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John Hernandez | Crier

15970



Golden Goose is expanding her nest
Pages 6 & 7

A community publication of Copperarea.com

OBITUARIES

Steven John Skelton

Steven John Skelton, a former lifelong Klamath Falls resident, passed away on June 25, 2016 in Arizona.

Steve was born on March 18, 1956 in Klamath Falls, Oregon to Edgar Frank and Marilyn Jean (Fanning) Skelton. Steve was born and raised in the Klamath Falls area and just recently moved to Arizona to be closer to his daughter Christina Cruea.

Steve was a quiet and gentle person with a big heart.

Steve worked at Home Depot in the Paint Department for the past 5 years, before moving to Arizona. Steve truly loved his customers at Home Depot and talk about them often. Steve loved the old time rock-n-roll music and classic cars. Steve was especially proud of this children and grandchildren. They were the light of his life and each one held a special place in his heart. Steve will truly be missed by all who knew him.

Steve is survived by his children, Christina and Rick Cruea of Oracle, Arizona and Steven II and Jessica Skelton of Medford, Oregon; sisters and brothers and spouses, Linda Shuck, Sally and Bill Bratton, and Eddie Skelton; grandchildren, William Sandercock, Bo Sites, Ashley

Skelton, Bailey Skelton, and Paige Skelton; a large extended family of nieces, nephews, aunts, uncles and cousins. Steve was preceded in death by his parents, grandparents Frank and Erma (Swadley) Skelton, and John G and Florence C (Carr) Fanning, and brother in law Brad Shuck.

Memorial services will be Sunday, July 17, 2016 at the Griffith Mortuary Chapel 3 p.m. at 101 Johnston Dr. Kearny, AZ 85137, Reception will follow at Mi Pueblito in Mammoth, AZ.



Oracle Towne Crier

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---David Brinkley

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Gaylord Dopson

Gaylord "Gayl" Dopson passed away June 21, 2016 at Casa de la Luz in Tucson. Gayl was born in Peacock, Texas June 7, 1928.

Early in life, he helped his parents in a General Mercantile store in Bloomfield, NM, as well as living on a "row crop farm" as he would call it. Gayl graduated from Aztec, NM High School at age 16. He was a good student, skipping two grades; he always gave his best. In time, Gayle went into the mining profession and was known over the world for his expertise in the knowledge of Milling. Gayl worked 39 years for Magma/Newmont, retiring from Newmont Mining Company in 1988. Gayl loved his home in Oracle; he also loved Colorado. He

and Wanda spent many summers at Vallecito Resort where they enjoyed their summer home. He loved boating/fishing, traveling the jeep roads in the high country of Colorado, time spent with family and friends.

Gayl is survived by his wife of nearly 37 years, Wanda; son Gilbert Dopson of Lovington, NM; daughter Gayla Dopson of Durango, Colorado; stepdaughter Gaytha (Mark) Braun of Lakeway, TX; Joe (LeAnn) Vaughn of Catalina; and 10 grandchildren.

Gayl's service was held at the Oracle Union Church. In lieu of flowers, his family requests donation be made to either the Oracle Union Church or Oracle Public Library.

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'Salt Your Oats' for Healthy Changes

I recently treated a man for hip and thigh pain he had been suffering with over the last year. He was retired from a life in construction, and he had remained fairly active at home until the last few years as his hip problem worsened. Now, with a few sessions of care, he was feeling less pain and was able to do more of the chores he had fallen behind on.

It was great to see him respond so well, and I asked him how he was doing with the stretch and strengthening ideas I had shared with him. He said they helped and he found he was actually enjoying them, as he could feel his movement improve and his pain reduce a bit immediately after doing them.

He also said he and his wife were cooking from scratch again, and had looked at my suggestions that a diet higher in quality, natural fats (no man-altered vegetable oils) and lower in grains and sugars can kick-start healing. (A higher fat diet is consistent with man's history - we averaged 18 lbs. of butter per person per year in 1918 - and heart disease was rare. A higher fat diet reduces cravings; it helps control blood sugar and can even help the body increase fat burning). He and his wife were also taking time in the mid-day to lie down, reducing physical and mental stress. They were also sitting less and walking more outside, which ensured they got sun daily.

I was amazed he had jumped into these changes so easily, and I told him how rare it can be for a person to act on new ideas, no matter how logical and time-tested they may be. "You know the old saying," I said, "you can lead a horse to water, but you can't make him drink!" To which he replied "But you can sure salt his oats and



SELF-HEALING

By John Huntington
Special to the Nugget

make him thirsty!"

