

# OBITUARY

# **Robert L. Perkins**

Robert L. Perkins passed away Saturday, July 30, 2016, at his home in Oracle. Robert lived in Oracle for 60 years and worked for Magma Copper for 36 years. Robert was a loving father, grandfather, great-grandfather, husband and friend.

Written in his own words, about his life: On April 17, 1932 in Fulton, Missouri, Sam Perkins and Anna Perkins had a new baby boy in their house. They named him Robert Lee Perkins. They told me, when I was old enough

# Oracle Towne Crier

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to understand, that I weighed 4 pounds at birth and I fit in a shoe box. Big boy, Big Boy. Out of my Mom and Dad's marriage, they had a total of ten children. five of them reached adulthood and half died before the age of three. The little boy was lucky enough to have one brother and three sisters.

This little boy went to school in a one room country schoolhouse, and, by the way, I was taught by the same teacher for my eight years and missed only one day. After eight years, I went on to high school, but, I was not good in school, so I dropped out after three years. However, while serving in the Army, I took my G.E.D. and completed it and received my diploma. To go on with my life story, after I dropped out of high school, I went to work for International Shoe Company for two years.

Then, in 1951, Uncle Sam called me to fight in the war in Korea.So, in early 1952, I got ready to go. They gave me a few months to get ready. On October 2, 1952 I received my notice to report to Fort Leonard Wood, Missouri, just a short piece down the road from my home town, to take training to serve in the U.S. Army. I was 20 years old,

knew nothing about the world, but, I kind of woke up

fast to say, "Hey, this is real!" I served 17 months in Korea, then reenlisted for three more years to go to Japan; however, that backfired on me and they let me stay for only 14 months. Then the Army sent me to Fort Huachuca, Arizona.

While stationed there I met and married the love of my life, Dolores Sanches. Together, we had seven

children: Rosie Evans, Irene Felix, Roberta (Mike) Perkins, Anna Brunson, Rebecca Perkins, Robert (Rhonda) Perkins and Michael Perkins. I am very blessed to have had all these children. I love them dearly. But, my life doesn't end there, because, they left me with 23 grandkids, 44 great-grandkids and two great-great grandkids.

Services were held Saturday, Aug. 6, at Adair-Avalon Chapel in Oro Valley with a reception following at the Perkins home in Oracle.

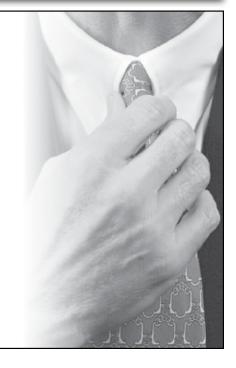
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# Henry Gaona Pierson

Henry Gaona Pierson passed away July 23, 2016 at home in Oracle at the age of

Henry was born and raised in Oracle, Arizona. He attended elementary school in Oracle. As a young man, he was a truck driver/ore hauler for the 3-C Mine and Copper Creek. He attended high school in Florence, AZ.

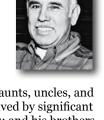
He was drafted into the Army and served as a paratrooper. He was later employed by Magma Copper Co., and retired after 40

Henry loved to hunt, camp, fish, and tell stories. He never met a stranger. He was a master of all skills. He also loved to cook, especially outdoors. He was always there for his family. His favorite saying that we will never forget was, "Don't worry about the little things, they will take care of

themselves."

He was preceded in death by his two wives.

Henry leaves behind 19 children, 52 grandchildren, 65 great-grandchildren, 7 1/2 great-greatgrandchildren, many



many nieces, nephews, aunts, uncles, and cousins. He is also survived by significant other Sylvia Viramontes; and his brothers and sisters, Joe and Lee Pierson, Frank and Dora Pierson, Annie and Terry Nelson, Maggie and Carl Riggs, Peter and Rhonda Pierson, and Tom and Sally Pierson. He will be greatly missed.

Funeral services were held Friday, July 29, at Saint Catalina Catholic Church in Catalina. Graveside services are pending.

# Irene Norby

Irene Norby, 67, passed away on July 18, 2016 at home in Tucson. She was a third generation Tucsonan, born Dec. 31, 1948 to John and Beatrice Chance. She moved to San Manuel with her family when she was eight years old and graduated from San Manuel High School. She raised her family in Oracle with her husband,

Irene is survived by her husband of 44 years, James Norby; daughters, Carolyn Watts, Kathy Norby and Tammy (Steve) Magallanes; eight grandchildren, Angel James Flores, Kevin Flores, Colby Wilson, Damon Whitten, Rachel

Runnalls, Chip Runnalls, Steven Magallanes and Brenda Magallanes; and her sisters, Lorianne (Jim) Wharrie and Gerry (Harold)

Family was Irene's passion. She loved being a homemaker and helping others with her CNA work. She was always volunteering her time to her family, friends or her church. Her favorite hobbies were hiking the Grand Canyon, making crafts and chasing her grandkids.

