot of fun. And when you have fun, you can do amazing things." Joe Namath

A two months' wait for bleaching my hair blonde seemed too far into the future for my temperament. I returned to the hairdresser and plea bargained with him. I left the salon with brown hair. It is a start. Let the good times roll!

Note to self: check my own handwriting for possible signs of vanity!

Español ... y Más (Spanish ... and More)

Fall 2014 Session with Judy Freeman starts Oct. 7 & 8!

* START FROM THE BEGINNING OR BUILD ON WHAT YOU ALREADY HAVE *

- The Beginning Class meets Wednesdays starting Oct. 8 from 6-8 PM.
- The Intermediate Class meets Tuesdays starting Oct. 7 from 6-8 PM.
 Both classes meet in *The Acadia Ranch Museum*, 825 Mt. Lemmon Rd. in Oracle. The cost is \$140 for the 13-week session.
- The Conversation Group meets Wednesdays, 10:30-12:30, place TBA. We also offer opportunities outside of the classroom to practice what we are learning. Sign up now so you don't miss out on the fun!

 For more information, please contact:

Contact: Judy Freeman at 520-818-2256 or jayfree@earthlink.net Our website has all the information: espanolymas.wordpress.com

HEALTH ISSUES

Continued from Page 4

certain symptoms and maintaining a youthful body. Bio-identical hormones are defined as hormones with the exact chemical makeup as those found in humans. They are often made from soy products and Mexican yams. Because they are bio-identical, they do not create the tension in the body that other forms do.

They do, in fact, decrease the incidence of heart attacks, strokes and breast cancers. They also contribute to youthful skin, increased bone density and enhanced sexual health and urinary health.

It has further been ascertained that there are different receptor sites for the different estrogens.

Estrone and estradiol both bind to Alphaestrogen-receptor sites, while estriol binds to Beta-estrogen-receptor sites. Alpha-receptor sites are cancer promoting, while Beta-receptor sites are cancer inhibiting.

So, we see that bio-identical hormones are harmonious and healthful for the body. Also, the hormones estriol and progesterone are particularly healthful when matched proportionately with the individual involved.

Further, taking the hormones either under the tongue or through the skin is much more effective than taking them orally. There is much less risk as measured after five years of use.

The public seems to be catching on in this age of information. With awareness and open discussions available through many outlets, and even infiltrating mainstream news, we have seen a dramatic drop in Premarin use.

During the years 2001 to 2004, sales for this one synthetic hormone dropped from \$2-billion to less than \$800 thousand a year. This occurred even though direct-marketing techniques in the form of television ads targeted directly to TV viewers instead of doctors, produced a doubling in overall sales by the pharmaceutical mega-corporations of our day.

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*Please note, ads are charged in 10 word increments whether or not you use all 10 words.

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New York artist enjoys summer in desert

By John Hernandez Oracle Towne Crier

Tempest NeuCollins is an artist from Brooklyn, New York. She has been the summer artist in residence at Rancho Linda Vista this year. On Sunday, July 27, she hosted an open studio and presented some of her desert paintings. Tempest grew up in Iowa then went to school in Oregon where she earned a degree in photography. She then moved to New York where she received an MFA with an emphasis on painting from the School of Visual Arts.

Tempest came to Oracle with her husband Alex and dog Morris. She said they really liked Oracle and Rancho Linda Vista. "We loved it here, the gorgeous views are really beautiful." "I was fascinated by the desert plants and the colors," she said. "I was not used to the colors of the big skies." Tempest said she had to learn how to paint the sky, because in New York City when you look up you see tall buildings and patches of the sky where here the skies are big and filled with colors. "The monsoons, clouds, lightning, everything was full of wonder."

Tempest used a combination of photo-transfers and paint to create her interpretations of the Oracle desert landscapes. Tempest has had her art displayed in numerous group shows in New York City, San Francisco, Portland and Michigan. You can see more of her work at http://www.tempestneucollins.com.



Brooklyn artist Tempest NeuCollins hosted a show at RLV in Oracle.

John Hernandez | Crier



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