Volume 5 Number 7

### Oracle Towne Crier

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--- David Brinkley

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# **OBITUAR**

# **Nancy Joy Babcock Fitch**

Nancy Joy Babcock Fitch (October 4, 1927, Riverside, California) died at home in Oracle October 25, 2015.

Nancy has been described as "a wonderful, determined and thoroughly interesting person." In high school, intrigued with architectural design, she enrolled in a draftsman class. She was told that, as a woman, the highest grade she could receive would be a "C". Despite that grade, she was the top recommended student for summer employment at a local firm experiencing loss of skilled draftsmen to WWII. Skipping the final year of high school she set off by train at the age of 16 to enroll in the University of Chicago. She graduated in 1947.

Nancy married Walter S. Fitch (d. 2013), another UC graduate (BA 1948, PhD 1955). She became a resident of Tucson in 1951 when Fitch joined the University's Astronomy Department. Nancy did little public architecture but spent a lifetime as a creator of space for her family and others. All the residences of Nancy and Walter were lovingly redesigned with extravagant attention to detail and artisanship resulting in wonderful physical places in tune with their environment. Those homes were frequently decorated with her own artwork. Nancy gave just as much attention to creating emotional space from which each of her children could venture to explore beauty, structure, and travel the world. It is due to Nancy that the family became avid backpackers of the S. Az. mountains.

In Tucson Nancy was variously employed as a homemaker, modern dance instructor, and draftsman. In the 1970s she owned and operated a small plastics products business. Stubbornly overcoming a tremendous fear of water she became an enthusiastic sailor. She was a member of the Tucson Sailing Club as well as a women's club, Entre Nous, and the American Association of University Women. In Oracle she was a book club member and served on the



community boards of the Oracle Library and Biosphere 2. As recently as six months ago she was musing over what she wanted to be when she "grew up".

Preceded in death by her husband, Walter, sisters Beth MacIlvaine and Margaret Heers, and son-in-law Gene Houghton, she is survived by her children and their spouses (Selena Fitch Billington and Jim Dewey, Stuart Tod and Leslie Fitch, Alanah Fitch and Al B. Benson, III, and Sandra E. Houghton), and her grandchildren (architect Erika Fitch-Benson and Adam Babcock-Fitch Benson). Her quiet empathy resulted in an extended and loving circle of Oracle friends including Dolores Armstrong, Desiree Sanchez, Guadalupe Altamirano, and Amanda Jacquez and their families who grieve her passing.

Contributions to her charity of choice, the Tri-Community Food Bank (108 W. Redwood Drive, Mammoth, Az., 8518), would be appreciated. A celebration of her life is planned for Saturday Dec. 12, 2015.

Obituaries are published free of charge in the Oracle Towne Crier. If you have an obituary you would like us to print, please email it to editor@minersunbasin.com or submit it online at CopperArea.com. You can also request our newspaper through the mortuary or funeral home.



**Triad** 

# Oracle TRIAD Coalition First Wednesday, 3 p.m. • Oracle Fire Department



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TRIAD is a cooperative project composed of seniors, Pinal County Attorney's Office, Pinal County Sheriff's Department, Pinal-Gila Council for Senior Citizens, and other community partners who are dedicated to preventing the victimization of seniors, improving their quality of life and reducing consequences associated with abuse and misuse of prescription medications and alcohol. Community members are welcome. Call Jim Stephens to sign up for volunteer opportunities, 520-483-8193.

# DIAPER BAG



San Manuel JV/Varsity Football team collected 848 diapers for the Family Diaper Bank as a community service project. Thank you so much for your support!!!

# Give Thanks

ere in the Arizona desert seasons change quickly; seems we go from summer, fall, to winter all in one week! The only way we know summer is over is by the Christmas decorations showing up in stores by early September. The holiday season starts earlier and earlier each year, what can we do? As we enter the holiday season I am reminded of Pslams 100:4, "Enter His gates with thanksgiving"! We can start by giving thanks to God for all he has done!

