Consider Your Surroundings

artial Arts Training should be thorough. Obviously, we hope it meets our expectations to educate and challenge us, but how do we take the information learned in a school environment and make it practical in "real world" situations? For many students, this may not appear to be significant, but for dedicated martial artists, it is essential. It is easy to fall into the trap of assuming that just because the training and techniques worked well in class, they will do the same outside of class. Unless you consider your surroundings, I can assure you that surprise and frustration will cause you to

reevaluate your training.

Nothing motivates a Martial Artist more than failure. My rude awakening came as a rookie police officer. Training in schools that had ample room to move on even floors and fall on mats, gave me protection, but did not reflect the "real life" situations I was now forced to deal with. I was no longer in a secure environment.

Techniques that worked easily in the classroom now had to be adjusted to work in crowds at public places, inside and outside sporting events, cramped spaces, i.e., bars, trailers,

offices, parking lots, etc. Altercations that occurred inside often required maneuvering around a wide assortment of furniture and using the walls to assist in making arresting techniques work more efficiently. Rugs can limit smooth footwork, and tile or waxed

floors are slippery.

halls, rooms, stair

cases, elevators,



SELF-DEFENSE

By Steve Weber Special to the Nugget

Bars often have wet floors because drinks spill. When outside, I had to consider the terrain, i.e., grass, rocks, sand, water, fences, curbs, trees, cactus, hills, mounds, uneven ground, steps, ramps, etc. Working near any road or parking lot required a heightened awareness of other vehicles and other people. Tactical changes were necessary and I will discuss them next month.

Mr. Weber is the chief instructor at the Aikido Academy of Self-Defense located at 16134 N. Oracle Rd., in Catalina. He has more than 45 years of experience in the Martial Arts and has achieved skills in a variety of disciplines. He also teaches Tai-Chi on Saturday from 9 to 10 a.m.

Please call (520) 825-8500 for information regarding these and other programs. If you wish, check out the website at www.AikidoAcademyOfArizona.com.

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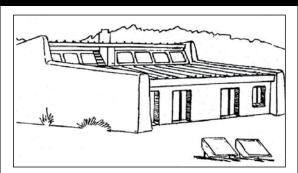
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Biomedical Acupuncture for Pain Management

cupuncture has been practiced for about 5000 years in China and other Asian countries. Over this long history, many complex theories and practices evolved based on religious, medical and social ideas of the time.

Acupoints were discovered when ancient practitioners found various pulse points on the body and they attributed these pulses to a vital inner life-force, called Chi. These points were thought to be connected to each other by energy "channels", or meridians, and when needled this vital energy was balanced which helped treat disease.

This culminated in traditional Chinese medicine, an elaborate and nuanced approach to natural healing, but one that is difficult to master and is confusing to both patients and physicians. The unfortunate result is that most of us never consider this valuable therapy.

Biomedical Dry Needling is an attempt to describe the effects of needling in terms that are familiar with most doctors and patients allowing for great use and research into this safe and effective treatment.

Needling muscle trigger points (tender knots in muscle that can send pain to other areas), fascia or acupoints activates the built-in survival systems in the body. This happens "centrally" by affecting the brain and activating nervous, endocrine, immune and cardiovascular systems to normalize body function. A similar response happens locally at the needling site to desensitize and heal the injured tissues.

Although Dry Needling has effects on



SELF-HEALING

By John Huntington Special to the Nugget

both musculoskeletal conditions (like back and neck pain, headaches, golfer/tennis elbow) as well as internal disorders (like stomachache), results are more consistent and predictable with muscle and joint pain. This is because the needling creates the local tissue response directly at the painful site (like an elbow). We can only affect the stomach "indirectly", by balancing the nervous system to promote self-healing.

Pain patients need manual medicine (physiotherapy, stretch/strengthening, joint mobilization/manipulation) in addition to Dry Needling for best results.

Results from Dry Needling depend on the overall health potential of the patient and how progressed the symptoms or disease is

Dr. Huntington practices Chiropractic, Biomedical Acupuncture and Physiotherapy in Oracle, Az. 520-896-9844 huntingtonchiro@hotmail.com.

