The Benefits of Meditation

ow does one define self-control? Are we controlling action or thought or both? Which occurs first? Understanding the complexity of how the mind works continues to baffle scientists. Understanding the conscious reactive mind vs. the subconscious instinctive mind is certainly a source of confusion for many of us. As a Martial Artist, my concern has always been focused on training my mind to react logically rather than emotionally. This can take

NUGGET

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a lifetime – trust me on this! Confronting someone who is verbally or physically threatening can evoke all sorts of emotion and remaining calm enough to respond appropriately requires a composure that many would find difficult to endure. So, where does meditation fit in?

Think of all the thoughts that bombard your brain at any given moment. Without some attempt at constraint, it can cause confusion, fatigue, distraction, and even madness. Without consciously knowing it, we constantly struggle to filter and clarify important, meaningful thoughts from random meanderings. We often seek activities that help us filter and restrict the number of thoughts we are receiving. Most of these activities are focused on solitude, i.e. hiking, fishing, gardening, reading, and...meditating. We are just trying to get the mind to rest. When all else fails, we hope that sleep will do the job.

Meditation is simply an attempt at reducing thought. It is nearly impossible to eliminate thought completely (although some may take issue with my assessment based on their own interactions with people), since even thinking about nothing is thinking about something. Find time to quietly, consciously reduce thought. Ten minutes three to four days a week is a

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good starting point. Close your eves. Breathe deeply and think only of that. Do not expect to get immediate results. I like to use this example: imagine you were exercising and out of breathe – it will take time to control your heart rate and panting breath – so it is with meditation. Repeat your



SELF-DEFENSI

By Steve Weber Special to the Nugget

attempt to quite the mind often enough and slowly you will recognize a reduction of the intensity of thinking activity.

Mr. Weber is the chief instructor at the Aikido Academy of Self-Defense located at 16134 N. Oracle Rd., in Catalina. He has more than 45 years of experience in the Martial Arts and has achieved skills in a variety of disciplines. He also teaches Tai-Chi on Saturday from 9 to 10 a.m.

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Does Our Trust in Medical Interventions Cause Harm?

hink of what goes through your mind when buying a car or listening to TV ads for the latest super-supplements, workout programs or wrinkle removers.

Our healthy shield of skepticism urges us to be careful, to take the info with a "grain of salt", look into the subject a bit, and then even sleep on it before making a decision.

According to a recent study out of Australia, this skepticism evaporates when making decisions on medical interventions. The researchers reviewed patient expectations regarding various medical treatments, tests and screening methods and compared those with the latest evidence on the actual known benefits and risks.

They found patients over-estimate the benefits and under-estimate the risk of many medical approaches. The researchers were blunt: "Most people have naïve optimism about medical care."

They went on to say people have "set a halo" around medical care and that in marketing terms, medical care has a "...dream sell: our 'product' is thought to be far better than it really is."

You can find these same patient confusions on benefits and risks in the spine care field. Look at the millions of opioid prescriptions (oxycontin, etc., really a synthetic heroin) and the havoc it has brought. These drugs killed 18 American women per day in 2010. The number of prescription for these drugs has dropped slightly since then, but deaths are continuing to climb according to recent data from the White House. Addiction to street heroin has rapidly risen as a result of these prescriptions, as it is actually cheaper than prescription versions. Similar concerns exist for extensive use



By John Huntington Special to the Nugget

of surgery and spinal injections. These procedures continue to climb in usage for questionable diagnoses, with less than hoped for results.

The researchers, Drs. Hoffman and Del Mar, said these patient perceptions need to be emphasized during physician training, as well as insuring doctors themselves are more aware of risk/benefits of tests and procedures and can communicate those to the patient.

So, how about this? Let's increase our trust, let's ramp-up a blind-faith, not in some new drug, device or surgical approach, but in the fact that health is our native state. Eat a real food diet with fewer grains and sugars, sit less and move more, stop worrying (Stop It!), get outside in the sunshine and fresh air - and watch what happens!

Dr. Huntington practices Chiropractic, Biomedical Acupuncture and Physiotherapy in Oracle, Az. 520-896-9844 huntingtonchiro@ hotmail.com.

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Saturday, April 11, 2015 - Southern Arizona Symphony Orchestra - 7:30pm. Michael Kiefer: Psalm 22. Martinu: Rhapsody-Concerto. Hong-Mei Xiao, viola. Khachaturian: Masquerade Suite. \$24 inclusive \$26 door.



Saturday, April 25, 2015 - Strait Country, A Tribute to George Strait - 7:30pm. Starring Kevin Sterner. Kevin Sterner and Strait Country, the critically acclaimed "Tribute to the music of George Strait" is built around Kevin's vocal style, which is very similar to George Strait's. Featuring Rich Brennion on pedal steel guitar and Bill Emrie on fiddle. Rounding out the six-piece band is Steve Wendling on bass and harmony vocals, Dennis Van Vactor on keyboards and Ralph



Gilmore on drums and harmony vocals. The concert showcases hit after hit from an amazing 58 Number One Hits and 83 Top Ten Hits. Join us for an exciting evening of George Strait's hits performed by a group privileged to share his music. \$22 inclusive \$25 door

Saturday, May 2, 2015 - Tucson Jazz Institute Ellington Band - 7:30pm. Congratulations! Tucson Jazz Institute Ellington Band was voted Number One at the Essentially Ellington Festival and Competition in New York. Doug Tidaback, Director, claims that students are raising the bar of this Competition year after year. Join us as we welcome our national winners



back to our stage for a night to remember! \$25 inclusive \$30 door.