Here at family First we have lots to be thankful for. It has been a busy year with moms and dads, children and grandparents all coming in with a variety of needs!

Classes were given, with parents learning some new life skills, along with a little

encouragement! We have seen God take a situation that appeared to be a major crisis, only to be turned into a blessing; a new child!

We hear a lot about teens today, how they don't care, don't have any purpose? This past year through our "Ten for Teens" program we have seen local teens engage in reaching out here in our community - teens coming into the center, working with each other and working with young children at our story time. We saw our local high school football team, in the midst of their busy season, collect diapers for our Family Diaper Bank! Who says kids don't care anymore? We know they do, and we know they just need to be taught, encouraged, and by our example, shown

Continued on page 11

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Friday, December 4, 2015 - 7:30pm and Sunday, December 6, 2015 - 4:00pm - "A Classic Christmas" Holiday" Presented by the SaddleBrooke Singers. Dr. Linda Griffin (in her farewell appearance as director), has the little of the line of the little of prepared a program that they hope will bring back fond memories of your own favorite Christmases. The list of



songs includes many of the classic Christmas numbers that you have come to expect from this talented group of singers plus some contemporary songs that have become season standards. \$18 inclusive \$20 door.

Saturday, December 5, 2015 - It's a Motown Christmas 7:30pm. Produced by TAD Management. It's pretty wellknown universally that Motown is an American record company founded by Berry Gordy in 1959 in Detroit--one that went on to achieve spectacular success for a small record company: 79 records in the Top Ten between 1960 and 1969. This show guarantees to have everyone dancing in their seats...IF you can



stay seated! \$30 inclusive \$35 door. Inquire about our Mix & Match Package. Discount prices not available on line.

Wednesday, December 9, 2015 - A Classic Country Christmas-7:30pm. Produced by Lonely Street Productions. Gather up the family and get set to two-step 'round the Christmas tree as you enjoy the yuletide twang of A Classic Country Christmas! Join Alex Mack ,("Your Cheatin' Heart-Salute to Hank Williams") and "The Sweetheart of Branson" Kaci Bavs as they share classics like "Rockin' Around the Christmas Tree," "Hard Candy Christmas" and "Christmas in Dixie." \$30 inclusive \$35 door.



Inquire about our Mix & Match Package. Discount prices not available on line.

Friday, December 11, 2015 - The Most Wonderful Time of the Year - Barbershop Chorus - 7:30pm. A Barbershop Musical Extravaganza starring Canada del Oro Barbershop Chorus with guest artists the International Senior Medalist Quartet HIGH PRIORITY and the Chandler High School woman's barbershop choral group THE TREBLEMAKERS. \$20 inclusive \$23 door.



Saturday, December 12, 2015 - The Spirit of Christmas 4pm & 7:30pm. Tucson Dance Academy, along with the Booth family, returns to SaddleBrooke with their fabulous performance of The Spirit of Christmas. Showcasing little ones and their daddy's performing "Santa Baby" to "Mr. Grinch," the audience was on the edge of their seats. \$25 inclusive \$30 door \$18 children



Wednesday, December 16, 2015 - Christmas with The Rat Pack -7:30pm. Produced by Lonely Street Productions. Holiday music never had it so good as when it was being crooned by legendary "Rat Pack" members Frank Sinatra, Dean Martin and Sammy Davis, Jr. Starring Robert Shaw, Stewart Gregory and Matravius Avent and featuring an amazing six-piece band, "Christmas with The Rat



Pack" is an instant classic! \$30 inclusive \$35 door. Inquire about our Mix & Match Package. Discount prices not available on line.