Services were held at Redeemer Lutheran Church, 8845 N. Silverbell Rd. in Tucson on Saturday, July 30, at 11 a.m.

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Friday, September 9, 2016 - The Sedaka Legacy 7:30pm. Produced by TAD Management. Terry Davies and his remarkable band, THE SEDAKA LEGACY is a memorable hit-filled tribute to the timeless music of Nei Sedaka, one of America's finest songwriters! \$30 in advance, \$35 door.



Saturday, September 24, 2016 - Marmalade Skies - A Beatles Tribute - 7:30pm. Produced by TAD Management. Marmalade Skies is a tribute to the greatest rock 'n roll group of all time—THE BEATLES. This incredible collection of talent features seven members, three guitars and seven vocalists (one female lead), covering all the parts the Fabulous Four lads ever wanted us to hear! \$30 in advance, \$35 door.



Saturday, October 15, 2016 - Southern Arizona Symphony Orchestra - 7:30pm. Linus Lerner, Music Director. Arturo Marquez: Conga del Fuego; Danzon No. 2. George Gershwin: Piano Concerto, guest artist SOUTHERN ARIZONA James Dick, piano. William Levi Dawson: Negro Folk SYMPHONY ORCHESTRA Symphony. \$24 in advance, \$25 door.



Saturday, October 22, 2016—Unforgettable Too 7:30pm Produced by TAD Management. Join Chelsea Faulds, along with an incredible eight piece band perform spectacular arrangements of some of the 🎽 greatest songs ever written, as they were performed by the great Nat King Cole and his daughter Natalie Cole. \$30 in advance, \$35 door.



Saturday, November 12, 2016 - Tucson Jazz Institute Ellington Band - 7:30pm. TJI Ellington Band has been featured on the Jerry Lewis MDA Telethon, The New Orleans Jazz & Heritage Festival, The Telluride Jazz Festival and all the major European Jazz Festivals in 2006, 2011, and 2014. Under Doug Tidaback's direction the TJI Ellington



Band was named the #1 Community High School Band and 2013-2014 the 1st Place High School Band at the Essentially Ellington Competition. This led to performances at the Lincoln Center in New York in May 2010-2016. \$30 in advance, \$35 door.

Saturday, November 26, 2016 - ARTRAGEOUS 3pm & 7:30pm. Watch a team of artists bring giant artworks to life with amazing speed right before your eyes unveiling larger than life icons and masterpieces in just moments. Have it accompanied by amazing vocals, creative choreography, high energy, live music and unforgettable audience interaction that will



attract your attention and delight your senses with energy, spirit and action. A show for the entire family! \$40 in advance, \$45 door.

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# How a Heavy Heart Can Hurt Our Hips

ip and thigh pain is problem experienced by many. This condition comes on gradually and left unhandled, it can progress to degeneration of the hip.

People suffering from this complaint will typically have an apparent leg length imbalance, with one hip higher than the other. When walking, you will notice an uneven gait, with a "falling away" to the low-side hip.

The buttock (gluteal) muscles are usually weak, stiff and painful on the high-hip side. The hip joint then loses motion as both the muscles and the joint capsule (the fibrous "bag" which covers the hip joint) gradually tighten. This joint restriction then increases pressure on the



**SELF-HEALING** 

By John Huntington Special to the Nugget

cartilage, leading to wear and tear arthritis and the high number of hip replacements we see today.

These muscle, joint, and movement imbalances can be identified and treated, with self-care playing a large role. Like most things health-related, it is our lifestyle, our daily patterns of moving, sitting, eating, thinking and breathing that makes us "us".

In practice, I find most of these patients have a high left hip. When asked, they will usually say that when they have to stand for some time, they find they shift their hips to the right, taking weight off the left leg and placing weight on the right. A great example of this stance is Michelangelo's statue of David.

As wild as it sounds, this very common pattern may result from the body's attempt to compensate for the weight of the heart, which is placed left of center in the chest cavity.

If you find you commonly take weight off one hip, practice shifting weight back to that side. Next, you can progress to one-legged standing on that side. You can also activate the buttocks by standing at a counter, extending one foot behind you and tracing circles with that foot. Walking tall and squeezing the shoulder blades down and back will help support and stabilize the hips by tensioning muscle 'trains' that run from the shoulder to the opposite hip.

Although the above speaks to the physical weight of the heart, remember to keep proper rest and reflection in daily to help ensure our "heavy heart" does not include our emotional state, as this can hurt everything!

Dr. Huntington practices Chiropractic, Biomedical

Acupuncture and Physiotherapy in Oracle, Az. 520-896-9844 huntingtonchiro@hotmail.com.



Did Michelangelo's David have a high left hip?