Wednesday, May 6, 2015 - Sons of the Pioneers - 7:30 pm. For over 75 continuous years the Sons of the Pioneers have been "America's Premiere Western **Singing Group** of all time" (as described by the Western Music Hall of Fame). Elected to the Country Music Hall of Fame, Cowboy Hall of Fame, Western Music Hall of Fame,



Texas Swing Hall of Fame and designated a National Treasure by the Smithsonian Institution, the Pioneers signature songs "Cool Water" and "Tumbling Tumbleweeds" were placed in the Grammy Hall of Fame. Founded by Roy Rogers and the gifted songwriters Bob Nolan and Tim Spencer. \$30 inclusive \$35 door.

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Annual Oracle Artist Studio Tour

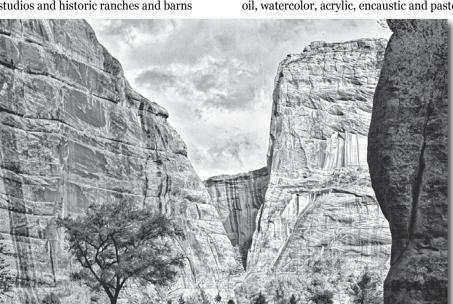
Oracle - Oracle, an art center for more than 50 years, is again showing its hospitality to locals and visitors alike as the town artists and artisans welcome the public to their annual Studio Tour; this year, scheduled for Saturday and Sunday, April 11 and 12.

Stop by the Visitor and Welcome Center, 1470 American Avenue, across from the Fire Station, to pick up a self-guiding map and see examples of work by participating artists. The tour hours are between 10 a.m. - 5 p.m, both days.



'Windswept House' by Andrew Rush

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'Canyon De Chelly' by James Cowlin

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where you can see and buy work directly from the artists. You will find paintings in oil, watercolor, acrylic, encaustic and pastels, sculpture in steel, found objects and clay, functional and art pottery, custom wood furniture, landscape photographs, handmade books and botanical papers. There is jewelry with semi-precious stones in sterling silver and vermeil, lace tapestries, quilts, decoupage candles, fabric wall art, glass work and gourd craft.

Five artists will show at the Triangle L Ranch: Sharon Holnback (glass and iron), Susan Daigneault (beekeeps and copper), Anna Maria Dickinson (oil painting and blocks); Karen Medley (clay and art cards) and Elvia Schwenke (bottles, boxes and jewelry).

At Sunset Vista Studio Betty Thompson and Carol Coonis will show oil paintings. Acadia Ranch Museum will feature work by Belinda Kirkpatrick (acrylic and watercolor), Glennda Neff (pottery), Laura Stiltner (bird feeders, ceramics, jewelry) and Rich Vokoun (gourd craft).

Chris Holleman's studio will show his clocks and lamps of native Arizona woods and Huntting Jessup's presentation boxes and metal sculpture. Karen Guss and Patty Guertin will show watercolor, pastel and ink

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work in the Guss Studio. Gloria Mork and Eileen Bonk will be at Tuesday House with wall hangings and quilts. Carolyn Blair will show her paintings and decorative pieces at her studio.

Four artists will show work at the Creighton Studio: Judith Walsh in encaustic and jewelry, Diana Creighton in oil painting, Joel Nilsson in pottery and Ned Creighton in whimsical steel sculpture. Susie Cochran will show stoneware, watercolors, beargrass baskets and more at Susie's Studio. At

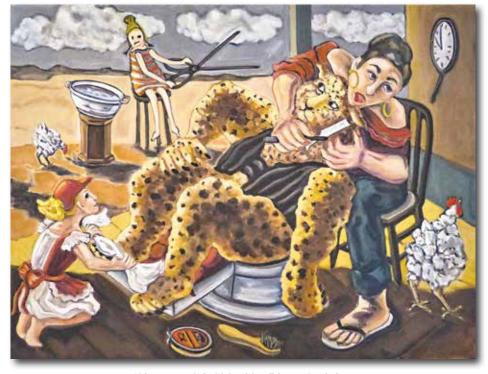


'Emory Oak Lamp' by Christopher Holleman

the Cowlin Studio, Barbara Cowlin will show water-reflection and other paintings



'Destiny' by Sharon Holnback



'Shave-and-A-Shine' by Diana Creighton

in acrylic and Jim Cowlin will show his landscape photographs.

Rancho Linda Vista, the original art community, will have clay sculpture by Joy Fox, intaglio printmaking by Andrew Rush and metal cutout sculpture by Gary Swimmer. Across the road, the rammedearth home of Quentin Branch and Julie Szekely is itself a constantly evolving sculpture.

The Wilson Art Barn will showcase Jill Caid (watercolor), Pat Hardin (landscapes), Carolann Small (fabric hangings and postcards), and Vonnie West (watercolor and acrylic). Colin Budd's studio will feature his wheel-thrown porcelain and other pottery and Alicia Bristow's jewelry and acrylic art.

For more information, visit online at www. oraclestudiotour.com.