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# John Medley to speak at Acadia Ranch Museum

#### By John Hernandez

Copper Area News

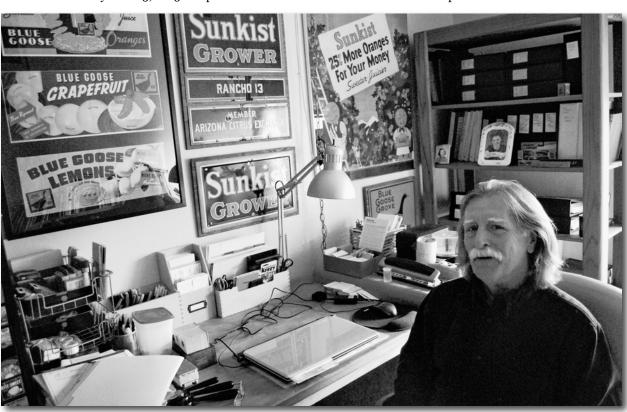
John Medley has been collecting crate labels for close to 40 years. He has one of the largest collections in Arizona and has an extensive knowledge about crate labels, their art and history as well as the history of produce growing in Arizona. John's desire to acquire and preserve produce box labels originate from his family's work history as well as John's work experiences and his connection to the arts through his wife Karen. Karen is an artist/potter and taught art at San Manuel High School for many years before retiring.

John's parents worked directly in the fresh produce industry. John worked as a produce manager while his wife was attending school, studying to be an art instructor. The Washington State Apple Commission supplied stores with vintage apple crate labels from the 1950s for in store advertising. John liked the art work and took some extra ones home to show his wife. He then became interested in collecting labels.

He went to retired managers and foremen from various citrus packing companies. Some of them gave him multiple copies of labels, allowing him to trade with other collectors. As he met more collectors his interest grew. He also developed a curiosity in about the history of the produce business which he saw in the changing of the art work of the labels.

John has collected over 550 different sweet potato labels. His oldest label is an Arizona Brand by the Arizona Orange Association. It was created in 1900. John considers the crate labels as "some of America's best examples of 20th Century commercial art. He has a book that has been published "Images of the Sweet Potato: An American Art Form".

John will be giving a lecture at the Acadia Ranch Museum on Sunday Nov. 15, 2015 at 2 p.m. The award winning presentation "An Illustrious History of Commercial Row Crops in the Arizona Desert" won the Barry Goldwater at the 2015 Arizona History Convention for Best Convention Paper.





John Medley at home in his office with some of his favorite crate labels on display.

John Hernandez | Copper Area



# Recommended Supplements

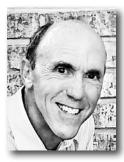
thought this would be a good follow-up to the recent article about vitamins. This article contains a list of supplements that I feel are worth considering for optimal health given the condition of our world today.

A good multiple vitamin as described in the previous article is important when considering that our food supply has deteriorated significantly over the past century. The most sensitive components of food, and therefore the first to be destroyed, are the vitamins. They are the keys that turn on all of our biological processes and they need to be present in order for us to work well. You should become aware of how important the multiple vitamins are to you personally within one week of starting to supplement with them. If you don't notice a significant energy increase, then perhaps you are getting enough vitamins from your food or perhaps you have an illness that masks your shortfall in vitamins.

Another fundamental supplement that I would recommend considering is Vitamin C. It is a strong anti-oxidant and therefore protects us against all the degenerative processes in our bodies like cancer, hardening of the arteries, glaucoma, and aging itself. It also pulls out toxins that we are exposed to and is a strong support for all of the connective tissue in our bodies that hold everything in place. Almost all mammals on the face of the earth except humans produce their own Vitamin C in an amount equivalent to 3000 milligrams a day.

