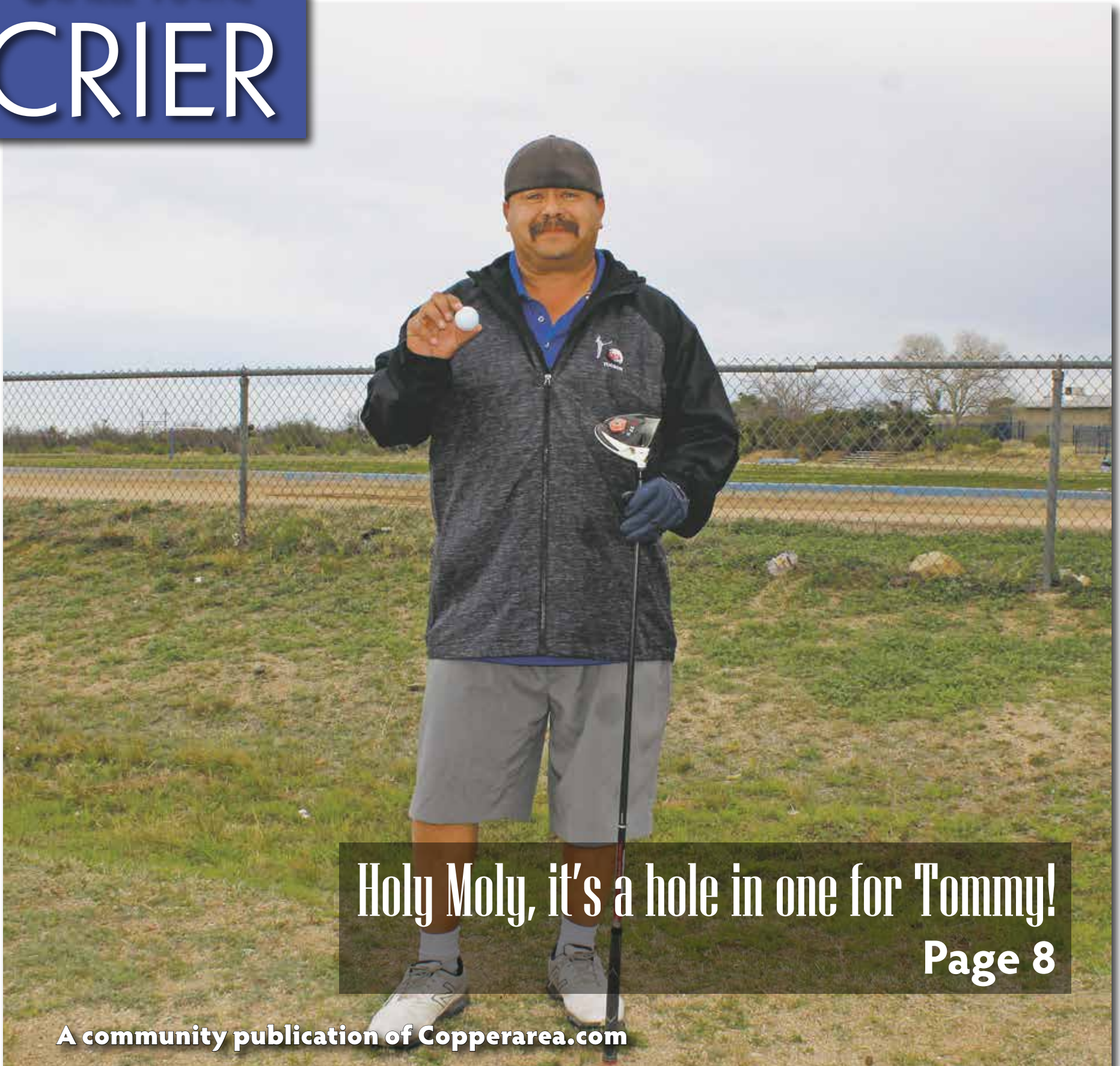


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John Hernandez | Crier



**Holy Moly, it's a hole in one for Tommy!**  
**Page 8**

**A community publication of Copperarea.com**

## OBITUARY

# Jack Egan

Jack Egan, a long time Oracle resident, passed away March 1, 2017.