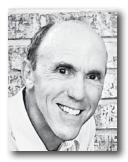
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# Lyme Disease

he prevalence of Lyme Disease has been reassessed recently. It is believed to be much more pervasive than originally thought. It is the fastest growing vector born infectious disease in this country. It has been found in every state in the Union. Statistics reveal an infection ratio of 8.6 cases for every 100,000 persons. In the ten states where Lyme disease is most common the ratio increases to 58.8 cases per 100,000. Some researchers believe these figures to be off by ten to one hundred fold. It was first described in the community of Old Lyme, Connecticut, in 1975.

The disease is caused by a spirochete bacterium, Borrelia burgdorferi, which is most often transmitted by the bite of a tick found usually on deer and dogs. It has also been detected in fleas and mosquitoes. The likelihood of infection increases dramatically if the tick stays imbedded in the skin for 36 to 48 hours. Lyme Disease is the most common tick born disease in the United States. There is some evidence that it can also be transmitted through bodily fluids from person to person.

Commonly, symptoms of an infection with Lyme's Disease begin with redness around the site of a bite that expands into a circular rash. It takes on the form of a bull's eye. Fever, headache, lethargy and muscle pains often develop. This is followed by joint inflammation that can persist. The symptoms may appear as early as three days after a bite. However, it may also take months for the symptoms to show up. It is believed that less than 50% of those infected with Lyme's Disease



# **HEALTH ISSUES**

By Dr. Michael Miles Special to the Crier

exhibit the bull's eye rash and the initial joint swelling is even less frequently seen. If the early stage of Lyme disease goes unnoticed, later symptoms include swelling and pain in joints (similar to arthritis), numbness and tingling in the hands and feet, persistent fatigue, poor

Continued on page 11

# DIAPER RAG



Family First received a donation of backpacks for its school supplies drive from Vista De La Montana United Methodist Missions Group. They will be given to the local schools.

# Family First Seeking School Supply Donations

chool is back in session and the teachers need our help in providing supplies for the students. So Family First is making it easy to collect the items needed for the schools.

For the whole month of August you can bring your donations to 1575 W. American Ave. and receive a tax write off for your donations. We can take checks and buy the school supplies for you or use your credit or debit card, to make it convenient for your donation.

All the supplies will be divided between Oracle and San Manuel schools. We have a great start of 30 plus backpacks and a bin of pencils, paper, glue and crayons. No donation is too small for our children in our communities. You can call our office at 520-896-9545, if you have questions about a donation.

Save the DATE Thursday, Sept. 15, from 3-5 p.m. Open House at Family First. Free hotdogs and drink to celebrate kids back to school.



Application assistance with Medicare, AHCCCS, Heathcare.gov

and Sun Life's discount programs.

# Following the Jelly Bean Trail

he water used for this river restoration project flows through underground pipes and cement canals for weeks before it reaches its final destination. This water replenishes a desert riparian zone, a small stream trickling above ground for a short distance and a few hours before being absorbed beneath the desert sands. The river being restored is the Santa Cruz, a river in southern Arizona which used to flow from Mexico. north to the Gila River. The Santa Cruz no longer reaches the Gila. The Gila River used to run from deep in New Mexico, west across Arizona to the Colorado River. The Gila River no longer reaches the Colorado, drying up somewhere outside Gila Bend. The Colorado River is one of the mightiest waterways in the world - except it no longer reaches the ocean. This stretch of the Santa Cruz is being restored with water from the CAP, Colorado River water being shipped to the Santa Cruz in a sort of reverse flow.

The stretch of Santa Cruz being restored is south of Tucson, near the old Spanish Mission of San Xavier, on the edge of the Tohono O'odham reservation. The O'odham use their allotment of CAP water to restore the flow to



this small stretch of river. It is more than just the pleasing sound of running water, more than the giant cottonwood trees providing much needed sanctuaries of shade, home to countless bird, bugs and spiders. It is an awareness that this small stretch of paradise is part of a much wider web; many of the creatures who live here migrate. Keeping this small desert riparian zone happy benefits the health of many other ecosystems too, some of them very far away. In some ways this is a doomed project.

Geology now pushes the river underground before it reaches Tucson and always will. The Santa Cruz River will never flow year round again because of the 1887 Earthquake. On the morning of May 3, 1887, the people reported that all the dogs whined and trembled in the moments before the earthquake. Roosters crowed. Horses knelt and even the chickens appeared nervous. We know exactly what hour the earthquake stuck because pendulum clocks in Globe, Phoenix and Albuquerque were all stopped at the same time. Interestingly enough the clock in the Las Cruces post office had been broken for about six months but the quaking of the earth shook loose whatever was bothering the timepiece and it started back up again. All across southeastern Arizona mountain ranges were so obscured by dust and smoke that they could not be seen for several days. When the dust cleared some of those mountain ranges looked very different. There were reports of some springs drying up and others appearing where there had never been a spring before, often with gevsers shooting hundreds of feet into the air. The bedrock holding the Santa Cruz cracked and the river has not flown continuously since (although there are other issues such as overgrazing and groundwater pumping that have contributed as well).