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Wednesday, May 6, 2015 - Sons of the Pioneers - 7:30 pm. For over 75 continuous years the Sons of the Pioneers have been "America's Premiere Western Singing Group of all time" (as described by the Western Music Hall of Fame). Elected to the Country Music Hall of Fame, Cowboy Hall of Fame, Western Music Hall of Fame, Texas Swing Hall of Fame and designated a National Treasure by



the Smithsonian Institution, the Pioneers signature songs "Cool Water" and "Tumbling Tumbleweeds" were placed in the Grammy Hall of Fame. Founded by Roy Rogers and the gifted songwriters Bob Nolan and Tim Spencer. \$30 inclusive \$35 door.

Saturday, May 9, 2015 - Southern Arizona Symphony Orchestra - 7:30pm. Mussorgsky: Night on Bald Mountain. Bruch: Violin Concerto No. 1, Chloe Trevor, Violin. Elgar: Enigma Variations. \$24 inclusive \$26 door.



Thursday, June 4, 2015 - Hits of Broadway - 7:30pm
TAD Management Summer Concerts 2015. The
Broadway Concerts bring to the stage the greatest hits
of Broadway and the West End in one massive show of
blockbusters. From West Side Story to Les Miserables -



from Oklahoma to Phantom of the Opera, this show will appeal to music and concert lovers everywhere. \$25 inclusive \$30 door.

Wednesday, June 17, 2015 - Love The One You're With - Crosby, Stills, Nash & Young Tribute - 7:30. Produced by Lonely Street Productions. David Crosby, Stephen Stills, Graham Nash, and Neil Young are each unbelievable songwriters and solo artists in their own right, but when their voices came together they created legendary harmonies and songs that have



come to define a generation. **Five Way Street** has been compared to CSNY "at the height of their game." Performing an audience-pleasing mix of iconic CSNY favorites such as "Our House," "Woodstock," and "Ohio," the show also highlights the artists solo hits including Neil Young's "Heart of Gold" and "Old Man," and even touches on the artist's earlier years with groups such as the Hollies and Buffalo Springfield. \$25 inclusive \$30 door.

Thursday, July 2, 2015 - The Magic of Manilow & Midler 7:30pm. TAD Management Summer Concerts 2015. Terry Davies & Sherie Rae Parker join forces on the same stage once more in this spectacular show, paying homage to Barry Manilow and Bette Midler! Sherie has starred in major productions such as "Legends In Concert," "American Superstars," "Stars In Concert" and the musical comedy, "A Really Big Shew." Terry and Sherie team up to



create a magical experience featuring the music and magic of Manilow and Midler! \$25 inclusive \$30 door.

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When the Commies

n Jan. 10, 1956 Magma Copper Company poured their first copper. It was announced later that the price of copper was at its highest level in 90 years at 46 cents per pound. Shortly after, labor unions began organizing and campaigning for the right to represent the workers in negotiations with management. There were 1,675 workers employed at the San Manuel operations. The two major unions involved were United Steel Workers of America and the International Union of Mine, Mill and Smelter Workers, Mine Mill for short. Smaller craft unions had also been formed. In 1956 the San Manuel Copper Corporation and other mines owned by its parent company Magma Copper were the only major mining companies in the United States whose workers were not unionized.

The campaign would get ugly. The Steelworkers charged that the Mine-Mill union was dominated by "Communists" while Mine-Mill countered that this was nothing more than "red baiting". It was the time of the Cold War and the era of "McCarthyism" named for Senator Joseph McCarthy who led the anti-communist "witch hunts" from 1950 to 1956. Hundreds of Americans would be jailed, thousands would lose their jobs and many more persecuted for being suspected communists or sympathetic to the communist cause. The main targets were government employees, educators, people in the entertainment industry and unions.

In 1947 the Taft-Hartley Act (Labor Management Relations Act of 1947) became law. It gave the Federal Bureau of Investigation (FBI) the power to spy on Americans including phone tapping of those who were suspected of being communist or associated with communists. It also required that union leaders stay clear of the communist party and that they sign sworn statements that they were not members of the communist party. President Harry Truman vetoed the bill warning that it was a "dangerous intrusion on free speech" and that it will "conflict with important principles of

our democratic society". His veto was overturned.