He continued "So I 'salt my own oats' daily, reminding me that I love to be able to work around the property, to garden, to go for walks. Heck, to be able to pick-up my granddaughter is a gold. I just remind myself of these 'loves' of mine and move forward with the actions I now know will help. And finally, I recognize we don't live forever, and that this very moment is a gift. I'm trying to open ME to the present with each breath!"

I found this to be a great take on an old saying and one that can help nudge us to make the changes we need and want. "Salt your oats", relax and give thanks. Then add the Health Principles of daily sunlight, laughter, real food, movement (and rest) through the day, time to think and reflect, and, last but not least, early to bed-early to rise.

Dr. Huntington practices Chiropractic, Biomedical Acupuncture and Physiotherapy in Oracle, Az. 520-896-9844 huntingtonchiro@hotmail.com.

DIAPER BAG

Baby Massage Class Offered

Family First is opening up its store with a Summer Clearance Sale on all clothes, books, infant blankets and baby food for the month of July. Fill a bag for a \$1 or come and take a class which is about 40 minutes on parenting, child development or life skills and use

"Mommy Bucks" and still fill a bag for one buck. We suggest calling ahead to schedule a class so you can get in on the fun of shopping and have first picks of all the great stuff. We even have high chairs, bouncy seats too!

Continued on page 11

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Friday, August 5, 2016 - Born To Run in the USA - Bruce Springsteen Tribute - 7:30pm. Produced by Khris Dodge Entertainment. Eric Brown and the 'L' Street Band pays homage to Springsteen's early rise from New Jersey working class hero to international superstar. Hear *Dancing in the Dark, Born in the USA, Hungry Heart, Born to Run*, fan-favorite *Rosalita* and many more! \$30 in advance, \$35 door.



Friday, August 19, 2016 - Those British Girls - 7:30pm. Produced by TAD Management. THOSE BRITISH GIRLS is a hit-filled concert that takes you on a journey through the music of the UK's Ready Steady Female Star Vocalists of the 1960's through to the chart-topping and record-breaking Superstars of today! Each of the top four recording labels had their own female Superstars, including: Petula Clark, Shirley Bassey, Dusty Springfield, The Spice Girls, Annie Lennox, Amy Winehouse, and of course, Adele. \$30 in advance, \$35 door.



Saturday, September 9, 2016 - The Sedaka Legacy - 7:30pm. Produced by TAD Management. Terry Davies and his remarkable band, THE SEDAKA LEGACY is a memorable hit-filled tribute to the timeless music of Neil Sedaka, one of America's finest songwriters! \$30 in advance, \$35 door.



Saturday, September 24, 2016 - Marmalade Skies - A Beatles Tribute - 7:30pm. Produced by TAD Management. Marmalade Skies is a tribute to the greatest rock 'n roll group of all time—THE BEATLES. This incredible collection of talent features seven members, three guitars and seven vocalists (one female lead), covering all the parts the Fabulous Four lads ever wanted us to hear! \$30 in advance, \$35 door.



Saturday, October 22, 2016—7:30pm Produced by TAD Management. Join **Chelsea Faulds**, along with an incredible eight piece band perform spectacular arrangements of some of the greatest songs ever written, as they were performed by the great **Nat King Cole and his daughter Natalie Cole.** \$30 in advance, \$35 door.



Saturday, November 26, 2016 - ARTRAGEOUS! - 3pm & 7:30pm. Watch a team of artists bring giant artworks to life with amazing speed right before your eyes unveiling larger than life icons and masterpieces in just moments. Have it accompanied by amazing vocals, creative choreography, high energy, live music and unforgettable audience interaction that will attract your attention and delight your senses with energy, spirit and action. A show for the entire family! \$40 in advance, \$45 door.



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The Amazing Life of John D. Walker

Even historians agree that history is skewed. The most famous battles are often those with the best eyewitness accounts. The most famous heroes tend to be those with the best biographers. It is possible for those who live on the fringes to quickly disappear into obscurity. Such an instance is the amazing, heroic, and tragic life of John D. Walker.

Walker was half Native American, the blood of the Wyandotte flowing in his veins. Walker was born in 1840 in Nauvoo, Illinois, the city founded in 1838 by the Mormons until they were forcibly expelled. The richest accounts of Walker's life can be found in the history of Arizona written by Farish in 1916. Farish's main source is Major Doran who served as administrator of Walker's estate after Walker was judged insane in his later years.