'Joshua Tree' by Belinda Kirkpatrick



The Power Shootout interview with

By John Hernandez Pinal Nugget

On Feb. 15, 1918 the *Graham Guardian* newspaper's headline said "OFFICERS KILLED IN BATTLE WITH SLACKERS". The front page told the story of a shootout in the rugged Galiuro Mountains where four men were killed, three of them local lawmen. The gun battle was deadlier than the gunfight at the OK Corral. It would become known as the Power Shootout.

A new documentary film has been made which attempts to find out the truth about what happened that fateful day. Power's War is the name of the film and has been three years in the making. It is directed and produced by Cameron Trejo. Heidi Osselaer is the lead historian for the film project. Cameron and Heidi have spent three years combing archives, interviewing family members and historians, and visiting the Power cabin which still stands today.

The film will be released soon and Cameron and Heidi will be traveling around the country screening the movie. Power's has been officially selected to be screened at the 2015 Maryand Film Festival.

Through the power of Facebook and email, Cameron was interviewed and

talked about the making of the film and gave his insight about the story without giving too much away. You can learn more about Power's War and view the trailer at www.powerswar.com or on Facebook: www.facebook.com/powerswar. The interview follows:

How did you find out about the Power Shootout and what made you interested in the story enough to want to make the documentary film?

My father in law gave me the book Shootout at Dawn about four years ago. The story of the shootout fascinated me! I was even more intrigued however by all of the controversy and questions left unanswered by the book. I began doing some very light research, reaching out to family members of the lawmen that I was able to track down. My interest in producing a film about the Power Shootout really solidified after talking with family members. So many of them told passionate stories of this nearly century old tale! There were too many questions left unanswered - too many rumors - the why was missing from both the Shootout at Dawn and the Evaders.

Who else is helping you with the film and what is their background?

Essential to me from the outset of the

project was ensuring that the story I chose to tell was historically accurate. I set out to find a historian that was well versed in territorial and early 20th century American history. After reaching out to several individuals I was

somehow directed to Heidi Osselaer. Her contribution to the film has been nothing short of amazing. Working alongside Heidi has given me a great appreciation and love for history, as well as a tremendous amount of clarity in telling the story of



Cameron Trejo, director



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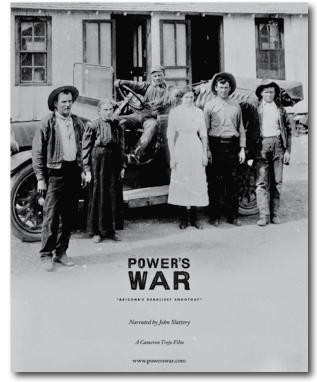
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Power's War poster, courtesy Cameron Trejo.

Cameron Trejo

the shootout. This film would be nothing without Heidi Osselaer.

My long time collaborator and business partner Dagen Merrill co-produced the film with me. Dagen is an extremely talented creatie and he has contributed to the entire process, writing, editorial, as well as three different hikes down into Power Garden/Cabin.

Dodge Billingsley, an award winning documentarian and Arizona native, helped with the writing of the script - a monumental task. The story I decided to tell was constantly evolving with each interview we shot and each bit of new research that trickled in.

My cinematographer Wesley Johnson lensed all of our historian interviews marvelously. Wesley's father graciously provided a helicopter ride to the Galiuros, where I was able to get my own look at the historic Power Cabin. Wesley also made a trip down to the Galiuros in early 2013.

John Slattery of Mad Men fame narrates the film and we are beyond excited to have him on. I will admit that his name wasn't on the top of my wish list until I heard his work on the audio book A FAREWELL TO ARMS. He is an amazing talent and his read is a perfect match for the tone I've created in my film.

There are scores of others who have contributed including my composer Christopher Brady, time-lapse photographer Dustin Farrell, as well as many production assistants from Eastern Arizona College and Arizona State University. I've also had a tremendous amount of help from archivists and historians from AHS, Arizona State Archives, Arizona State University's library, Graham County Historical Society, Pinal County Historical Society, and so many others. This film has been a massive collaboration between very talented and giving people for which I will be forever grateful.

Tell me about yourself, your education and film background? What films have you made or worked on?

I graduated from Arizona State University in 2003 with a Bachelors of Science in Accountancy from the W.P Carey School of business. My degree has helped me to lay a solid foundation for a production business that has continued to grow since it's inception several years later. I've had the opportunity to shoot on documentary and film projects all over the world. In 2010 I directed a short documentary

entitled REFLECTIONS OF CHRIST that was viewed by over one million people across the globe and later picked up for distribution by Deseret Publishing. The project was so successful that a follow up was commissioned two years later, which I also directed and shot at the historic Copan Ruins in Central America. In 2012 my cinematography on the short film EVERYTHING IS BEAUTIFUL won best cinematography at the DC Shorts Film festival. The past several years have been extremely busy producing national television and web commercial. POWER'S WAR has been a project three years in the making.

How much research and interviews have gone into making the film? Tell me a little about the interviews with family members of the lawmen killed in the shootout. Were you able to interview anyone connected with the Power brothers?

I think it is impossible to quantify the amount of research that has gone into the film. Heidi Osselaer has traveled to four different states, combing through archives, uncovering small details that have provided tremendous insight to this somewhat undocumented story. Archivists from several states also spent a tremendous amount of time fulfilling requests from Heidi and myself. The process was much more involved than I could have ever imagined. I've enjoyed every minute of it – truly.