The law was made to restrict the activities and power of labor unions. It was authored by anti-union congressmen with the support of corporate American capitalists who feared the growing power of labor unions. In 1947 25 percent of American workers belonged to labor unions. When the law was first introduced, labor leaders called it the "slave-labor bill". It allowed states to enact "Right to Work" laws, prohibited jurisdictional strikes, wildcat strikes, secondary boycotts, mass picketing, closed shops, unions from giving monetary donations to federal political campaigns and radicals from holding leadership positions. Twenty-four states including Arizona have right to work laws. In Arizona it is in the constitution. Taft-Hartley was followed by the Smith Act in 1948 that allowed the government to indict suspected communists and the McCarran Act (Internal Security Act) in



HISTORICAL PERSPECTIVE

By John Hernandez Pinal Nugget



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Came to San Manuel

1950 which gave the military the authority to set up internment camps in an emergency to hold non-compliant suspects. The McCarran Act was also vetoed by President Harry Truman who said it "would put the United States Government in the thought control business". His veto would be overturned. One of the politicians who "specialized" in anti-communism and helped draft earlier legislation that required communists or communist front organizations to register with the federal government and prohibited communists from working in the federal government or obtaining passports was Richard Nixon.

The Second Red Scare as it became known created an atmosphere of fear in the country. The Steel Workers and the Congress of Industrial Organization (CIO) saw an opportunity to go after Mine Mill, who they considered a radical union, and absorb some of their members. Throughout their history the Steel Workers and some other unions had attempted to "steal" away Mine Mill members often using communism and even racism, especially in the southern states to divide members. In 1950 the CIO expelled 11 member unions including the International Union of Mine, Mill and Smelter Workers saying they did not conform to their political standards.

Some of the Mine Mill union leaders were identified as communists. A few resigned but the Mine Mill members stayed loyal to the union much to the surprise of the CIO and Steel Workers.



THE EXECUTIVE COUNCIL of the recently formed San Manuel Copper Workers Industrial Local Union 4968. United Steeleworkers of America, was formally installed in office two weeks ago. The youthful officers pictured above are left to right recording secretary Carl Steiner, 207 McNab Parkway, San Manuel; vice president Arnold Lucero, 608 Fifth Ave., San Manuel; president Charles Wilson,

San Manuel Trailer Court; treasurer Mitchell Puhara, 618 Second Ave., San Manuel; and financial secretary Ronald Fletcher, 225 McNeb Parkway, San Manuel, Other members not present in the picture are guide Lloyd A. Boulden, Tucson; inside guard Ellis White, 115 Sirth Ave., San Manuel; and outside guard Moises Ulibarri, 621 Third Ave., San Manuel.



Headlines from the 1956 contract negotiations as published in the San Manuel Miner.

In 1955 the CIO merged with the American Federation of Labor (AFL) to form the AFL-CIO. Mine Mill had earned a reputation as a radical and militant union during the early history of their formation.

Mine Mill had grown out of what was once the Western Federation of Miners (WFM). The WFM had been organized during frontier times in the western United States and British Columbia Canada. The WFM was created in 1893. It was formed by the merger of several mine workers' unions representing copper miners from Butte, Montana, silver and lead miners from Cour d'Alene, Idaho, gold miners from Colorado and hard rock miners from South Dakota and Utah. Many of the miners who organized the union had fought in armed battles with mine owners and government authorities.

In 1892 a bitter struggle between mine workers and mine owners in Cour d'Alene, Idaho took place. Before it was over mine

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property would be destroyed and people would lose their lives. Hundreds would be arrested and constitutional rights denied. Martial law would be declared and Federal troops would control the area for four months. The Cour d'Alene strike would be the catalyst that formed the union. It was decided to organize the union to counteract the Mine Owner Associations that had been formed to use their money, power and political influence to prevent unions from organizing at their mines.

There would be more pitched battles between WFM members and mine owners, the most notable being the Colorado Labor Wars of 1903-1904. These failed strikes would nearly destroy the WFM depleting them of funds needed to organize and defend union leaders in court trials. The WFM would rename themselves the American Labor Union in 1902. In 1905 they would join with others who advocated industrial unionism and socialism to form

Continued on page 10

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ArtUs Guild show open through May in Kearny



The ArtUs Guild Show features works of art from local artists. Vicki Clark | Nugget



The opening reception of the ArtUs Guild was well attended earlier this month with guests viewing 39 paintings by 13 members of the group. This is the 11th year that the local artists are exhibiting their work in The Little Gallery in Kearny.