In early manhood, Walker enlisted in the 5th Regiment California Infantry and was appointed a wagon master. At this period of time, the Pima villages, in southern Arizona, had surpluses of wheat and corn. The government was the main customer of these agricultural products. Captain Walker was responsible for conveying the produce by wagon to the different military outposts, some as far away as the Rio Grande.

After being discharged from the service Walker settled down among the Pima at the village of Sacaton. Being half Native American and an honorable man he quickly found acceptance in the tribe. Walker was a natural linguist and had soon mastered the Pima tongue. He was the first to reduce the Pima language to a dictionary. According to Farish, "Having studied medicine in his early life he became the big medicine man of the tribe. He was a good physician and a man of extraordinary intelligence,

somewhat of a scientist. He was a reticent man, never talking much, but had a wonderful fund of information on almost every subject, and he was very precise. He was not a graduate of any college, but was a great reader and a self educated man; a thoughtful man, somewhat of a philosopher."

Walker lived at Sacaton for many years and sat in on all big meetings, leading many councils. In 1864, Walker reenlisted and raised two companies of Arizona Volunteers to fight in the Apache wars. These companies were composed of Pima and Maricopa warriors. The great Pima chief Antonio Azul served as first lieutenant. Walker was infamous for leading his native soldiers into battle wearing only a breech clout, war paint, and wielding a war club.

Walker adhered to the war traditions of the Pima. His long hair was tied up in a bun. His face was painted black with ash. Pima warrior leaders eschewed rifles or bows, charging into battle with a wild war whoop and an ironwood club. Pima war leaders were expected to set an example, leading the attack and inspiring their followers with their bravery. By all accounts, Captain Walker was quite inspiring, swinging his war club ferociously.

John D. Walker and his companies of Pima soldiers were very successful. Their most impressive and bloody victory took place at Picacho Peak. Picacho is a steep vertical volcanic butte, the perpendicular cliffs laced with fissures and crevices. Walker and his company of Pima warriors surprised a group of Apaches atop the peak and slaughtered a camp of seventy-five. Those victims who were not shot leapt from the steep precipices to escape the withering assault. Major Doran reported in his interview



EVERY MAN'S MUSINGS

By Gary Every
Special to the Crier

with Farish, "Even now (approximately sixty years later) you still see on this battlefield, the skeletons of the Apaches in the crevices."

After leaving the army for the second time, Walker was elected surveyor of Pinal County. Then he served as Probate Judge for several terms. As Probate Judge he resided in the county seat at Florence, Arizona. As a political figure and public office holder, Walker earned a reputation as a forthright, honest man.

A local Pima knew of a secret place hidden in one of the world's driest deserts - a forbidding landscape of black volcanic rock covered with teddy bear cholla cactus. The anonymous Native American led Walker and a man named Peter R. Brady to the site of what was about to become The Vekol Mine. The mine yielded roughly two million dollars in ore before it began to bottom out. Major Doran claimed that most of this money remained among the Pima.

Walker turned his still brilliant mind to scientific curiosities. When the Smithsonian Institute claimed that the Gila Monster was not poisonous, Walker was inspired to write a dissertation upon the subject and sent a specimen of the venomous lizard back East for inspection. The Smithsonian admitted their mistake.

Several years before his death John D. Walker was ruled insane and placed in an asylum. Major Doran was made administrator of the estate. Major Doran sold Walker's

Continued on page 11



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The Importance of Joy

Joy is a wondrous emotion / expression. It can brighten your day and bolster your health. It is a true renewable resource to be shared with all.

There are countless examples of the health benefits of joyful living. Some of you may have heard of Norman Cousins. He was a renowned journalist who, in 1964, was given just a few months to live because he had contracted a terminal illness. When it became apparent to him that his doctors were resigned to watch him die as they had pronounced, he fired them. He then checked out of the hospital, that he viewed as having a culture of defeat and over medication...not conducive to health. He then checked himself into

a hotel and proceeded to watch funny movies (Marx Brothers) all day long, submerging himself in joy. He noted that 10 minutes of good "belly laughter" could give him two hours of pain-free sleep. Joy facilitated recovery. He laughed himself back to health. He chronicled his experience in a book called "Anatomy of an Illness."

Everyday existence is forged by the emotions we inhabit. There was a brilliant Hungarian doctor from the early part of the last century by the name of Hans Selye who recognized the role that joy plays in health, writing several books on the subject starting with the ground-breaking "The Stress of Life." He noted that persons

who carry stress with them throughout life are prone to illness.

It is well known that the adrenal glands are the conduit through which persons process stress. It is also well known that these glands are programmed for 20 to 30 minute bursts of expression during which time one is to process the significance of the stressor and the options for addressing it (the "fight or flight" response). Those individuals that get locked in this response for years are recognized as having Post Traumatic Stress Disorder (PTSD).