Jack was born in Missouri in 1930. His parents were ministers and they moved around some before they settled in Alabama where Jack attended school through high school and one year of college.

He joined the Air Force in 1950. Shortly after joining he contracted Polio and spent many long months in the hospital recuperating. Eventually he was feeling strong

enough to go back to school and started down at the University in Miami, Florida.

He attended there another semester then he went to Chicago and he and Pat were married in 1953. He proposed at her Senior Prom! They spent one year in Miami, continuing Jack's education and then moved to Alabama for 2 years where Tim and Sue were born.

In 1956, the family moved to Tucson and Jack was attending the University of Arizona when Casey was born. Jack received his Masters Degree from the U of A and they moved to San Manuel where Jeff was born and Jack started at San Manuel High School as the counselor.

They moved to Oracle in 1960. Eventually Julie came along and now the family was complete.

Jack remained counselor in San Manuel for over 30 years and had many wonderful memories.

Jack is survived by his wife, Pat, and his children, Timothy (Mechelle), Susan (Camille), Casey and Julie (Kurt); his loving grandchildren, Lynsi (Panch), Tyler,

Jeff, Josh, Alexis, Kyle, Emelia and Caity; and his great-grandsons, Aiden, Rowen, Kain and Dylan. He is preceded in death by his son, Jeff; his sister, Awedrene; and his parents.

Services will be held at Living Word Chapel in Oracle on Tuesday, March 14, 2017 at 6 p.m.

The family asks that in lieu of flowers or food, contributions can be made to the Jack Egan Memorial Scholarship Fund for San Manuel High School, Mammoth-San Manuel Foundation, P.O. Box 406, San Manuel, AZ 85631. Please make checks out to Mammoth-San Manuel Foundation and write Jack Egan in the memo line. Contributions can also be dropped off at School's District Office in San Manuel to Mandy or GoFundMe.com under Jack Egan Memorial Scholarship (bit.ly/JackEgan).



## Oracle Towne Crier

James Carnes.....Publisher  
Jennifer Carnes..... Managing Editor  
Michael Carnes.....General Manager  
John Hernandez.....Reporter  
James Hodl.....Reporter

Email:

Submissions & Letters: editor@MinerSunBasin.com

Advertising & Questions:  
michaeltc@MinerSunBasin.com

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OBITUARY

# Rudy Navarro

Rudy Navarro, 87, loving husband, father and grandfather, passed away peacefully at his home in Oracle AZ, surrounded by his children, grandchildren, and great-grandchildren on Tuesday, Feb. 14, 2017.

Rudy was born on Aug. 9, 1929, in Jerome, AZ, to Jose and Jesus Navarro. He was the 6th of 10 children. At the age of 12, Rudy moved to Cupertino, CA, with his family where he went to school and worked in the fields to help support his family. He loved school and knew the importance of a good education, which he passed on to his family. Rudy graduated from high school and attended 2 years of college. Rudy then enlisted in the Air Force where he served his country for 4 years. When his term of service was done, Rudy took his mother to visit an older sister in Cottonwood, AZ, in 1955. There he met the love of his life, Mary Manriquez (Navarro) whom he married 6 months later on Dec. 31, 1955. They were married for 55 1/2 years, until Mary's death on May 31, 2011. Rudy and Mary were wonderful parents to 6 children whom they loved, cared for and guided to be good and honest people. They always encouraged them to continue their education.

In 1955, Rudy began his employment at

Magma Copper Mine and continued to work there for 33 years until his retirement. He worked underground as a General Mechanic Foreman.

Rudy and Mary Navarro had a large and loving family. Rudy is survived by his children, Irma Dietz (Alex); Veronica (Lulu) Acevedo (Henry); Lydia (BeBe) Molina; Anna Marie (Missy) Arvizu (Willie); Rudy Navarro (Diana); and Rebecca (Becky) Strand (Brent); his 17 grandchildren, and 21 great-grandchildren. Rudy is also survived by sisters, Martha Cabrera (Joe); Irene (Renee) Navarro; and numerous nieces and nephews.

Rudy loved to hunt and fish and enjoyed being outdoors. He was an accomplished mechanic having worked on every car he owned. He was also an avid gardener, having planted a vegetable garden every year for more than 30 years. Rudy loved spending time with his large family.