Part of the research process included interviewing family and friends of the lawmen involved in the shootout and Power Family. We interviewed nearly 20 different family members, each with their own take on the controversial events surrounding and leading up to the shootout. I think that is one of the aspects of this story that has always intrigued me so much. This story is still alive in the hearts and minds of so many nearly one hundred years after the fact. Howard Morgan was the only Power Family relative I interviewed for the film. He is an amazing human being and was beyond gracious with his time.

Meeting so many wonderful people from so many different walks of life has been a real blessing to me and one of the greatest takeaways from this project. Each family member interviewed not only allowed us in their home to shoot an interview, but went above and beyond to stay in touch and support the film in their own way. I've

Continued on page 18



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photo Christopher Lucic

Several musicians will be playing at our outdoor stage from 11am-5pm. Stop by to see Ron Pandy, Matt Bruner, Roger Douglas, Ron Walker, Steve Priestle, or 'Doc' John Huntington. racleCommunityCenter.org Stick around til 5pm and jam with them or just listen.

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GETTING LOST IN THE COPPER CORRIDOR



Can you guess where in the Copper Corridor this photo was taken? If you guessed Oracle, then you would be correct. Spring has definitely come to the high desert, judging by the number of irises blooming at the Oracle Historical Society's Acadia Ranch Museum. The colorful flowers have taken over the town of Oracle. You can find them in the desert area growing wild and many residents cultivate them in their yards. It's like Mother Nature has decided to spruce up the area just in time for the Oracle Historical Society's Spring Run Car Show, set for April 18 in conjunction with the Oracle Oaks Festival. Head on over that day and check out the bright blooms (as well as some awesome cars at the car show and fabulous fun at the festival). The Nugget has been taking our readers on a journey through the Copper Corridor, helping you to 'Get Lost.' We hope you continue to travel with us.

John Hernandez | Nugget



Oracle State Park's April events highlight local natural environments

An archeology-astronomy specialist, Sonoran Desert herbalist, internationally known landscape artist, and bighorn sheep advocate are among April's featured experts at Oracle State Park Center for Environmental Education.

All programs are free with park admission of \$7 per vehicle at the gate on Mt. Lemmon Rd., in Oracle. The park is open weekends with free guided tours of the historic Kannally ranch house at 10 a.m. and 2 p.m. every Saturday and Sunday.

Visitors are invited to bring their picnic lunch to enjoy on one of the patios with exceptional mountain views or at a table nestled in the oakmanzanita woodlands.

Richard Boyer, retired seasonal ranger at Rocky Mountain National Park and OSP volunteer, answers questions about bighorn sheep in a 35-minute talk on Sunday, April 5, starting at 12:30 p.m. He'll cover what's happening at the wildlife corridor over Hwy. 77 near Catalina, bighorn history, and sheep survival. Reservations requested.

Joella Jean Mahoney, lifelong landscape painter with a studio in Sedona, offers a landscape drawing workshop on Saturday, April 11, from 11 a.m. - 1 p.m. Reservations required. Joella's 1985 painting of an OSP landscape was commissioned by the state to commemorate park's

Continued on page 19



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Annual Oracle Spring Run Car Show planned for April 18

The Oracle Historical Society's annual fundraiser, the Spring Run Car Show, will be held Saturday, April 18, 2015. This is the 29th year of the event, which takes place during the Oracle Oaks Festival.

The Spring Run is open to all cars, motorcycles and trucks, and participants must pre-register or come to the registration area on the morning of the event. Generous businesses and individuals donate funds to cover Spring Run t-shirt printing and other expenses. The car parade runs through Oracle at 9:30 a.m. and ends at the Pinal County Court House Park where trophies are awarded at

OHS also sponsors a food booth that is open during the entire event, serving green chile, bean or combo burros, BBO sandwiches and drinks. All proceeds from the Spring Run and food booth benefit the Oracle Historical Society.

The parade and awards ceremony are free to the public, so plan to come see the display of classic, exotic and new vehicles on April 18. If you would like to enter your vehicle in the car show, entry forms are available at CarQuest in Oracle, Dale's Auto Body in San Manuel, or call 520-896-9609 (leave a message for Margaret). You can also go online to www.cruisinarizona.com.



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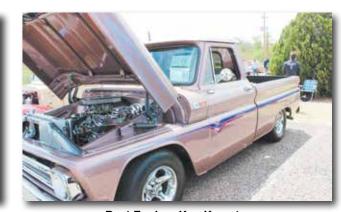
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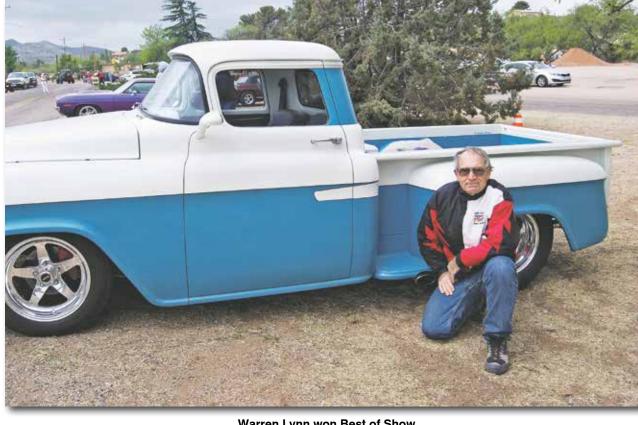
Winner of the OFD Trophy Sharyn Fincher



Best Interior-George Ortiz



Best Engine- Ken Kempton



Warren Lynn won Best of Show

The 2014 Car Show was a shining success

Oracle- The 28th Annual Oracle Spring Run Car show, which took place during the 2014 Oracle Oaks Festival on April 26. followed the ever-popular time-honored formula of a car show, parade, swap meet, craft fair and book sale.