Conversely, persons that carry joy with them throughout the day (or at least a good portion of the day) are more apt to be healthful...due in part simply because their stress is not blocking, or getting in the way of, their immune and healing responses.

Laughter is an expression of joy. It works by relieving stress (the stress of life) and releasing endorphins. Physiologically it boosts the immune system in many ways. It increases Natural Killer Cells that fight viruses and cancer. It increases T-cells that fight viruses. It increases Immunoglobulin A antibodies and



HEALTH ISSUES

By Dr. Michael Miles
Special to the Crier

gamma-Interferons. All this by way of saying that when you relieve stress you open the natural pathways used to rectify ailments.

Have you ever noticed that you can be smiling because you are happy AND you can be happy because you are smiling?

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2425 El Paseo, Oracle

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705 E. American Ave., Oracle

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Pastor Charles Curry

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Growing pains: The Golden



Golden Goose is expanding, adding 4,000 square feet to its shop in Catalina. More space is needed so they can continue adding to the impressive \$8 million it has raised since the store opened.

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Goose is expanding her nest

By John Hernandez
Oracle Towne Crier

The Golden Goose Thrift Shop has been busy getting ready for its expansion. Construction has already started and is expected to be completed by late November or early December. The construction will be on the north side of the building where the back room receiving area is located. They will be adding 4,000 square feet of space to their existing building. Three thousand feet will be for the back room receiving area where items arrive and are processed. The space will include a shaded area for the volunteers who unload the trucks. One thousand square feet will be added to the

clothing section of the store including two new dressing rooms.

“This is the first stage of a three phase expansion plan,” said Stephanie Urdiales, General Manager.

The Golden Goose has thrived and grown thanks to its wonderful volunteers. They have raised over eight million dollars in the 13 years they have been open. All their profits go to supporting SaddleBrooke Community Outreach and Impact of Southern Arizona, non-profit organizations that provide funding for community programs. These programs include Kids’ Closet, Food Bank, ESL, Senior Nutrition Program, Teen Closet, Youth Programs, Scholarships, Meals on Wheels, Summer Enrichment Programs, Senior Center and Tri-

Community Food Bank.

The award winning thrift shop through its generosity has helped communities from northwest Tucson to the San Carlos Reservation. They were voted the Best Thrift Shop and Best Antique Shop in Tucson in 2015 and the Northwest Explorer has named them “The Best of the Northwest” for 2016 as they were voted Best Community Leader, Best Shoe Store, Best Jewelry Store, Best Women’s Boutique, Best Furniture Store, Best Customer Service, Best Retail Boutique and Best Customer Service.

The Golden Goose Thrift Shop is located at 15970 N. Oracle Road, Catalina, Arizona. Visit their website: www.goldengooseaz.com or like them on Facebook.



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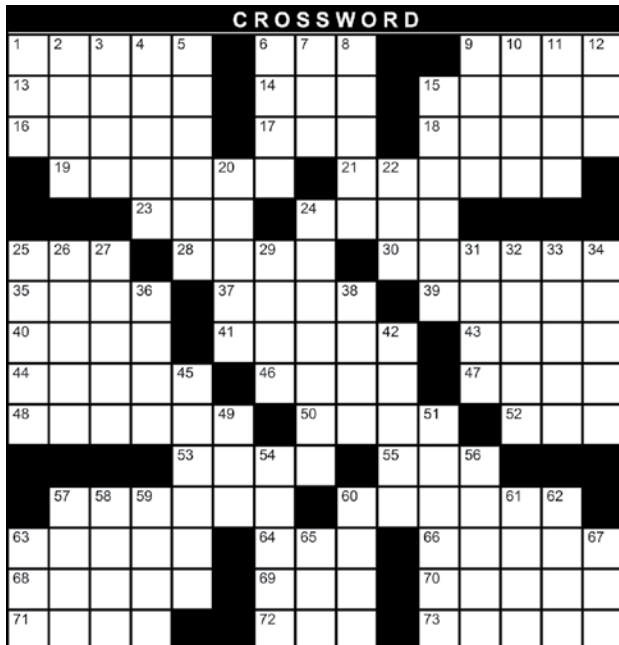
1. Like an old chip
6. Military hospitals
9. Whip strike
13. Fruit-peeling device
14. Part of circle
15. Type of duck
16. *James Bond's James St. John Smythe, e.g.
17. *Type of race in Cusack's "Better Off Dead"
18. Closes in on
19. *Daniel LaRusso's martial art
21. *Marty McFly's destination
23. Utmost degree
24. Not final or absolute
25. Gourmet mushroom
28. Domesticated ox
30. *Type of bomb in "Fat Man and Little Boy"
35. Like dental surgery
37. U, on the road