Something more important was lost as well. The name Tucson is believed to have originated from the O'odham words "Chukson" which translate as "spring at the base of a black hill." The black hill is Sentinel Peak, now known as A Mountain and the springs in question were hot springs. These hot springs had a reputation far and wide as healing hot springs. The old Spanish mission in Tucson was known as El Convento and was located beside the Santa Cruz. For many years, the church possessed a black crucifix, similar to one the Native Americans revered in Guatemala and also associated with healing hot springs. The 1887 earthquake dried up the hot springs. The giant adobe behemoth El Convento was abandoned and eventually reclaimed by the river.

The O'odham have proven in the past that a culture does not have to degrade its environment, human beings actually have the potential to enrich the landscape they live in. In the 1980's a small group of O'odham were living at Quitobaquito Springs in Organ Pipe National Monument. Quitobaquito Springs is an incredible place, an artesian well that is the only flowing water in one of the driest deserts of the world. It was decided that having human beings living inside a national monument violated some sort of government regulations and the band was expelled from a place that had been an ancestral home for thousands of years. Rather than repair the natural world, the absence of humans had a negative effect. The O'odham collected and propagated seeds from plants they found beautiful or useful, such as flowers or medicinal herbs. In particularly dry seasons the O'odham would feed the birds and wildlife. Scientific studies revealed that the absence of humans in this place led to a sharp decrease in the biodiversity of both the flora and fauna. In this instance, the presence of human beings enhanced biodiversity and benefitted their environment, instead of degrading it.



# EUERY MAN'S MUSINGS

**By Gary Every** Special to the Crier

The Tohono O'odham have used their allocation of CAP water to restore a small stretch of the Santa Cruz River. The cottonwood leaves shimmer green as they shake in the breeze. Birds sing. One newspaper report describes Easter services held along the river. When the services were done an elder left a trail of jellybeans along the shore in celebration.

I like to picture the jellybean trail from the viewpoint of the ants. Imagine a tiny ant walking across the earth when suddenly it comes across a jellybean, bright colored sugar orb towering above it. The antennae quiver with the excitement of the discovery! The delicious smell of sugar overloads the senses. The ant tries to lift the jellybean but this treasure is far too big for a single ant to raise. A gaggle of ants arrive to lift each jelly bean and carry it towards the queen. As the gaggle of worker ants carry their giant jellybean towards the queen, they come across other gaggles of ants carrying jellybeans. A trail of jellybeans

Continued on page 11



# Oracle TRIAD Coalition First Wednesday, 3 p.m. • Oracle Fire Department

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TRIAD is a cooperative project composed of seniors, Pinal County Attorney's Office, Pinal County Sheriff's Department, Pinal-Gila Council for Senior Citizens, and other community partners who are dedicated to preventing the victimization of seniors, improving their quality of life and reducing consequences associated with abuse and misuse of prescription medications and alcohol. Community members are welcome. Call Jim Stephens to sign up for volunteer opportunities, 520-483-8193.

# It's Back to School for Oracle Kids!



Families heading back to school at Oracle's Mountain Vista enjoy a dinner of Eegee's sandwiches and icy drinks Monday evening.

Jennifer Carnes | Crier



Second grader Dante finds his desk in his new classroom at Mountain Vista School.



# CROSSWORD

# **Back to School**

#### **ACROSS**

- 1. It makes waste?
- 6. Ambulance crew
- 9. June 6, 1944
- 13. Amnion, pl.
- 14. Le \_\_\_\_ LÈman, a.k.a.
- Lake Geneva
- 15. Sandy color
- 16. Watts events, 1965
- 17. Health resort
- 18. Remove lid
- 19. \*TV chemistry teacher
- gone bad
- 21. \*Varsity jacket decoration
- 23. Always, to a poet
- 24. Toward sunrise
- 25. Glide in Aspen
- 28. Fat and flour sauce
- 30. Kick the bucket
- Brinker, or The
- Silver Skates"
- 37. UPS competitor
- 39. Saint in Mexico

- 40. October stone
- 41. Opposite of heads
- 43. \*High school student
- 44. Ancient Roman's garb
- 46. Half-man, half-goat
- 47. "All for one, one for all" sword
- 48. "Don't you\_
- my blue suede shoes"
- 50. Tow rope alternative
- 52. Don't do this at home?
- 53. Part of air terminal
- 55. New Zealand parrot
- 57. \*"ABC, It's easy as 123, as simple as
- 60. \*Mirriam's wordy
- counterpart 64. \*Begin, began, \_
- 65. \*The state sets a minimum one to start school
- 67. Intense

CROSSWORD

- 68. Rekindled
- 69. Marbled bread
- 9. Bad impression 10. Vegas cube

7. \*Geography classroom

70. \*Do this in math class

72. Basic unit of electric

73. Plural of #62 Down

1. Stay out of its way

3. Mountain cap?

2. Gulf V.I.P.

4. One tenth

5. Less taxing

6. Additional

8. Milan's La

prop

**DOWN** 

71. End of prayer

current

- 11. \*Biology lab supply
- 12. Casual affirmative
- 15. Monument Valley landforms
- 20. Rainbow fish
- 22. Sixth sense, for short
- 24. Make reparations
- 25. \*American Academy of Pediatrics' recommendation