There are some biological trends in humans that make me especially recommend a few supplements after the age of 50. Our production of CoEnzyme Q10 drops off dramatically after fifty. This enzyme is used to transport sugar (fuel) from the blood vessels (highways of our bodies on which are trucked essential nutrients like fuel) to the inside of the





# HEALTH ISSUES

By Dr. Michael Miles Special to the Crier

cells (through a door that is unlocked with an insulin "key") where it is shoveled into the mitochondria (furnace) and is transformed into energy that is used to operate that cell. For example, a muscle cell will contract, a brain cell will think, a liver cell will detoxify, etc. Because heart muscles are constantly contracting they need more energy than other cells in the body and therefore more furnaces (mitochondria) and therefore more Q10. This is why many people refer to Q10 as a "heart pill."

Vitamin B12 often drops off after the age of 50 as well. It has a very complex route of entry into the body which requires good operating stomach cells. This is why when supplementing B12 it is a good idea to dissolve it under the tongue or take it as a shot. This will bypass the stomach and enter directly into the body. B12 is important for red blood cell production.

The next supplement that I would recommend considering is N-acetylcysteine (NAC). This is an amino acid (building blocks of our bodies). This particular amino acid is useful in many different ways. Number one is that it converts into glutathione inside each cell. Glutathione is one of the strongest antioxidants known. NAC also contributes to neurotransmitters that help the brain to work. And, cysteine is an amino acid with a sulfur atom in it that attracts toxic metals to it and flushes them out of the body. This is of great interest because of our ever increasing exposure to toxins as our industrialized world closes in on us.

Another nutrient that I consider important is omega 3. These are the oils found in fish. They get incorporated into every cell in the body and help them communicate with each other.

Continued on page 11

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# Arizona Water plans office in Oracle



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John Hernandez | Copper Area

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#### By John Hernandez

Copper Area News

The Arizona Water Company is requesting a zoning change from Pinal County for a land parcel they own in Oracle. They have started the process to change the zoning from GR (General Rural) and CB-2 (General Business Zone) to C-1 (Neighborhood Commercial Zoning District) for a .6 acres parcel to plan and develop an office building. The parcel is located on the north side of American Avenue, east of Kimo Drive, next to Connie's Barber Shop.

# Knights to host taco dinner

Since local Knights of Columbus do not have a Fry's or Safeway store, they will sponsor a taco dinner this Saturday, Nov. 14, to support People with Intellectual Disabilities.

Most KofC Councils hand out Tootsie Rolls in front of grocery stores or other businesses for their PID drive, taking donations from generous passers by, according to KofC District Deputy Drew Mansager.

"Our taco dinner last year allowed us donate nearly \$600 to help people with intellectual disabilities in our area. We should top that this year. Everyone in the Tri-Community is invited," said Grand Knight Johnnie Seballos.

"We will be selling three tacos, rice and beans for \$7 from 4 to 7 p.m. at Blessed Sacrament hall in Mammoth. We will have take out too," he added.

Funds from the PID drive are donated to public schools' special education programs, St. Joseph Youth Camp and Southern Arizona Special Olympics to name a few recipients, according to Mansager.

Last year, statewide, the Knights of Columbus donated over \$150 thousand to numerous organizations who help people with intellectual abilities, according to State PID Chairman,

Ken Gallagher.

"We want to do our part, even if we are a small Council," Seballos said.

Council 5542 serves Mammoth, San Manuel and Oracle.

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# Mountain Vista Pride of Our Pride



Mountain Vista School has already completed their first quarter of the 2015- 2016 school year. This year our Cougar Manners Program included two kindergarten classes making it a grand total of 10 fantastic classes participating in the program. With all the competition in the 'Ps and Qs Minding', one class came out as the clear leader. Mrs. Dedrick's 4th grade class completed the first quarter by earning 35 out of a possible 39 paws to win the first "Pride of our Pride" award. Congratulation Mrs. Dedrick's class and good luck to all classes for our next quarter.





# Oracle group collects donations for homeless vets

Oracle, Arizona- Recently, the Oracle Neighborhood Watch (ONWA) delivered the first of what is hoped to be many truck loads of food, clothing and hygiene supplies to the homeless veterans of American Armed Forces, who dwell in a camp near Santa Rita Park in Tucson.