Throughout the event, a food booth served up tasty burros, BBO sandwiches and cool, refreshing drinks. The car parade ran through Oracle, starting at 9:30 a.m., ending at the Pinal County Courthouse parking lot where trophies were awarded.

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"Due to the threat of rain, we finished giving out the last award at 1 p.m. and the rain started at 1:15 p.m. We had about 25 pre-registered cars not show because of the weather, but ended up with 102 cars sticking it out," said organizer

The top 20 winners, in no particular order are: Warren Lynn-Tucson, Bill Urie-Marana, Dee Moore-Oracle, George Ortiz-Oracle, Leonard Kasprzak-Oracle, Ken Kempton-

Jack Scott-Tucson, Jim Adams-Washington State, Anthony Galeski-Tucson, and Don Thompson-Marana.

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Tucson, Rusty Abbott-Casa Grande, Donald Fike-Casa

Grande, Scott Benek-Tucson, Frank Gonzalez-Tucson, Ed

Miami, Don Shannon-Tucson, Augustin Aranda-Glendale,

Galloway-Oracle, Gary Furman-Gilbert, John Espinoza-

Other winners were, for Best Engine-Ken Kempton #24, Best Paint-Leonard Kasprzak #74, Best Interior-George

Ortiz #40, and Best of Show-Warren Lynn #96. The trophy donated by HD Motorcycle Shop in Oracle was given to Jon Smith-Oracle, The trophy donated by Oracle Fire Department was given to Sharvn Fincher #16,

To view the highlights of the car show, please visit the onlin gallery at http://bit.lv/1pEo7n8.

All proceeds from the Spring Run Car show, including the food booth benefit the Oracle Historical Society.

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Visiting Badger Springs and

gua Fria National Monument was established by executive order in 2000 and at 70,900 acres contains over 400 archeological sites and four major prehistoric settlements. It has one of the highest concentrations of archeological sites per square inch of any national



EVERY MAN'S MUSINGS

By Gary Every Special to the Nugget monument in the country. Located only 40 miles north of downtown Phoenix, the wilderness is a sharp contrast with the nearby urban center. The most famous of the prehistoric sites is Pueblo de Plata with between 120 and 160 rooms or Black Mesa ruins with its 15 foot tall walls of stacked black rock. In particular, Agua Fria Monument is famous for its rock art sites. My favorite of these rock art sites is Badger Springs.

The snow storms which visited the state on New Year's Eve and day this year have fed canyons with snowmelt, canyons which have suffered from drought the last few years. The other day I turned off Interstate 17 at the Badger Springs Exit between Phoenix and Prescott, immediately north of the Sunset Point Rest Area and drove the 2 miles of mildly rugged roads to the trailhead. The trail is relatively easy, a one mile stroll through a sandy wash, water appearing and disappearing as it meanders across the sand. The water trickling across the flat expanse of sand means walking

back and forth across the wetness, getting one shoes slightly damp and muddy. Like the water, what there is of a trail appears and disappears as we cross back and forth across the wash. Badger Springs Wash is a beautiful, fragile riparian zone with desert willow, hedgehog and pincushion cactus, and many different species of bird life. In fact, if you happen to be in Badger Springs Wash during the cactus flower blooming season consider yourself lucky as the steep rocky slopes are adorned with yellow prickly pear blossoms, pink pincushion

blossoms, and the brilliant scarlet petals of the hedgehog cactus. The wash drops ever so slightly in elevation as it nears the confluence of Badger Springs and the Agua Fria River.

The petroglyphs are on the northeast wall of the confluence. There are about forty symbols drawn onto a few boulders, the rock images include hunters holding bow and arrows and lots of animals, mostly deer. The large number of anthromorph and zoomorph symbols in the rock art gives a general reckoning date of much







Agua Fria National Monument

later, maybe somewhere around 1200 to 1400 AD. These rock writings are six to eight hundred years old and I cannot help but stand in front of this letter written into the stone and try to decipher it. What were the authors trying to tell me? What does their written inscription tells me about the authors? Most likely the people who etched these petroglyphs onto the rocks were members of a culture that archeologists call the Perry Mesa Complex, a group somewhere between Hohokam and Salado. One of the hoofed animals carved into the rock has a bigger and more

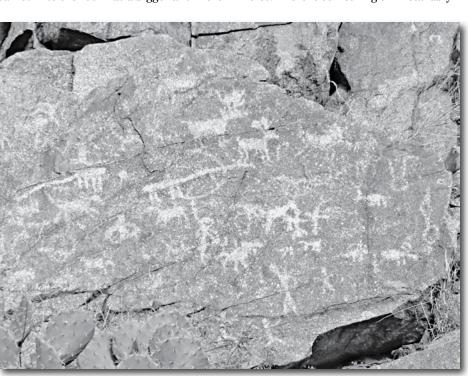
solid set of antlers than the rest. To me it looks like a moose. My friends tell me I am crazy.