- 26. On the fritz
- 27. Absurd
- 29. Sky defender
- 31. Assign PG-13 or R, e.g.
- 32. Incompetent
- 33. "\_\_\_\_clear"
- 34. \*Miss , Matilda's
- teacher
- 36. Woman's underskirt
- 38. Lump in yarn
- 42. Above "Don't tread on
- 45. Powerfully persuasive
- 49. Viet
- 51. Sales lure
- 54. Miss America's
- headdress
- 56. British race track
- 57. Regard
- 58. Eye up and down
- 59. The Colosseum today
- 60. "Read'em and
- 61. Desmond
- apartheid opponent
- 62. Evening purse
- 63. Sales force
- 64. Lingerie staple
- 66. \*PE

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# Hillary

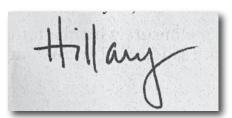
**Diplomacy** is Clinton's forte, no doubt. If you will take

a look at the three names, you will notice how each one

declines in height from Capital letter to the end of the name. Diplomacy is an asset, a major requirement in

politics. It enhances communication.

evisiting the Democratic Party's nominee for first Woman President of the United States of America Hillary Rodham Clinton through her handwriting.



graphological

analysis was based on Hillary Clinton's signature as it appears on the cover of her book 'Hard Choices.'

Every statement made about her character and personality remains unchanged. Personal conduct and professional behavior throughout her campaign confirmed the accuracy of the traits listed below.

The new signature presented (above) was received in July of 2016.

Clinton has chosen to use her first name only, as she wants us to feel closer to her as an individual.

Looking at this new signature, we can add one more trait to the ones listed earlier: Consistency.

**Consistency** is evidenced in the unchanged form of the two Hillary signatures over a period of a couple of years. She is still the same Hillary. Consistency is a reassuring quality in an ever changing political arena where unpredictability might prove disastrous. Her values are enduring. They have not changed.



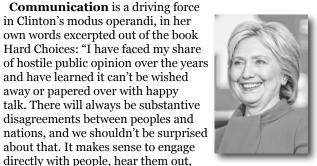
Clinton served as the U.S. Secretary of State from 2009 to 2013 after nearly four decades

in public service as an advocate, attorney, First Lady, and Senator.

She is intimately familiar with the White House where she reigned as First Lady during the Bill Clinton presidency and where their daughter Chelsea grew up. As Secretary of State, she visited more than 150 countries and forged alliances and friendships with statesmen throughout the world.

Graphoanalytic analysis of her signature reveals the character and personality of Hillary Rodham Clinton.

study on Mrs. Clinton was presented in the July 2014 issue of the Oracle Towne Crier. The



and offer a respectful exchange of views. That might not change many minds, but it's the only way to move toward constructive dialogue. In today's hyperconnected world our ability to communicate with publics as well as governments has to be part of our national security strategy."

In the signature we see one closed a, and one open a. Clinton is a master at communication. She will say what needs to be said without revealing sensitive or classified information.

**Openmindedness** and **inclusiveness** form another major part of Clinton's personality. This may be seen in the overall spacing of names and the wide loop in the letter y. Clinton welcomes change. She includes people of diverse backgrounds and philosophies into her circle of friends and associates. Most of all, she is a teamplayer. New negotiations are greeted with a sense of neutrality. She keeps all options on the table.

Above all, she always keeps the big picture in mind. A sense of **justice** guides her to do what she thinks is right. The vertical upright script reveals that she remains objective and poised, even in the face of adversity and keeps a cool head when others are losing theirs.

She likes to make sure she is on the right track before starting anything. Strategic planning precedes decision and action, always looking for the best possible outcome of a situation.

The letter t in Clinton is shorter than the capitals, vet it is proportionate to the middle zone writing, indicating a combination of pride in her achievements and



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By Skylar Khan Special to the Crier

independence of thought. She is a trail blazer. Precedence may influence, but does not govern her thinking. She is willing to renounce conformity when that method seems an inferior approach.

Creativity and originality lend a special dimension to her personality. She is a unique individual, a person to be reckoned with. She can think on her feet and is unafraid of meeting adversity head on. There are different graphological indicators for these factors, some of which are the elegant connectors between the H and i in Hillary, and again the R and o in Rodham.

The letter l in Clinton has a well rounded loop,

Continued on page 10

# Can't Get Your Pet to the Vet... **Don't Fret**

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Dr. Ivan B. Weinstein **Oro Valley Pet Clinic** 

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# **HANDWRITING**

Continued from page 9

contrasting the l's in Hillary. This well looped l is representative of imagination.