39. Phil Collins' "____ Be in My Heart"
40. Alliance acronym
41. Misbehave
43. Guilty, e.g.
44. Consumed
46. Spiral-horned antelope
47. Bit of slander
48. *"Missing in Action" star Chuck
50. Count on
52. Query
53. Departed
55. Tree fluid
57. *Prince's "____ Rain"
60. *He had an epic day off
63. Cone shaped dwelling
64. Time period
66. *Johnny 5 of "Short Circuit"
68. Like yesterday's meal?
69. Opposite of don'ts
70. Sheep-like
71. Get the picture

72. Thus far
73. Chunk of iceberg?

DOWN

1. Resting place
2. Spill the beans
3. Diva's delivery
4. "Live and ____"
5. Cheap substitution
6. Bud holder
7. *One of Indiana Jones' quests
8. *"The Terminator" genre
9. In ____ of
10. Month before Nisan
11. Withered
12. Store posting, for short
15. Something that exists
20. Sorority letter
22. "This land is your land..."
24. Take under one's wing
25. *Vengeful barbarian
26. Inspiration for poets and musicians
27. ____ families
29. *John Candy's slacker uncle character
31. "My bad!"
32. Head of mosque
33. Intestinal obstruction
34. *Head of the Griswolds
36. Displeasure on one's face
38. Titian's Venus of Urbino
42. Sign of life
45. "Peanuts" character
49. Sun in Mexico
51. Peter of Peter, Paul and Mary
54. Clingy one
56. Establish validity
57. Christmas partridge's perch
58. "____ no good"
59. Smell badly
60. *Like the times at "Ridgmont High"
61. What do you do on eBay?
62. *"Ghostbusters," but not the movie
63. Sheep not yet sheared
65. Wade's opponent
67. Driver's aid



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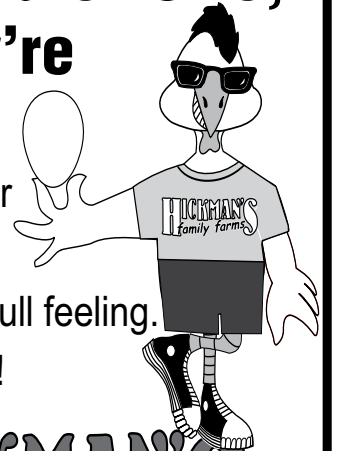
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Memory

Grateful to Lynn Nadel, Professor of Psychology at the University of Arizona who presented on memory today at the Hard-Science Science Fiction Group at the Arizona Inn and who inspired me to comment on memory as it is revealed through handwriting analysis.

It was most interesting to learn about memory slowly gained through one's lifetime that becomes the more static, main memory vs. episodal memory relating to more recent, fluid events which make it less influential, perhaps, in the sense of: last episode in, first episode out.

Learning starts at birth, even in utero, we are told and

the formation of memory in children takes place between the ages of two to four years.

Especially useful was the explanation about phobias and how some are created through a child's impression gained from parents' or other adults' response to the presence of a bug/snake/etc., without the child's ever actually having a memory of himself experiencing fear.

Whereas research in psychology must be carefully performed on specific behavior patterns so that it may be repeated and produce the same findings, the graphological approach would then perhaps be considered a holistic approach, combining several individual traits to reach specific conclusions.

Graphological findings of old are based on the analysis of cursive handwriting. Printing has become the standard of today which allows for analysis as well, but with fewer indicators. The findings and illustrations below are based on cursive writing. Writing specimens are furnished at left.

I: Memory

A good memory is seen in handwriting when the i-dot is closely set over the i-stem and placed right over it in accordance with the slant (not far off to the left or right).
See No. 1 'similar'

II: Emotional Memory

The person who writes with heavy pen pressure carries with him all his experiences for a lifetime. Things that happened many years ago can be recalled with the same force of feeling as if they had just occurred.

See No. 2 'Heavy'

The writer whose pen barely touches the paper and easily glides over the surface will forget about an adverse event and go on with his life as if nothing bad has happened. There is little need for forgiveness, because the act has already been forgotten.

See No. 3 'light'

If the writing pressure is average, between light and heavy, so is the memory of an event. The ability to recall previous experiences is average. The writer will be influenced by past experience, but not to the degree that it can be recalled with great intensity.