The Agua Fria River does not usually run year round and our last few mild winters have meant this canyon was drier longer stretches than usual but this year's early snowstorm means the narrow winding canyon should be beautiful all spring. This year, at the confluence of Badger Springs and the Agua Fria the water rushes over boulders, forming small cascading waterfalls and large swimming holes. There is something unmistakably

soothing about the sound of a desert stream. Perhaps it comes from the fact that water is so important and so valuable in the desert. Perhaps it comes from the temporal nature of the stream, knowing that next time I come here the stream might be dry. It has happened to me before, enjoying a dry walk down the wash only to reach the river and realize there is no flow. The last time this happened to me, only the large pool right at the confluence held any water and my approach scared up both a cooper's hawk and a blue heron.

This day the water is moving freely, many of the boulders it flows over have been

Continued on page 14



Badger Springs Petroglyph.

Gary Every | Pinal Nugget

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Kearny originally declared

By Vicki Clark Pinal Nugget

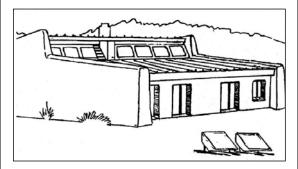
Kearny's roots began in the 1800s as legendary Arizona explorer Father Kino sought to convert the Apache Indian communities in the area to Christianity. In the late 1800s, General Stephen W. Kearny set up camp near the Gila River at the base of the Pinal Mountains. Gen. Kearny called the area hostile and uninhabitable, but more than 50 years later, that "uninhabitable area" became something quite the opposite.

Many years after the expedition of Gen. Kearny, he was celebrated in the naming of what is actually the most recent settlement in the Copper Basin area.

The Town of Kearny was founded by the Kennecott Copper Company. The mine's operation had expanded so far it was about to envelop the communities of Sonora, Ray and Barcelona. Many of the residents of these small towns that were located in what is now the Ray Open Pit were miners with the

In the late 1940s, it was decided that the underground mining operation should be replaced

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by open-pit mining. The open pit was started in 1947 and by the late 1950s the open pit mine grew larger and also a new leach-precipitation-flotation facility was constructed. In order to accommodate the new enterprise, it was also decided that the town of Ray itself and the nearby communities of Sonora and Barcelona should be moved.

To help the residents who were about to be displaced, Kennecott developed the planned community of Kearny. Although some of the residents refused to move to the new community, many did. Others decided to move to other locations and still other new employees moved into the community.

The Town of Kearny was not officially founded until 1958, but the first Kearnians moved into town in 1954. The John W. Galbreath Corporation was the developer of the endeavor.

First constructed was the middle blocks of the town (300 blocks of Danbury to Hartford), the business district of Alden Road and Bristol and Croydon. In later years, the other blocks were added along with all the other amenities such as schools, churches, a library, a swimming pool, a city park and businesses.

Kearny started slow with businesses such as Milton's Market relocating from Ray and Haddad's department store from Sonora, but eventually, the town thrived and boasted a dime store, a laundry, a fine medical facility and hospital. Eating experiences included Bob's Drive In and Buzzy's, along with a great menu offered by the General Kearny Inn. Other businesses included its own newspaper the Copper Basin News which was founded in the late 1950s. The area across the railroad tracks was also developed adding more businesses, a golf course, a mobile home park and Little League ball fields.

Kearny over the years has had many ups and downs due to the fluctuations of the copper prices. People have moved away and new people have moved in, but many people elect to live in this some quiet town on the edge of the Gila River just because they want to and love it.

BADGER SPRINGS

Continued from Page 13

gently rounded and smoothed by centuries of the river carving stone. I rock hop to cross the creek and wander down along one side of the stream, before rock hopping again to reach the other side. I follow the sound of rushing water, the wide shallow stream cascading over smoothly worn boulders. Swimming hole follows swimming hole, deep wide pools framed by rock, the sunlight shimmering as the ponds ripple. Badger Springs is a glorious hike when the river is running like this. Over the years I have taken many friends hiking at Badger Springs and many of them have curled up on a sun warmed piece of granite and fallen asleep. It is just that mind of peaceful place. On the hike back my guests are always startled when they hear the sound of traffic and realize just how close this piece of paradise is to the highway.

'hostile, uninhabitable'

For more information visit the Copper Basin Chamber of Commerce located on Alden Road, 520363-7607 or the Town Hall, located just off Tilbury Road 520-363-5547.



The sign at the entrance to the Town of Kearny beckons drivers to stop and stay.



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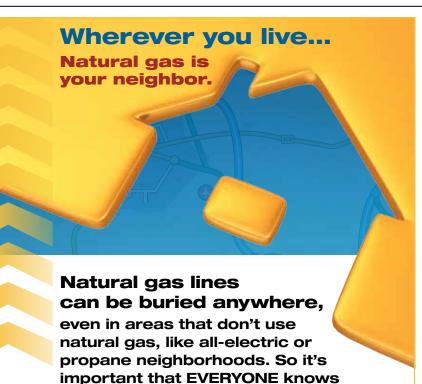
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Workers

he towns of Clifton and Morenci, Ariz. are located in Greenlee County. The Morenci Mining District in 1903 would become the site of labor unrest that would lead to the first intervention of United States troops in a labor dispute in Arizona. It would also be the first time in Clifton-Morenci that workers had organized against Phelps-Dodge but it wouldn't be the last.