**Imagination** enriches our lives because the mind is capable of conceiving novel views and ideas. Imagination equates creativity. Clinton enjoys sharing her ideas with team members. She has far more ideas running through her head than she can use. She is a very creative person. She can visualize ideas in new situations.

**Intuition** comes in handy during decision making processes, especially when information is incomplete or not fully understood.

Loyalty is a main factor in Clinton's character. An indicator here is the clean, rounded i-dot in Hillary which indicates loyalty to family, friends and one's principles.

Of special interest here is the missing i-dot in the name Clinton, whereas it has been carefully placed in the name Hillary. Perhaps her loyalty has been tested one time too often in the past by her charming husband.

**Generosity** is seen in Clinton's handwriting. Generosity represents a willingness to reach out to others, be

considerate of their needs and pitch in to help whenever possible. Generosity also means that a person is concerned with the progress of friends and associates as well as that of oneself.

Evidence of generosity is seen in the name Rodham that ends in an elongated m, and again in a similar n in the Clinton name.

Mental Processes. Taking a look at the first name Hillary, we are struck by four straight downstrokes of the letter H and two l's. These strokes in themselves tell us about her ability to think for herself in the absence of experts and advisors. She states her opinions simply and clearly so that others will understand what she means.

Clinton comes straight to the point when dealing with other people and would like the same approach in return. Small talk is not on the agenda. However, because we detect the letter d in Rodham was drawn with a slim looped d-stem, we know that Clinton will have empathy with others in the room when she becomes aware of their unease. This would have a softening effect on the direct approach and be more in line with the needs of the personalities present.

Because the second such downstroke of the H and double l are longer than the initial ones, we discern that underneath her courageous front Clinton is nonetheless sensitive as to how others might assess her and her actions.

Placement of the i dot is indicative of a good memory.

The capital R in Rodham is comprised of a simple downstroke with a well rounded top that swings over to form the letter o. This elegant letter combination is graphic evidence of an uncluttered mind, clear vision and an ability to think on her feet and quickly adjust to ever changing

situations.

**Self Esteem** plays a major role in Clinton's life. She is aware of her talents and feels competent in taking on the highest office.

Here are some of Clinton's thoughts taken from 'Hard Choices': "My years in politics prepared me for this phase of my life. I am often asked how I take the criticism directed my way. I have three answers: First, if you choose to be in public life, remember Eleanor Roosevelt's advice and grow skin as thick as a rhinoceros. Second, learn to take criticism seriously but not personally. Your critics can actually teach you lessons your friends can't or won't. I try to sort out the motivation for criticism, whether partisan, ideological, commercial or sexist, analyze it to see what I might learn from it and discard the rest. Third, there is a persistent double standard applied to women in politics—regarding clothes, body types and of course hairstyles-that you can't let derail you. Smile and keep going. Granted these words of advice result from years of trial and error and mistakes galore, but they helped me around the world as much as they did at home."

In conclusion: No graphic evidence has been found in Clinton's writing to indicate falsehood or deception that we have come to expect from some individuals seeking political office.

Her decisions and actions carry the mark of intelligence and integrity.

She is the sane choice.

Skylar Khan is a Master Graphoanalyst and author of "Handwriting Rocks." For more information or comments please visit www.HandwritingAuthority.com. Hillary Clinton photo courtesy Gage Skidmore.



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### **Oracle Listings - Homes**

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•Private, beautiful 2 bed, 2 bath on 2.95 acres, open floor plan, Travertine tile, wood floors, vaulted ceilings. Quality shed with fenced in garden \$225,000

•4 bedroom home on .62 with large oak trees, 2 car carport, swimming pool. \$179,000

•Charming Beyond Belief Restored back to its 1940 Craftsman style with new kitchen, bathroom, doors and windows. 1.25 acres with chicken coop and detached garage workshop, Must see! \$195,000 •Immaculate! 3 bd 2 bath MH on 1.33 acres. New flooring throughout the home, new roof, new front and back decks. 220 power in detached workshop \$142,000

 Charming bungalow home on 1.88 acres, 4 bd, 3 ba. 2.243 soft with a detached garage & much more \$295,000

•Sweet 2 Bedroom mobile home on a private lot, or put your own new MH on this lot with trees. \$41,000 •3000sqft Santa Fe home with privacy, views & oaks on 1 acre. \$435,000

•Charming ranch style home with horse amenities on 1.25 acres. \$220,000

·Commercial: 4600 sq ft building on .26 acres.

•Lovely 3 bed, 2 bath with family room on spacious lot, mountain views, covered carport, outside storage lovely patio area with mature trees. \$149,900
•Commercial Building 960 sq ft, great location

 Spacious home on a nice lot nestled in trees. 3 or 4 bedroom with new ac, new dishwasher, tile throughout, shed, covered parking and fenced area for pets. \$165,000

•4bd/2ba manufactured home on 1.25 acres, new 30x30 metal shop with 220 electric. \$110,000 •Unique MUST SEE home! 3 bd/3 ba. Incredible views on 3.7 acres. \$475,000

•3 bd/2 ba, 1876 sqft., fireplace, storage sheds, rock wall. \$148.000

•Mountain views 4 bed, 2 1/2 bath, 2,404 sq. ft. plus a 1.244 sq.ft, basement, 34 x 27 detached garage or 6.85 ac. \$395,000.