A memorial service celebrating Rudy Navarro's life was held on Saturday, Feb. 25, 2017, at the Living Word Chapel, 3941 Highway 77, Oracle, AZ. Interment was at the Oracle Cemetery.

The family would like to express their thanks to their family and friends for their love and support.

Griffith Mortuary is providing exceptional family service. 101 Johnston Dr., Kearny, AZ 85137. Ph. (520) 363-5353. GriffithMortuary.com.



## Making Miracle Mornings

**W**e all have days where we "wake-up on the wrong side of the bed" feeling rushed, grouchy, and uninspired. Compare that to a morning when we have time to relax, take a walk, read or watch the sunrise. Our thoughts and actions on rising clearly affect our attitude for the entire day.

Here is a fun approach to creating a better morning, and therefore a better day (and life). Hal Elrod created a morning ritual he dubbed "Life-S.A.V.E.R.S." to help him get up and get going after experiencing devastating physical and financial troubles. His book, *Miracle*

Continued on page 7



### SELF-HEALING

By John Huntington  
Special to the Crier

**A SALUTE TO WOMEN WHO RESPECT**

Wednesday, Mar 1, 7:30 PM

**Theories, Models, and Data**  
Presenter: Kobus Barnard  
Professor, Computer Science  
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Saturday, Mar 18, 7:30 PM

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## DIAPER BAG

# Family First Pregnancy Care Center: Outside for a Walk

Growing up in rural Ohio, the winters seemed unending, with the snow and cold I remember being indoors for a lot of the time. There were 7 of us kids in our family, so “cabin fever” seemed to come on early in winter. My mother with all her wisdom knew she had to separate us kids so we didn’t kill each other! She would tell us why don’t you go outside for a walk? Maybe it was just her way of saying you kids are driving me crazy, only a mother knows?! But there was something about going outside, the cool fresh air, with the snow glistening as the sun would shine on it sparkled like diamonds, I will never forget it.

You know, getting outside away from your immediate surroundings indoors, seems to clear the cobwebs out of your head. It could be 10 degrees out, with the ground covered with snow, but when spring came, the daffodils and crocus flowers would start to poke up through the snow. It was as if they knew, no matter what it looked like outside, it was time for spring, time to blossom, time for new growth! That walk seemed to put everything in a better prospective, and the faster we walked the less cold it seemed outside, sometimes the walk would turn into a run, like a horse getting out of the barn, there was no

holding us back! I think there is nothing better for our health than a good long walk!

I am not sure how it came about that this wonderful time turned into a political statement for us on things we like or don’t like, we have walks against this or for that, it has taken all the fun out of it! For me a walk is still that time to get out, enjoy the fresh air, enjoy the open spaces and look at the beautiful world God has created for us, a time to celebrate life!

It is in this spirit that all of us at Family First are going to take a walk! We are having a walk to celebrate life, a walk for life! It will be to celebrate mothers and fathers, the young children and teens, to celebrate the family! We celebrate all the children, those born into a family, those in foster care, and those children that are adopted into a new family! It will be a walk to celebrate the community we live in, to look outside of our immediate surroundings, to look outside of problems we may face and maybe open our eyes to see someone else here in our community!

We invite you join us, Saturday, March 18, from 8-10 a.m. and March for our community. We will be meeting at Family First Oracle office at 1575 W. American Ave. We will have a cake to celebrate the day along with all the

fresh air you can take in! Its springtime, winter is over, time to get out and enjoy the great outdoors!

God Bless,  
/s/ **Frank and Clare**



**Dr. Richard Lewis of the Fishkind, Bakewell & Maltzman Eye Care and Surgery Center in Tucson is one of the doctors who helps those in need of eye care.**

## Arizona Medical Eye Unit to visit Oracle

Oracle - The Arizona Medical Eye Unit from the Lions Vision Center, Inc. will be giving Ophthalmological Medical Eye Examinations in Oracle at the Sun Life Medical building on American Ave. on March 23. The requested donation per patient is \$40. Call 520-896-9657 for an appointment.

Sponsors in Oracle are Circle of Friends. The Arizona Ophthalmological Society provided the funding for the 2012 Ford F-350 truck. The Arizona Medical Eye Unit is sponsored by the Arizona Ophthalmological Society. Arizona Ophthalmologists in private practice volunteer their time on the “Unit” and receive no remuneration. Dr. Bakewell will be giving the exams for this visit.