On June 1, 1903 the new Eight-Hour law went into effect in Arizona. The Eight Hour law made it illegal for mining companies to have miners working more than eight hours underground. Previously the miners had been working 10 hours. Mexican miners which made up over 80 percent of the workers were paid \$2.50 a day while white American workers were receiving \$3 a day for the same work. Americans of Mexican descent were categorized as Mexicans by the mining companies and paid Mexican wages. The reduction in hours would amount to a 10 percent cut



Arizona Rangers in Morenci 1903.

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Struggle in a Mining town

in wages. The Mexican and other foreign workers mostly Italians walked off the job. The two major mining companies involved were the Arizona Copper Company and the Detroit Mining Company.

Two days later mill and smelter workers joined the strike that included workers in Clifton, Morenci and Metcalf. No union was involved in the strike as Mexican workers were not allowed to form one. The Mexicans along with the Italians and other foreign born workers were able to use the "mutualistas", mutual aid societies to organize the strike. The Western Federation of Miners who had often ignored Mexican workers offered vocal support when President of the WFM, Charles Moyer said, "The men at Morenci have the full support of the Western Federation of Miners".

On June 5, the *Bisbee Daily Review* newspaper reporting on the progress of the strike said: "The strike is now composed of almost entirely of Mexicans. Quite a number of Americans have left the camp. These men are taking no part with the Mexicans. At Metcalf, where practically all the men employed are Mexicans, the tie up of operations was complete. The men prevented the loading of any ore in the cars which haul it to the Arizona reduction works in Clifton...It seems the Mexicans are being led by one or two prominent leaders; they gather two or three times a

day in Morenci and listen to the speeches from the leaders who are very industrious and have used harsh language concerning the 'gringos'."

Acting Territorial Governor Isaac Stoddard ordered the Arizona Rangers to Clifton upon receiving news of the strike. Governor Alexander Brodie was visiting back east on business and was unavailable. The Arizona Rangers had been established by the legislature in 1901 to patrol the border area and discourage cattle rustling. They were also used as strike breakers. Nathan Murphy who was governor when the Rangers were established was a mine owner.

On June 9, the rangers and Sheriff Parks and his deputies were forced to watch 2,000 mine workers march in the rain through the streets of Clifton. It was noted that the workers were all armed with rifles, pistols and knives. Parks requested more help from the governor. There were a couple of confrontations between the strikers and the lawmen but violence was avoided. One of the incidents involved Sheriff Parks and 20 of his deputies attempting to stop 200 miners from going into the concentrator. Superintendent Mills of the mine told the Sheriff to allow the strikers to occupy the concentrator thereby avoiding what could have turned into a deadly gun battle.

Stoddard ordered the National Guard

to send troops to Morenci. On June 9, despite no violent acts by the strikers or destruction of property, Stoddard wired President Theodore Roosevelt and asked that federal troops be sent. The telegram read:

"Three thousand men, mostly foreigners, on strike at Morenci, Graham County, Arizona. Sheriff and captain Arizona Rangers advise me that strikers are armed and in hands of professional agitators and that there is an immediate need of large force to quell riot which is impending. Have ordered out militia but number small, scattered and undisciplined. No probability of restoring order except by presence of United States troops. Needed there tonight. I respectfully request that troops be sent from Ft. Grant and Ft. Huachuca."

President Roosevelt complied with Stoddard's request. Just before their arrival a heavy rainstorm caused flooding in the area. An area at the junction of Chase Creek and the San Francisco River was especially hit hard by the flood. This area was where many Mexican workers and their families lived. Between 30 and 50 people were drowned in the flood. Before the strikers could reorganize, federal troops and six companies of National Guard had surrounded the area. On June 12 martial law was declared and the strikers were disarmed, their homes



HISTORICAL PERSPECTIVE

By John Hernandez Pinal Nugget

were searched and leaders arrested. Arturo Elias, the Mexican Consul and a Catholic priest Father Timmerman spoke with the miners and strike leaders and advised them to return to work. Some people believe that the rainy weather and floods may have prevented a battle between the strikers and troops.

Three of the major organizers were identified as Abraham Salcido, Mexican, W.H. Laustanau, a Romanian, and Frank Colombo an Italian. The leaders along with other strikers would be indicted and tried in Graham County. They were convicted for inciting a riot and disturbing the peace

Continued on page 18

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MORENCI STRIKE

Continued from Page 17

and sentenced to two years in the Yuma Territorial prison. Laustanau, whom the newspapers described as the main leader, would receive a 10 year sentence later on for an attempted escape. He would die of consumption (tuberculosis) in the Yuma prison in 1906.

In July, 1903 Professor James Douglas, president of the Copper Queen Mining Company and representative of Phelps-Dodge's mining interests in the southwest and Mexico, was asked by a reporter from the Bisbee Daily Review about the Mexican labor situation. The newspaper reported, "Mr. Douglas considers that as

mere laborers the Mexican can handle a drill and hammer as well as a white man, but for special classes of work involving special skill, such as timbering, white miners will always be employed at higher wages." The border town of Douglas, Ariz. is named for mining pioneer James Douglas.

The Western Federation of Miners (WFM) took notice of the Mexicans' ability to organize and came to believe that it may be better to cooperate with the Mexican laborers. They also took notice of the extent that mining companies and Arizona would go to prevent unionism. The WFM

would later organize in Clifton-Morenci and other mines in Arizona. Mexican and Mexican-American miners would be an integral part of the union struggles in Arizona. The "Mexican Affair" as the strike became known was the first major strike in Arizona.