·Oracle home with office, detached garage and studio, screened in patio, mountain views on 1.25 acres. \$259,000

·Incredible remodel! Beautiful spacious kitchen with island, all new stainless steel appliances, new cabinets and more, 3 bed, 3 bath, \$129,900

#### 109 E. 2nd Ave, Mammoth MLS#: 21514927

Nice well kept home, new carpet in 2012 newer paint inside and out. Detached 1 car garage with electric. and 1 car carport. central A/C fenced front and back yard. Great views. \$74,900

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#### 411 S. Rolfs Ave., Mammoth MLS#: 21612425

AFFORDABLE 3 BR 2 bath with Great Views! New carpet April 2016, Dual Pane windows, Extra Storage and 2-car carport, 200 Amp Electric service. A/C new installed in 2014 was only used for 6 months. Covered back porch. Fenced back yard. Make Offer Today!!! Owner is married to a licensed real estate agent. \$61,450

#### **Oracle-Land**

•(3) .5 acre lots with oaks, boulders & views. \$29.000. \$33.000 & \$37.000 •.67 & .52 acre commercial lots on American Ave., Oracle. \$79,000 each

.18 acre commercial lot on American Ave. with .27 acre GR lot behind it. Both for \$55,000 •Great lot in center of Oracle. Ready to build on, utilities at lot line. \$25,000

•2.6 acres. Flat property with great views of the Catalina Mountains. Electric and water at the lot line \$78,000

 4.03 acres with spectacular views of the Catalina & Galiuro Mountains, \$49,900. •FANTASTIC LOCATION! 40 acres with 2 adorable cottages. Huge investment potential

## San Manuel

•Newly remodeled 3 bed, 2 bath, mountain views, ceramic floors, new appliances. All furniture stays \$92,000

•Lovely 2 bd 1 ba, wood kitchen cabinets, new A/C and furnace installed August 2015, fenced yard. \$46,000

·Large 1 Acre Lot in San Manuel, near ball park with views, zoned GR. \$25,000
•Remodeled 4 bd,2 ba home, upgraded kitchen

\*kentiodeled \*Not,2 ba Horne, appliaded Nichler & baths, 1900 sqft., includes large family room, landscaped yard, upgrades galore. \$128,000 \*Lovely 3 bd 2 ba, metal roof, new driveway, 2 metal sheds, enclosed laundry room. \$62,000

#### **Surrounding Area**

•Private location, hilltop views, 3 bedroom, new interior paint and carport, A/C, barn & corrals. 3.18 ac \$149.000

•37 acres, beautiful views, secluded area touches state land, horse property. \$115,000. •Great investment, large lot, .37 ac, paved road, owner may carry. \$19,560

·4 ac in the Redington area, Mesquite trees, views, private well & septic. \$42,900.

·5 ac, views of Galiuro Mountains desert vegetation, homes or mobiles, horse property. can be split. \$35,000.

•Just under 44 acres for your own little ranch. hillton location south of Mammoth, \$169,900.

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# **HEALTH ISSUES**

memory and reduced ability to concentrate and weakness or paralysis in the muscles of the face.

Because it is often left untreated for years and has many varied symptoms, it has developed the reputation as the new "Great Imitator." Though primarily an arthritic type disease, Lyme can also present as atypical illness in the brain, spinal cord, pericardium, gastrointestinal tract, endocrine organs and glands, skin and other tissues and systems.

Due to the corkscrew shape of this bacterium, it can burrow into multiple cells and organs and lay dormant for many years much like tuberculosis. This makes treatment difficult. Long term antibiotic treatment is often required because the bacterium are hard to reach, hard to kill and hard to detect in order to determine eradication. Blood tests can be used to detect an infection, though there are notoriously high rates of false negatives meaning that the test shows no infection where there actually is one.

It is a good idea to consider this ever increasing infection when seeking help with ailments that resemble arthritis, chronic fatigue syndrome, lupus, chronic yeast infections and other degenerative conditions. It is especially prudent to consider after having been bit by a tick in the Northeasterly states or the Northwesterly states. The bull's eye rash should be considered a big red flag.

Conventional treatment is often laborious, harsh and expensive. It usually includes large amounts of antibiotics administered over many months and years. Additional drugs are incorporated in an attempt to control the multitude of symptoms and side effects.