Said a representative of ONWA: "The only thing that we forgot was to take a camera to get photos of our unloading the phenomenal amount of donations that were contributed by many of Oracle's finest residents.

"The looks on the faces of those vets and staff when we started unloading the supplies can only be described as complete astonishment. ... It was quite obvious that the idea of fellow citizens from a small town like Oracle, could be so generous, to take the time and sacrifice so much, was worth every effort made and we should all take great pride, knowing that we did a little to help these former warriors and to acknowledge their own sacrifice."

After arriving in the camp and unloading supplies, three ONWA participants relieved some of the camp staff to allow them a few hours of sleep. The camp is staffed solely by volunteers, many of whom are averaging three to four hours of sleep per night. This includes one woman, name currently unknown, who is a mother of four and a full-time Department

Continued on page 11



# **CROSSWORD**

# **Thanksgiving**

#### **ACROSS**

- Internet posts
   "Kilroy \_\_\_\_\_ he
- 9. "Put a \_\_\_\_\_ in it!"
  13. "Raspberry \_\_\_\_\_" by
  Prince
- 14. Matterhorn, e.g.
- 15. Loosen laces
- 16. Social class or position
- 17. "All the Light We
- Cannot \_\_\_\_\_" by Anthony
- 18. Like professor Sherman Klump
- 19. \*In 1941 Thanksgiving moved to this Thursday
- 21. \*Football hosts
- 23. Green pod dweller
- 24. One who makes use of something
- 25. Declare
- 28. Globes and balls
- 30. The Curies' discovery

- 35. Guinness and such
- 37. Takes to court
- 39. Santa Maria's companion
- 40. As far as
- 41. Archipelago
- 43. Relating to ear
- 44. Popular in cook-offs
- 46. Cut with an ax
- 47. Be dependent
- 48. Alleviating
- 50. Ginger-flavored cookie
- 52. Hi-

CROSSWORD

- 53. Oration station
- 55. Opposite of friend
- 57. \*Cause for
- Thanksgiving celebration
- 61. \*Main attraction
- 64. \*The Pilgrims crossed it
- 65. De Niro's 1976 ride
- 6= Honorable mention
- 67. Honorable mention
- 69. Compilation of drawers
- 70. Store posting, for short

- 71. Private
- 72. Actor \_\_\_\_
- MacLachlan
- 73. "You betcha!"
- 74. Collection of Buddhist scriptures

#### **DOWN**

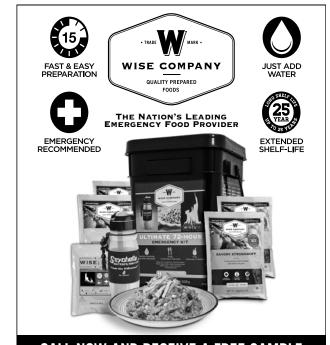
- 1. British public service broadcaster
- 2. Organ of photosynthesis
- 3. Roughly
- 4. Bob Marley's "\_\_\_\_, Stand Up"
- 5. Three-dimensional
- 6. Done in loads
- 7. Brewery order
- 8. Glasses, for short
- 9. Give the cold shoulder
- 10. "The Simpsons" palindrome
- 11. C in NYC
- 12. St. Peter's symbol
- 15. Done on a Christmas morning
- 20. Plural of tarsus
- 22. "\_\_\_\_ the fields we go"
- 24. No-good
- 25. \*Cranberry concoction
- 26. Top dog