See No. 4 'moderate'

III: Memory of a perceived injustice suffered

Most of us have at one time or another felt unjustly slighted, insulted or injured by others. If such unresolved memories cause bitterness and are affecting current daily activities, friendships and attitudes, it would reveal



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itself in one's handwriting in the form of a rigid (unbent) upstroke from the baseline to the downstroke of the initial letter of a word.

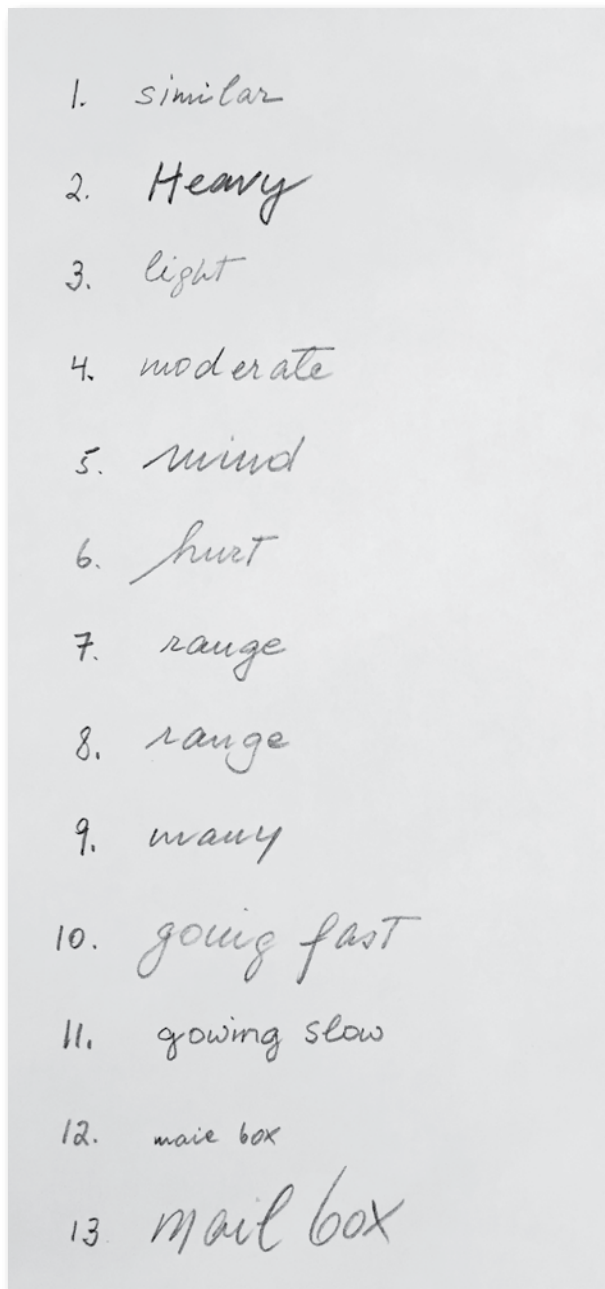
See No. 5 'mind'

If the perceived wrongs reach back into one's childhood years, the rigid upstroke starts well below the baseline of writing.

See No. 6 'hurt'

Again, one would have to take into consideration other aspects of the script for a more comprehensive interpretation.

Continued on page 10



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HANDWRITING

Continued from page 10

IV: Memory of lessons learned

A writer who has made certain mistakes and has learned from the consequences and no longer makes the same mistakes again will show it in the letters g and y wherein the loop below the baseline is closed and brought back to the baseline. This completion of the loop further indicates that the person will keep his promises and fulfill his obligations.

See No. 7 'range'

The people who keep making the same mistakes again and again will have an incomplete loop below the baseline.

See No. 8 'range'

Caution: If the letters g and y have a firm, straight downstroke without any curves or hooks attached, the script reveals a different trait: the person is not so much a team player, as he is completely self-reliant.

See No. 9 'many'

V: Learning and Memorizing

Because handwriting is brainwriting (not limited to hand, but might be foot or mouth), we equate rhythmic script with the ability to learn easily. If the brain functions in a rhythmic manner,

it is capable of learning and retaining the lessons with ease and speed and this is seen in a rhythmic and speedy script. It may have angles or garlands at the baseline, and have angles in the upper part of letters m, n, r. If these writers forget what they have learned, it does not matter much, because they simply re-learn when the need arises.

See No. 10 'going fast'

If the writing is slow and the letters m and n feature a rounded top, the person will learn at a slower pace, carefully building up their understanding. Because of the laborious way of learning, they will retain their lessons longer than the fast writer and thereby perhaps make fewer mistakes.