Author's note: Stories similar to this one made up part of the curriculum in the Mexican American Studies program in the Tucson Unified School District (TUSD). The program included lessons about history from a Mexican-American viewpoint and literature by Latino authors. Arizona banned the class in 2010 a month after Senate Bill 1070 the anti-Mexican immigrant law was

passed. It was no coincidence; these laws were passed with the intent to oppress a group of people whose skin happens to be the color brown. The studies program returned in 2013 but thanks to haters like former Superintendent of Public Education John Huppenthal, TUSD is being threatened with the loss of 10 percent of their budget if they continue to teach lessons that they feel are inappropriate and in violation of the law. Thankfully two young ladies have challenged the law in Federal Court. Maya Arce and Korina Lopez are having the case heard in the Ninth Circuit. The struggle for civil rights continues in Arizona.



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 Private location hilltop views, 3 bedroom home, new interior paint & carport, A/C, barn & corrals, 3.18 ac. \$200,000.

•5 ac, views of Galiuro Mountains desert vegetation, homes or mobiles, horse property can be split. \$35,000

•Price Reduced Privacy, great views, remodeled home with newer roof, skylights, oak kitchen cabinets, front porch, deck above carport \$83,900

·Just under 44 acres for your own little ranch hillton location south of Mammoth \$250,000 •9.88 ac. with lots of mature Mesquite trees. 1/2 interest in well, septic installed, \$48,000. •20 ac. of flat usable land on Florence Highway 2 wells, completely fenced, \$189,900. •Great mountain views from this 3.75 ac. south of Mammoth, \$39,000.

POWER'S WAR

gone to great lengths to tell the tragic story of the Power Shootout as impartially as I am able in order to protect and honor the sacrifice that each person involved gave in one way shape or form. Generations upon generations have been effected by the outcome of that deadly shootout and my hope is that POWER'S WAR clarifies things somewhat for each of them.

What books on the Power Shootout have you read and which one did you enjoy the most?

I have read them all and can't say that I have a favorite. Everyone of them is a piece to a puzzle that ultimately will never be solved. I know for a fact there is yet another book that will be released soon. Keep your eyes open for that!

When can we expect the film to be completed and distributed? (a rough idea)

Distribution is a tough thing for an independently produced documentary. Right now our focus is on getting the film screened at as many events as we can handle over the next few months. We hope to have DVDs to sell at those events and then eventually on our site. We'll announce things on the facebook page www.facebook.com/powerswar and our official site www.powerswar.com as soon as we have information.

Where can DVDs be purchased?

No official date yet, however we are working fast to have DVDs available for purchase at our screenings.

What stands out for you about the historical and social events of the time (1918, World War I, prohibition, etc.) that may have

had an impact on the shooting and convictions of the Power brothers and Tom Sisson?

World War I was the unrelenting force behind the death of four men at Power Cabin. Without the war and the draft that came soon after, the Power family would have been allowed to live their lives the way they had always known, far from society and the rapidly progressing world around them. Jeff Power resisted participating in a war that he had no stake in. Despite his (Jeff) best efforts the war came to his own doorstep. Hence the title of my film, POWER'S WAR.

There is so much speculation around the why, the who, and the what with the Power Shootout, Literally everyone I interviewed outside of the historians had some theory about what had actually happened. In the end the deadly Power shootout was caused by the frenzy of patriotism surrounding the war.

What ever happened to Frank Haynes, Deputy US Marshal after the trial and convictions? Is that covered in the documentary?

We did not research Frank Haynes life following the shootout/trial. Haynes had no real stake in the conflict apart from fulfilling his duties as a federal lawman and therefore doesn't provide any essential understanding of the why in the shootout. Haynes was interviewed by several newspapers following the shootout and we do know that some of the accounts he gave were inconsistent with each other.

Power's War does not go into the life of Frank Haynes following the trial of Sisson and the Power boys.

ORACLE STATE PARK

Continued from Page 9

dedication. Her works, which are exhibited internationally, are inspired by places she has hiked or backpacked. No drawing experience needed; most materials provided.

Ken Zoll, cultural astronomy expert with the Arizona Archaeological Society and a site steward with the State Historic Preservation Office, presents an illustrated program on "Ancient Native American Astronomical Observations" on Saturday, April 18, at 3 p.m. Reservations required. This is a repeat of his standing-roomonly program in January. Zoll will cover seasonal calendars carved in rocks, which became the foundation of early cultures for hunting and gathering, planting and harvesting, worshipping and celebrating. He is executive director of the Verde Valley Archaeology Center in Camp Verde.

John Slattery, Sonoran Desert herbalist, leads a walking-lecture on "Edible & Medicinal Plants of the Oak Grasslands" on Saturday, April 25, from 9 a.m. - noon. Slattery will identify local plants while covering aspects of botany, ethnobotany, harvesting techniques, medicine making, food preparation, clinical applications and how local plants can be used in home

landscapes. Reservations required.

Chuck LeFevre, park volunteer and indigenous plant expert, heads a guided plant walk along some of the easy park trails on Sunday April 19, at 11 a.m.

Persons should make reservations for programs by calling the park office at 1-520-896-2425.

The park, which is open 8 a.m. - 5 p.m. weekends and by appointment on weekdays, has 15 miles of multi-use scenic trails, including four miles of the National Scenic Arizona Trail. For a full listing of upcoming events and activities, go to www. azStateParks.org/Parks/ORAC.



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