- 27. Abominable snowmen
- 29. "No Child Left Behind" President
- 31. Famous French couturier
- 32. Lay to rest
- 33. Opposite of #24 Down
- 34. \*Parade host
- 36. Prima donna's numbers
- 38. Made by tailor
- 42. Mix-up
- 45. Start a new paragraph
- 49. Solid, liquid,
- 51. "The Merchant of
- Venice" heiress
- 54. Mosquito affect
- 56. Increasing
- 57. \*A \_\_\_\_\_ lock ties
- turkey drumsticks
- 58. Flu feeling
- 59. Rod attachment
- 60. Flower holder
- 61. \*Cookbook abbr. in gravy recipes
- 62. Europe's highest volcano
- 63. Big Bang's original matter
- 66. "We \_\_\_\_ Family" by Sister Sledge
- 68. \_\_\_\_ of Good Feelings

#### Solution to last month's puzzle



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# **Oracle School District Showcase at Support Our** Schools AZ's Education **Excellence Expo**

The Oracle School District was one of only three Southern Arizona districts that showcased a program at Support Our Schools AZ's (SOS AZ) first-ever Education Excellence Expo on Oct. 24, 2015 at Salt River Fields. According to SOS AZ, this expo was held to help promote their vision that "public district schools are an optimal choice for the children of Arizona."

The event was a great success with 25 public school districts participating and numerous sponsoring businesses. The objective: "a visual and experiential display of the accomplishments and achievements of Arizona Public District Schools" was more than achieved and is just a start toward encouraging a broad public conversation in favor of public education in Arizona.

The Oracle School District showcased its "Cosmo Kidz" program. The idea behind Cosmo Kidz is to provide time each day (without cutting into the core curriculum) for teachers to lead brief discussions about how children can talk about and act into their social worlds more skillfully. The goal of Cosmo Kidz is to help children SOAR. SOAR stands for: Sense what's around you; Open your hands to help others; Act with kindness; Respect other people. Teachers spend 5-10 minutes during the school day to reinforce this message to their students,

often using puppets to demonstrate the

The program was first piloted during the 2013/2014 school year at Oracle's Mt. Vista Elementary School and only one other school in the nation. Results have been very positive and the researcher who brought the District the program was able to get a grant from the Kettering Foundation to keep the program running, now for the third year.

Windy Messing, a kindergarten teacher at Mt. Vista Elementary, lauds the program for the positive impact it has on her student's social skills and in building their compassion for others. "It has made my students more aware of how their actions impact others" she said, "and since much of their success in school depends on their ability to get along with others, I see Cosmo Kidz as a good foundation builder."

It is unique programs like Cosmo Kidz. combined with high expectations, caring staff and small town roots and values that drive the Oracle School District's mission "to expand expectations by providing an innovative and boundless educational environment that develops adventurous learners and responsible citizens."

Learn more about the Oracle School District at www.OSD2.org and about the new Oracle Schools Foundation at www. OracleSchoolsFoundation.com.





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Pastor Nathan Hogan 520-896-2408

Sunday School 9:30 a.m. Morning Worship 10:30 a.m. Evening Service 6 p.m. Wednesday Evening 6 p.m.

#### **Oracle Union Church**

705 E. American Ave., Oracle

Pastor Dr. Ed Nelson 520-784-1868

Sunday Bible Study 9 a m Worship Service 10:30 a.m. Wednesday Bible Study Noor Thursday Prayer Time 11 a.m. to Noon

#### **Oracle Church of Christ**

2425 El Paseo, Oracle

Fred Patterson 896-2452 • 896-2067

Sunday Bible Study 10 a.m. Sunday Worship 11 a.m.

#### **Living Word Chapel** 3941 W. Hwy. 77, Oracle

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#### **Oracle Seventh-Day Adventist Church**

2150 Hwy 77, Oracle Pastor Rick Roy

Saturday Sabbath School 9:30 a.m. Saturday Worship Service 11 a.m.

To be included in the monthly church listing, call the Crier at 520-385-2266.

# Hall, McGlamery win Oracle Run 2015

**By John Hernandez** San Manuel Miner

The 2015 Oracle Run was held on Oct. 31. Eighty-two runners participated in this year's event. The Men's Overall Winner was Brian Hall of Tucson. Emily McGlamery of Tucson was the Women's Overall Champion.