Outstanding results have been seen with the use of Hyperbaric Oxygen Therapy. This treatment drives pure oxygen deep inside each cell to eradicate the Lyme spirochetes. Other considerations would include colloidal silver, hydrogen peroxide and ultraviolet rays. Dr. Michael Miles' Clinic is located at 15601 N. Oracle Rd. in Catalina behind Golf Cars of Arizona. You can learn

# JELLY BEANS Continued from page 6

approaches the ant hole, each jellybean a different color, blue, green, red and yellow, all of them riding on the shoulders of ants who are a uniform color, size and shape. They march towards the ant hole but of course it is not big enough to allow the jellybeans entry. The ants commence digging because who would not widen the door to allow such a treasure.

I like to think of the world just below the surface of the earth as the Antosphere where autocratic queens rule with unquestioned authority. As the brightly colored jelly beans enter her lair, the queen smiles and begins to hum. The worker ants gather round, crowding the subterranean chamber from wall to wall. Ants cling on the walls and hang from the ceiling. The queen hums her happy song and the ants began to pound their feet in rhythm, all six of their feet working in unison. The queen hums and the ants begin to dance, feet pounding to the beat. The ants swirl around the jellybeans, circling the brightly colored orbs of sugar as they dance. The ants dance in rhythmic ecstasy, following the jellybean trail has changed their rituals and rites of spring time forever. Perhaps it is time for us to do the same.



The adult deer tick is a carrier for the bacteria that causes Lyme Disease.

more about the Catalina Clinic and Dr. Miles by visiting the website: www.catalinaclinic.com. To contact Dr. Miles or make an appointment at the clinic call 520-825-8100.

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## For more information, contact

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# Oracle State Park weekend programs appeal to nature lovers

Programs exploring the natural world and sky are featured during August and September at Oracle State Park Center for Environmental Education. The park is open 8 a.m.-5 p.m. on Saturdays and Sundays. Except as noted, programs are free with park admission of \$7 per

car at the main gate on Mt. Lemmon Rd. in Oracle. Call the park office at 520-896-2425 for reservations.

**Saturday**, **Aug. 20**: Mineralogy Program begins at NOON in the living room of the Kannally ranch house. Join local mineralogist, Wolfgang Mueller, for



Hiking in the Oracle State Park is just one of the activities offered that would appeal to nature lovers.



a talk featuring rocks associated with regional mining operations and gems transformed for lapidary uses. Reservation suggested.

Saturday, Sept. 3: Prickly Pear Walk and Talk continues Ethnobotany Programs. Join Sonoran herbalist, John Slattery 8-10:30 a.m.. With blender and straining equipment, John will demonstrate a relatively quick and simple method to process prickly pear fruits at home. Enjoy a freshly made juice drink at the end. Botanical products and books for sale on the ranch house patio. Space is limited; reservation required. Workshop fee \$3 with park entry. Sponsored by Friends of Oracle State Park

**Saturday, Sept. 10**: Star Party and Guest Speaker. From 5:30-7 p.m., Dr. Thomas A. Fleming will give a presentation on the history of the Steward Observatory. The Steward Observatory is the research arm of the Department of Astronomy at the University of Arizona in Tucson. This year marks its centennial celebration. In 1916, Mrs. Lavinia Steward of Oracle, AZ, was a wealthy widow with an interest in astronomy. She memorialized her husband's name with a generous donation to the university to be used to purchase "a telescope of huge size..." Following the talk, from 7-9 p.m., telescopes by Tucson Amateur Astronomer's Association will be set up for public night time sky viewing at the ranch house. A reservation is suggested for the 5:30 p.m. presentation.

**Saturday**, **Sept. 24**: Plant Walk on the Trail continues Ethnobotany Programs. Sonoran herbalist, John Slattery, from 9 a.m.-11 a.m., and discussion about what is seen. Botanical products and books for sale on the ranch house patio. Space is limited; reservation required. Workshop fee:\$3 with park entry. Sponsored by Friends of Oracle State Park

**Sunday, Sept. 25**: Live Music Concert in the Park. Visit our website for details: www.azStateParks.com/Parks/ORAC.

Guided tours of the historic Kannally ranch house are scheduled for 11 a.m. every Saturday and Sunday for 45 minutes. The multi-level Mediterranean-Revival style house, built in 1929-33 by one of the earliest cattle ranching families in Oracle, is listed on the National Register of Historic Places. An exhibit of impressionistic-style cowboy paintings by self-taught artist Lee Kannally is on display in the living room and dining room.

The American Avenue trailhead parking lot is open every day to access the National Scenic Arizona Trail, and to accommodate use by night-time stargazers. The park is an International Dark Sky Park, designated in 2014 by the International Dark Sky Association.

The park is a 4,000 acre wildlife refuge with over 15 miles of maintained trails for use by hikers, mountain bikers, and equestrians.

Up-to-the-minute Oracle State Park event information is always posted on the state parks website: www. azStateParks.com/Parks/ORAC.

For information about all 28 Arizona State Parks, the Trails and Off-Highway Vehicle Programs, and the State Historic Preservation Office, call 800-285-3703. Campsite reservations can be made online at AZStateParks.com or by calling the reservation call center at 520-586-2283. Follow AZStateParks on Twitter and Facebook.