Members exhibiting this year include Lina Cruz, Cobina Martinez, Darlene Dull, Gary Hill, Ellen Endsley, Vicki Clark, Frankie Olmos, Richard Olejniczak, Sam Hosler, Guyrene Ward, Peg Middleton, Donna Gennicks, and Carol Hosler,

The show will be up through May and can be viewed Thursdays from 9 a.m. to 2 p.m. or by request by calling Sam Hosler at 363-9781. The Little Gallery is located in Ray Hall next to the Church of the Good Shepherd on Senator Chastain Street in Kearny.

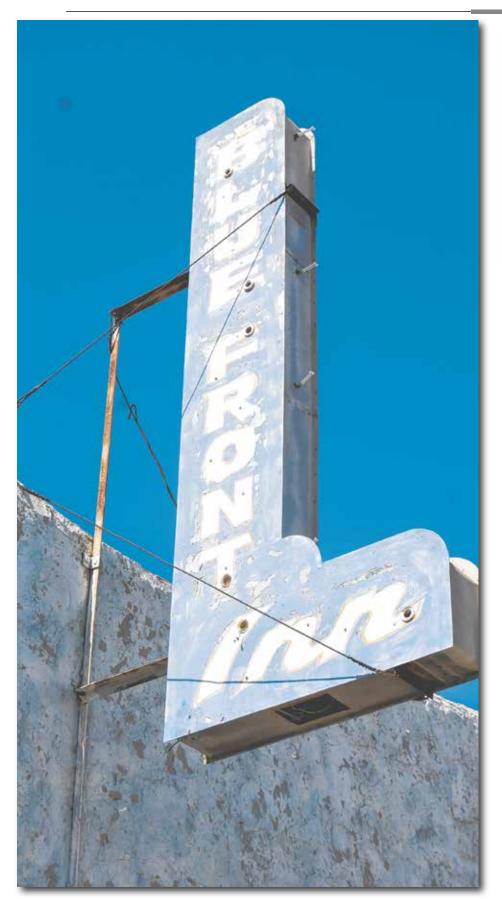


ArtUs Guild member Ellen Endsley and Copper Basin resident Georgie Wood look at the lovely art at the ArtUs opening Sunday.

Vicki Clark | Nugget

NUGGET | May 2015 www.copperarea.com

GETTING LOST IN THE COPPER CORRIDOR





Can you guess where in the Copper Corridor the cover photo was taken? If you guessed Mammoth, then you would be correct. We gave you a pretty big hint in the cover photo. It is the Blue Front Inn that is located on Main St. in Mammoth. Many years ago, before the current Highway 77 was established, folks traveling through Mammoth had to take Main St. through the heart of Mammoth on their way to other destinations. The Blue Front Inn was a great place to stop for libations and a spot of dancing. It has been closed for many years, although it still sports the beautiful powder blue paint job marking it as a landmark in this Copper Corridor town. The Nugget has been taking our readers on a journey through the Copper Corridor, helping you to 'Get Lost.' We hope you continue to travel with us.

John Hernandez | Nugget



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Anemone. Photo Courtesy Boyce Thompson Arboretum

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covered in oaks, \$185,000

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modernized, 3 orim 2 ba, 1770 sq ft, 2 fireplaces, guest house, \$212,000
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Growing community gardens in Globe-Miami

By Andrea Justice Pinal Nugget

The trees in downtown Globe are starting to bloom, wildflowers in Peridot are showing off their colors, and the rainy days of March are pointing to the coming of spring. It's time again to work the soil and plant seeds for future gardens that will one day produce much needed vegetables for the community.

Volunteers from the non-profit group Copper Canyon Community Gardens know all to well the importance of bringing fresh produce to Globe-Miami's food desert. Their mission is simple: Build gardens that produce healthy food. What started out as a basic idea has grown into two gardens in the ground and a third on launch. Each project with its individual goals benefits the community by promoting education, unity, and self-sustainability.