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Arizona Water Company's Shavaun and Roberta take a break from their work to smile for the camera. Looks like they like their new digs.

John Hernandez | Copper Area News



Voices in the Oaks Chorale practicing at the Oracle Center for the Arts.

## Voices in the Oaks Chorale will resume rehearsals on March 9

The Voices in the Oaks Chorale, a community chorus sponsored by the Oracle Piano Society, will resume rehearsals for its spring session, beginning Thursday, March 9 at the Oracle Center for the Arts (OrCA). Rehearsals will culminate in a performance presented on Sunday, May 21, 3 p.m. at OrCA.

The Voices in the Oaks is a non-auditioned community chorus, presenting two concerts a year – one in the spring and one in the fall. The chorus is open to all singers, aged 16 and above. Music-reading skills are helpful, but are not a strict requirement. All who enjoy singing in a choral setting are welcome.

Rehearsals will be held at OrCA, 700 E Kingston Street in Oracle every Thursday evening from 6-8 p.m. There is a required \$50 participation fee, which is used to cover the cost of sheet music and the rehearsal accompanist for the spring session. This spring's theme is Classic Broadway. The Chorus will learn and present samples of Broadway Musicals from each decade spanning from the 1920s to the 1980s.

For more information, or to join the Voices in the Oaks Chorale, contact Choral Director, Mary Huebner via email: huebner@oraclepianosociety.org or phone: 520-896-2808.

# Arizona Water Co. relocates to new office in Oracle

By John Hernandez  
Copper Area News

On Monday, Feb. 27, 2017, the Arizona Water Company's new Operations Center opened in Oracle. The San Manuel office is now closed.

The Oracle Operations Center is located at 670 E. American Avenue. The new

center will allow Arizona Water Company to better serve their customers in the growing Oracle/SaddleBrooke Ranch, San Manuel and Winkelman areas.

The official Grand Opening celebration of the Oracle Operations Center will be held on Tuesday, March 21, 2017 at 10 a.m. It is open to the public and refreshments will be served.



Arizona Water Company's new office.

John Hernandez | Copper Area News



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# Achoo! Dealing with Arizona Allergies

Spring is here and pollen is in the air. For some of us this means allergies, sometimes referred to as hay fever. This is an interesting term since it has nothing to do with hay or fever. It refers to environmental allergies.

What people commonly associate with allergies is a lot of sneezing and itchy eyes. These symptoms are the result of histamines that are released from the mucous membranes (the soft, moist tissues in our bodies). This histamine release is signaled by the immune system. There is a part of the immune

system that creates antibodies that target specific invading agents. Usually these "invading agents" are bacteria. Each line of antibodies is designed specifically for a particular invading agent.

Allergies are the result of our immune system mistakenly identifying pollen as a potentially harmful invading agent requiring an antibody. Once it creates a line of antibodies specific for a particular pollen, it will continue producing those antibodies for the rest of our lives. They will always be on guard looking for their pollen counterpart.

So, for the rest of our lives, whenever we come in contact with that particular pollen, the immune system will send out the matching antibody that will attach to the pollen. This coupled antibody-pollen complex will then land on mucous membranes and trigger the release of the symptom producing histamines.

An irony here is that one of the results of the histamine release is inflamed mucous membrane tissue. The more inflamed the tissue is, the more likely that other pollens will "invade" our bodies through these inflamed tissues and trigger more allergies.

Since it is almost impossible to persuade the immune system to cease in their unnecessary protection against otherwise harmless pollen, treatment becomes a matter of management of symptoms rather than cure. Thus we have the abundance of over-the-counter anti-histamines on the market these days.

Management of hay fever type allergies consists of avoiding exposure to the pollen and blocking the release of the histamines. Avoiding pollen is tricky. You can move away during allergy season. You can lock yourself in a bubble by keeping the windows rolled up. And, you can wash off the pollen from your hands and face each time you enter a building.

Blocking the histamine response is a bit easier, though over-the-counter anti-histamines often carry some side



## HEALTH ISSUES

By Dr. Michael Miles  
Special to the Crier

effects. There are herbal formulas that may accomplish the same effect without the side effects. Consider quercetin or hisperidin plus bromelain on an empty stomach as a management tool.