See No. 11 'gowing slow'

VI: Learning Patterns

When the handwriting is small, perhaps 1-2 mm in height in the middle zone (letters m, n, r, etc.), this tells us that the writer is concentrating. He is highly engrossed into his subject to the exclusion of anything else. Concentration is especially useful in research, accounting and similarly related fields, and represents almost a luxury by business standards, because ideally such individuals need a more circumspect support staff to function well. Because the person is able to "lose himself" in the item of interest, he may forget about time and other appointments and needs to be constantly reminded of such matters.

However, again, he will have gained much more information and be more knowledgeable about a specific subject than the person with a large script.

See No. 12 'mail box'

The person whose writing is very large, if it is in good form, is constantly in tune with his environment and gets easily distracted. He will keep the big picture in mind and not be as detail oriented as the writer with small script. Keeping the big picture in mind is a quality that lends itself well to leadership, supervisory/managerial or sales activities, rather than doing tedious research work.

See No. 13 'mail box'

The writer with an average sized script, again, represents the norm between the two extremes presented.

There is no "good" or "bad" associated with specific findings through handwriting analysis. Every stroke, every trait needs to be compared with other findings in order to obtain a good picture of the personality. The main hope is that a person finds his niche in life, and that his chosen profession and workplace are compatible with the writer's inherent talents and temperament.

These few lines have been limited to memory and learning patterns as they appear in a person's handwriting. They represent only a small portion of the overall picture gained of a writer's character and personality through comprehensive graphoanalysis.



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- **Mountain views 4 bed, 2 1/2 bath, 2,404 sq. ft.** plus a 1,244 sq. ft. basement, 34 x 27 detached garage on 6.85 ac. \$395,000.
- **Oracle home with office,** detached garage and studio, screened in patio, mountain views on 1.25 acres. \$259,000

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- **.82 acre lot** with utilities at lot line. \$35,000.
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- **Commercial lots** on American Ave. .67 and .52 acres. \$60,000 each.
- **10.32 acres with beautiful views,** completely fenced with well and electric. \$45,000
- **Double Lot 1.66 & 1.26 off Linda Vista.** 2 Great parcels to choose from. Owner will carry with just 10% down. Build your dream home on one of these two lots. Paved road. Homes only area. Utilities at or near the lot line. \$85,000.
- **(3) .5 acre lots** with oaks, boulders & views. \$29,000, \$33,000 & \$37,000
- **.67 & .52 acre** commercial lots on American Ave., Oracle. \$79,000 each
- **.18 acre commercial lot** on American Ave. with .27 acre GR lot behind it. Both for \$55,000
- **Great lot in center of Oracle.** Ready to build on, utilities at lot line. \$25,000.
- **2.6 acres.** Flat property with great views of the Catalina Mountains. Electric and water at the lot line. \$78,000
- **.403 acres** with spectacular views of the Catalina & Galiuro Mountains. \$49,900.
- **FANTASTIC LOCATION!** 40 acres with 2 adorable cottages. Huge investment potential. \$590,000.

San Manuel

- **Newly remodeled** 3 bed, 2 bath, mountain views, ceramic floors, new appliances. All furniture stays. \$92,000
- **Lovely 2 bd 1 ba,** wood kitchen cabinets, new A/C and furnace installed August 2015, fenced yard. \$46,000
- **Large 1 Acre Lot** in San Manuel, near ball park with views, zoned GR. \$25,000
- **Remodeled 4 bd 2 ba** home, upgraded kitchen & baths, 1900 sqft., includes large family room, landscaped yard, upgrades galore. \$128,000
- **Lovely 3 bd 2 ba,** metal roof, new driveway, 2 metal sheds, enclosed laundry room. \$62,000

Surrounding Area

- **5 acres, fenced,** 2 wells, barn, storage shed, horse corrals and **Beautiful views of the Galiuro Mountains,** lots of vegetation & large Saguaros. \$10,000
- **9.88 ac. with lots of mature** Mesquite trees, 1/2 interest in well, partial fenced. \$35,000.
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- **3-lots to choose from.** Hill top views shared well, horse property, leveled off areas for home sites. Two lots \$50,000 each & one lot \$70,000 or all 3 for \$129,000

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HEALTH ISSUES

Continued from page 5

There is a great TED Talk by Harvard psychologist Dan Gilbert that suggests that joy and happiness can be synthesized. It is not found or created but is allowed and accepted.