Local soil scientist Paul Buck is one of the founding members of CCCG. Buck has been busy rounding up weekend volunteers that aren't afraid to get their hands dirty. "It's really a group effort," said Buck. "As far as the gardens go, we have worked on our own cash flow for the Nob Hill garden with a donation from the Balaam's." The Nob Hill garden is located behind the Nob Hill Grocery Store at 339 N. Devereaux St. in Globe, JP Cruz, the owner of the Nob Hill Grocery Store, donated the property to be utilized by the neighborhood since he had no other plans for the land at this time. "Nob Hill Garden's goal is to help neighbors get to know one another and create a space for people to be together and relax without the strains of private property and assumptions of others," said Buck. "As far as what is grown, we hope that people from the neighborhood feel free to grow whatever produce they would like and the produce is for their own consumption."

The CCCG will be planting a couple of plots at the Nob Hill site for sales at the Globe-Miami Farmer's Market this summer. "We are looking to grow as much of a variety of produce as the space allows completely chemical free," said Buck. "We plan of using 'green' methods of insect and disease control." Buck also added that after speaking with Farmer's Market Manager Holly Brantley, there is a need at the market for fresh tomatoes.

The Globe Education Center is also hooking up with CCCG and moving their natural science class to the Nob Hill site. "We will be instructing the students on gardening, soils and other earth sciences on Friday afternoons this spring," said Buck.

The other garden is located at the Globe-Miami Food Bank. The food bank is funding the infrastructure on their property and according to Buck is a demonstration of self-sustainability. "We want to see how much of the produce the food bank will use in their weekly baskets," said Buck. "This is to see if the cost of business is decreased and the quality of food is increased by not utilizing canned or imported products." He added that this will entirely depend upon the food bank



The Copper Canyon Community
Gardens group has been hard at work
on this community garden located
behind the Nob Hill Grocery Store in
Globe. After a recent weekend work
party the group has two garden beds
sifted and free of clay and rocks. They
are getting ready for seeding and
planning on building a retaining wall for
the garden.

Andrea Justice | Nugget

utilizing recipients as volunteers to help run the garden since all of the CCCG volunteers have full time jobs.

The third garden is still it's planning stages. It will located at Miami High School and will be launched in the fall. "We are working with Principal Glen Lineberry to begin establishing agriculture and engineering courses through school," said Buck. "We look to plant produce

to use in the cafeteria along with orchard trees for fruit/nuts and landscaping to showcase the whole project."

The Copper Canyon Community Gardens is always looking for hardworking volunteers. For more information on how to join the group visit their facebook page at www.facebook.com/AZC-CCG or email the group at azcccg@outlook.com. Interested volunteers can also call 928-812-3208.



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a national union federation. the Industrial Workers of the World (IWW). The WFM would leave the IWW in 1907. They would become the International Union of Mine, Mill and Smelter Workers in 1916. the confusion was that a communist front union emerged the representative of 1200 workers by a margin of not more than 13 votes and possibly three votes". The group

On Oct. 18, 1956 the election was held with Mine Mill winning the right to represent the mine workers including five other craft unions, the Boilermakers, Electricians, Teamsters, Painters and Railroad Workers. The International association of Machinists elected to not join the coalition and represented themselves. Mine Mill received 600 votes to 479 for the Steel Workers. Seven craft unions 313 votes with 142 "no union" votes while 39 votes were challenged. Of the 1,654 employees eligible to vote, there were 1,573 votes

A group of 86 of 101 workers from the smelter signed and sent petitions to the National

Labor Relations Board and temporary president of the letters to their congressmen group said, "It is the feeling protesting irregularities in the and desire of 86 men of the election and saying they did smelter that we do not want to not want to be associated with associate with Mine Mill in any the Mine Mill Union. They form. We are all good Amerieven sent a telegram to Presicans and we want nothing to dent Eisenhower complaining do with an organization that of pre-election confusion in has such a long reputation of the balloting process. The teleinvolvement with Communism gram stated, "The net result of and which has not cleared

itself."