Injectable vaccines are available to help control the initial immune related antibody release. Recently, a strategy of low-dose vaccines has been developed. This is an ongoing trend in the medical world where extremely low doses of a substance is given that will trigger an internal response in the body rather than relying on the substance itself as the agent of treatment.

Along this line of strategy are homeopathic remedies that may help. Homeopathy is a branch of medicine that works much like vaccines. The remedies are very dilute substances that one usually places under the tongue. These remedies act like anti-antibodies. They "re-educate" the immune system to not attack the pollen that enters the body. Without the antibody-pollen complex there will be no histamine related symptoms; no runny nose, no itchy eyes, no sneezing.

As you can see, hay fever is a case of an over zealous immune system protecting you against substances that you don't want to be protected against nor need to be protected against. Vaccines are sometimes effective at "re-educating" the immune system, though often allergies are another instance where life long management of the symptoms is the most effective approach.

Dr. Michael Miles' Clinic is located at 15601 N. Oracle Rd. in Catalina behind Golf Cars of Arizona. You can learn more about the Catalina Clinic and Dr. Miles by visiting the website: [www.catalinaclinic.com](http://www.catalinaclinic.com). To contact Dr. Miles or make an appointment at the clinic call 520-825-8100.



'Tis the season ... for allergies.



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- **Custom home** with full partially finished basement. Vaulted ceilings, kitchen with SS, granite, island & dining area. Screened porch. Saltwater pool and grotto. 2.26 acres with mtn views. \$295,000. MLS #21627209
- **DW 3 bedroom Mobile home** on 1.4 acres with views with double garage \$129,000. MLS # 21618793
- **Charming Beyond Belief** Restored back to its 1940 Craftsman style with new kitchen, bathroom, doors and windows. 1.25 acres with chicken coop and detached garage workshop. Must see! \$179,000 MLS # 21702148
- **Mountain views 4 bed, 2 1/2 bath, 2,404 sq. ft.** plus a 1,244 sq. ft. basement, 34 x 27 detached garage on 6.85 ac. \$395,000. MLS # 21328592

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- **7.14 ac** Stunning 360 degree views. Homes or mobiles. Horse property. Large mature oak trees, motivated seller. Bring all offers. \$135,000
- **Fence**, .33 acre lot, septic installed, mature trees, utilities at lot line. \$39,000
- **Views, views, views!** Very secluded area, well share, horse property, homes or mobiles. 4 ac. \$49,000.
- **49 ac commercial lot on American Ave.** in Oracle, excellent location with good traffic for a business. \$82,000.
- **Choose your own parcel** from 1.25 to 3.75 ac., flat, easy to build on, utilities at street. \$79,900 to \$199,000.
- **.69 ac, unique property** among custom built homes, \$49,900.
- **4 lots**, custom home area, submit offers. 2 at \$32,000, \$45,000 or \$75,000.

### San Manuel

- **Well-kept 3 BD home** on an extra-large corner lot! Walking distance to all shops. New paint, tile & upgraded electrical/furnace! Additional storage pantry, outdoor shed & extra parking. Huge backyard with privacy fencing. \$62,000 MLS # 21704525
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- **Lovely 2 bd 1 ba**, wood kitchen cabinets, new A/C and furnace installed August 2015, fenced yard. \$46,000 MLS # 21524434
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### Surrounding Area

- **Great Investment Opportunity!** 212 - 228 S. Main St. Mammoth. Includes 11 rental spaces, 5 spaces are currently rented. Seller may carry. \$147,750.
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8869 S. Glenrio Rd. Dudleyville MLS#: 21631673  
GORGEOUS 2400 SQ FT home on beautiful 1.33 acres covered in mature mesquite trees! It just doesn't get any nicer or affordable than this 4 bdrm, 2 bath home. Vaulted ceilings, tape and textured, new wood flooring and carpet throughout. Recently painted. Perfect for horses, chickens, ATVs and other toys. Great well for gardening and home use. Dual heating and cooling. This property has it all. OWNER-AGENT **\$135,000**



109 E. 2nd Ave, Mammoth  
MLS#: 21514927

Nice well kept home, new carpet in 2012 newer paint inside and out. Detached 1 car garage with electric, and 1 car carport. central A/C fenced front and back yard. Great views. **\$72,900**

# MIRACLE MORNINGS

Continued from page 3

*Mornings*, details the simple and well-known self-help practices he says saved his life.