There are some internet videos being viewed recently that have captured the public's interest. They show people in crowded commutes where one individual starts to chuckle, then laugh uproariously. It is infectious. You can't help but respond, as the other on-lookers, with increasingly broader smiles.

You may notice that the world seeks to be around joyous

individuals. People appreciate a connection to joy. In the subway, the infectious nature of joy transforms the passengers...out of their solemn commuter trances into joyous levity. And so...their immune systems are freed to do their job.

Let's all have a healthful, joyous day!

Dr. Michael Miles' Clinic is located at 15601 N. Oracle Rd. in Catalina behind Golf Cars of Arizona. You can learn more about the Catalina Clinic and Dr. Miles by visiting the website: www.catalinaclinic.com. To contact Dr. Miles or make an appointment at the clinic call 520-825-8100.

JOHN D. WALKER

Continued from page 4

share of what was left of the mine for \$112,000 dollars - \$105,000 of which was still in the bank when he died. This accumulation of capital made Captain Walker a target. A woman from Illinois who became his nurse married him. Farish and Doran were apparently skeptical of this "ceremony with an itinerant Greek minister."

After Walker's death, the legal heirs consisted of three brothers and four sisters all living outside Arizona and they asked Major Doran to continue as administrator of the estate. The alleged wife sued and claimed that she had the right to the entire estate. Major Doran fought in court for five years, until the case was decided in his favor.

Next a Pima girl named Juana stepped forward and claimed to be Walker's daughter. Captain Walker had lived with her family for many years and been married to her mother under Pima law. This legal battle was also pursued all the way to the Supreme Court where it was ruled that a White Man could not legally marry an Indian under the laws of the Territory. Walker's stepdaughter was denied.

After all the lawsuits were disposed of, the estate was divided among the heirs; a share was given to Juana but was gobbled up by her lawyers before she ever saw a penny. This was the tragic ending to the amazing life of John D. Walker.

FAMILY FIRST

Continued from page 3

We are open Monday, Tuesday, and Wednesday from 9 am - 5pm, break for lunch between 12:30-1:30 and by appointments on Thursday. Just call the office at 520-896-9545.

Family First is putting together a class called "Child Connection" a 5 week free course on Infant Massage. This class is done by a licensed massage therapist and we are looking for 5 parents with infants up to one year old. You need to be registered by July 15 to take the class. Call now before the class fills to get in on the benefits for your infant of massage: enhancement of communication with infant and parent, helps your recognition of baby cues, relaxes & promotes sleep and decreases stress and colic are just a few. Call 520-896-9545 for more information.

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Special events set at Oracle State Park



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Open every weekend this summer, Oracle State Park is the scenic destination for hikers, picnickers, and nature lovers. Special upcoming events include:

Bat Night on Saturday, July 23, featuring Joel Diamond, Ph.D, who is Regional Manager for Arizona Game and Fish. The 7:30 p.m. program begins with a 30-minute talk introducing various bats of Arizona. Diamond, a research ecologist, will then lead a netting event at a remote netting site a half-mile walk from the Kannally ranch house. This is an encore event, giving more visitors the opportunity to learn more about bats and get up close and personal to some of the flying mammal species in our neighborhoods. Reservation requested; call 520-896-2425.

Acorn Processing Demonstration on Sunday, August 7, with Sonoran Herbalist, John Slattery begins 8 a.m. The first event of an Ethnobotany Series, the event includes a short walk through the oaks and a discussion about gathering acorns. Slattery is author of a soon-to-be-released book, Southwest Foraging. Space is limited so reservation is required buy calling 520-896-2425. Sponsored by Friends of Oracle State Park.

Oracle Sate Park park is open 8 a.m.-5 p.m. on Saturdays and Sundays; park admission is \$7 per car at the main gate on Mt. Lemmon Rd. in Oracle. Reservations are made by calling the park office at 520-896-2425. Up-to-the-minute Oracle State Park event information is always posted on the state parks website: www.azStateParks.com/Parks/ORAC.

The historic Kannally ranch house is open for self-guided tours anytime during regular park hours. The multi-level Mediterranean-Revival style house, built in 1929-33 by one of the earliest cattle ranching families in Oracle, is listed on the National Register of Historic Places. An exhibit of impressionistic-style cowboy paintings by self-taught artist Lee Kannally is on display in the living room and dining room.

For information about all 28 Arizona State Parks, the Trails and Off-Highway Vehicle Programs, and the State Historic Preservation Office, call 800-285-3703. Campsite reservations can be made online at AZStateParks.com or by calling the reservation call center at 520-586-2283. Follow AZStateParks on Twitter and Facebook.

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