Continued from Page 5

The protested election delaved the certification of the Mine Mill local. Around the third week of November, 1956, Jack Marcotti who led the organizational drive for Mine Mill in San Manuel was indicted along with 13 other national Mine Mill leaders by a Federal grand jury in Denver, Colo. on charges of conspiracy to defraud the United States government. Marcotti who lived in Tucson denied the charges and said it was not an attack on him personally nor the others listed on the indictment. "It

is an attack on the Mine Mill and Smelter Workers Union by the reactionary forces, such as those that can be found in Attorney General Brownwell's office, among backward employers in the American Mining Congress, and in the raiding Steelworkers union which has been trying unsuccessfully for years to take over Mine Mill's jurisdiction in the copper mining industry." Marcotti added "I feel that the only way I could have possibly been accused is through testimony of such a stoolpigeon as the self admitted ex-communist Warren Horrie who was fired by Mine Mill several years ago and has since been working for the Steelworkers union in San Manuel where Mine Mill recently defeated the Steelworkers union in an NLRB election."

Warren Horie was the international representative for the Steelworkers and had been working in San Manuel helping organize before the NLRB election. He had confessed to being a communist one year earlier and was now fighting them. Jack Marcotti posted a \$5,000 bond and was released. He would return to his position as regional director at Mine Mill and begin fighting to get Mine Mill certified and preparing for the first contract negotiations with San Manuel Copper Corporation. The government would drag out the indictments and trial for years. It would become one of a number of mining corporation and Federal government legal attacks against Mine Mill from the 1940s to the 1960s that became known as the "Mine Mill Conspiracy Case".

The protesting smelter group would be chartered by the United Steel Workers of America, AFL-CIO and became San Manuel Copper Workers Industrial Local Union 4968, although they had no negotiating authority. Charles Wilson was elected President, Arnold Lucero Vice President and

Continued on page 11



filed for a charter to form a

committee members elected

to organize the local were

William Seeley of Tucson,

Riley Smith, Mammoth, Ted

Archer, Oracle, Llovd Boulden,

Tucson, Frank Archer, Oracle,

Fred Pennington, Oracle and

Don Caraway, San Manuel.

Charles Wilson of the San

Manuel Trailer Park and the

local Steel Workers Union. The

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UNION TALKS

Continued from Page 10

Mitchel Puhara Treasurer. In January, 1957 the Steelworkers dropped their protest amid a report by the National Labor Relations Board that said the four major objections by the Steelworkers were without merit and should be overruled and the "unions which received a majority of the votes cast in the various groups be certified". A few days later the International Union of Mine, Mill and Smelter Workers officially chartered Local 937 at San Manuel Copper Corporation. It would pave the way for contract negotiations to begin and for union organizing at Magma in Superior.

On Jan. 31, 1957 the first union and management negotiations began. The Mine Mill union negotiators were the chairman and financial secretary of the local Nick Key and Aaron Lee. The international representatives were Al Skinner, Joe B. Chavez, Rudolfo Garcia, and Jack Marcotti. Representing the San **Manuel Copper Corporation** were Frank Buchella, general manager and C. Leo Guyn, the company's general consul.

Negotiations went on for 13 weeks. Mine Mill complained that the company was dragging out the negotiations taking to much time to respond to the union's proposals. President of Mine Mill Nick Key announced that on May 9, 1957 a strike vote would be taken at the Mine Mill office in Mammoth and the Mine Mill Hall on Stone Avenue in Tucson. On May 9, 98 percent of Mine Mill members voted to approve a strike if the company negotiations continued to be delayed. A Federal Mediator W.E. Halloran was called in to oversee negotiations. On the first week of June the contract was settled between the Mine Mill and craft unions coalition. The Machinists Union settlement followed shortly after. No strike was necessary. After four months of hard

negotiating with the San Manuel Copper Corporation, the unions won six cents per hour raise, pension plan, vacation time plus health insurance which included employees in Tucson being allowed to see doctors in Tucson instead of using the San Manuel company hospital. The contract was in line with the national copper industry standards. The contract would last until July 1, 1959 when it would expire. The accusations of communism would continue as did the rivalry between the Steelworkers and Mine Mill and their struggle with the mining companies.

Next: Part II, "The 1959 Strike and more communists in San Manuel"







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