Hal listed the actions he added to his mornings in the acronym “S.A.V.E.R.S.”. After a gentle stretch in bed, a glass of water, teeth brushed and face washed, he suggests taking some time for the following ideas:

**S** is for silence. Taking a few minutes to just sit quietly helps us to relax and access greater clarity. We are conditioned to “Do” (work and strive) in order to “Have” (possessions and prestige) so we can finally “Be” (“successful”, and finally happy and relaxed). Might as well go for happy and relaxed first and save all the other stress!

**A** is for Affirmations. Reviewing our personal worth and abilities helps awaken and strengthen them, and reminds us of our value.

**V** is for Visualization. See what you want, whether physical or mental/spiritual, and feel as though it is already accomplished. This is way more fun than looking

at future fears and past failures.

**E** is for exercise. From gentle stretching and simple calisthenics, to a full out walk or run, getting the body moving and the lungs working is a surprising assist to better spirits.

**R** is for Reading. Reading inspires, informs and gives us the power to change.

**S** is for Scribing. Here he means Writing, but he needed the “S” scribing provides! Journaling our hopes, fears and things we are grateful for is a time-tested self-help measure.

Give it a try. The author started with 10 minutes in each area, but has done all six in just six minutes. The habit will build and you will find it easier to think in a manner that gives you greater hope, enthusiasm and perseverance.

*Dr. Huntington practices Chiropractic, Biomedical Acupuncture and Physiotherapy in Oracle, Az. 520-896-9844 [huntingtonchiro@hotmail.com](mailto:huntingtonchiro@hotmail.com).*

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# Tommy Chavez: A hole in one for the ages

By John Hernandez  
Copper Area News

In the game of golf, a hole in one is a rarity. A hole in one is usually made on \*Par 3 holes, the shorter holes of a golf course. Although skill increases the chances of an ace, as a hole in one is also known, an element of luck is involved.

On Feb. 25, 2017 Tommy Chavez of Oracle was the lucky golfer who made a hole in one at the del Lago Golf Club in Vail, Arizona.

What is unusual about the shot that Tommy made, was that it happened on a Par 4 hole which is even more of a rarity. Tommy was playing with the Southern Arizona Men's Golf Club. He was teamed up with Robert Bryant, Bruce Clayton and Martin Pereyda. Tommy called it a "crazy day". He said that usually the wind is blowing 15 to 30 miles an hour on the course but on this day the winds were calm. The foursome got to the 8th hole, a 302-yard Par 4.

Tommy's three partners all laid up on their drives. Tommy pulled his driver out

and Bruce said, "You're going to go for the green." When Tommy said yes, Bruce added, "This I want to see."

Tommy drove his shot right at the flag on the green. He jokingly told Bruce, "It's in the hole." On their second shots, his three partners failed to get the ball on the green. When they arrived at the green, they did not see Tommy's ball anywhere. Tommy went and looked in the hole. There it was! Tommy yelled, "Thank you, God, a hole in one!" His partners were excited for him.

Tommy is the son of Felix and Maria Chavez of Oracle, Arizona. He grew up playing golf at the course in Hayden.

"I am just a small time golfer from Oracle," Tommy said. So for him, the hole in one "was like winning the lottery or the U.S. Open golf tournament."

Tommy ended up shooting a score of 67, five under Par.

"It was a beautiful day," he added. He will be playing in the Mammoth-San Manuel Education Foundation benefit golf tournament at the Hayden golf course on Saturday, March 11. Come by and congratulate him. Congratulations,

Tommy, on a phenomenal golf shot!  
\*Note from the Editor: So for those of us out there who aren't golfers, "Par is the predetermined number of strokes that a scratch (or 0 handicap) golfer should require to complete a hole, a round (the

sum of the pars of the played holes), or a tournament (the sum of the pars of each round)." I had to look that one up on Google. If you want to know more about where the term "Par" came from, visit bit.ly/2mWTEvP.



Tommy Chavez with the hole in one ball! Congratulations, Tommy!

John Hernandez | Copper Area

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