Local runners did well this year. Elizabeth Tilley of Oracle finished first in her age division. Kenny Huff, "the man who runs in Levis," was first in the Men's 60-64 age division.

Identical twins Andreas and Kvis Barrenche from Oracle tied for first in the Men's 1-19 age division. Other Oracle runners who placed in either second or third their age divisions included Debra Breen, Jane Redman, and John Wasley. Two Copper Corridor runners competing in the Oracle Run for the first time were Yvannah Gonzales and Edward Aguirre from Dudleyville. They are both Central Arizona College students. Edward finished second and Yvannah placed third in their age divisions.

Continued on page 12





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•3 bedroom, 2 bath spacious living area, tile floor & fenced backyard. \$112,000 Awesome views from large covered deck. 2000

doublewide on .34 acres. \$129,000 ·Charming home. Views, fenced yard, large garage/workshop on 1.24 AC. \$99,900

•Mountain views 4 bed, 2 1/2 bath, 2,404 sq. ft. plus a 1,244 sq.ft. basement, 34 x 27 detached garage on 6.85 ac. \$395,000.

Incredible remodel. Beautiful spacious kitchen with island, all new stainless steel appliances, new cabinets and more, 3 bdrm, 3 ba. \$154,900 ·Adorable Home! Updated with remodeled kitchen and bathroom. 2 bed, 1 bath on 1 acre. Must see! \$174 900

·Spacious three bedroom starter home with new exterior paint, large fenced yard with many shade trees, and brand new roof before close of escrow. Home includes washer/dryer hookups and a covered carport. Priced right for a quick sale. Please include "As is" addendum with offer \$112.000

•3 bedroom 2 bath home an excellent value with brand new carpet throughout, brick privacy wall, all windows were updated, worry free home with refrigerator, furnace, water heater and evap cooler all replaced within the last 5 years. Other features include nice cabinets and neutral color paint throughout the home. \$2000 seller's concession at COE towards buyer's costs or upgrades. Call listing agent for details. \$64,900

#### Oracle-Land

•4 beautiful 1 ac home sites, owner may carry, utilities at lot line. \$62,000.

•7.14 ac Stunning 360 degree views. Homes or mobiles. Horse property. Large mature oak trees, motivated seller. Bring all offers. \$135,000

•2.5 ac land, borders state land, build your custom home, utilities at street. \$140,000 Three 3.3 ac. off Linda Vista starting at

·Views, views, views! Very secluded area, well share, horse property, homes or mobiles. 4 ac.

\$49,000.
•Fabulous views from this 3.3 acre hilltop parcel. Homes only. \$95,000

49 ac commercial lot on American Ave. in Oracle, excellent location with good traffic for a

•Choose your own parcel from 1.25 to 3.75 ac. flag and 1.25 to 3.75 ac.

#### San Manuel

•3 bd/2 ba back yard includes drive through rod iron gate with concrete parking and mature shade trees, built in BBQ, 2 storage sheds and large concrete pad. Sold as is. \$58,000
•DRASTICALLY REDUCED – Charming home on

**40 AC home** and well is solar powered, beautiful views, horse property, can be split. \$249,900.

•5 bedroom, 3 bath nestled on 40 AC, mesquites and cottonwoods along the San Pedro River, about 7 miles from San Manuel.

#### **Surrounding Area**

•Well kept home, 3 bedroom 2 bath, fireplace, new carpet 2012, new paint, detached garage, carport, A/C, fenced front and back yard, great

•1.33 ac, well with a windmill, fenced, large shop, great views, large trees, 7x35 block dog kennels with 4 individual rooms with older

·Beautiful views of the Galiuro Mountains, lots of vegetation & large Saguaros. \$10,000 •4 lots with great mountain views, lots range from .34 to .60 ac. Lot 2 is \$12,500, other lots are \$14.500.

•3 bedroom, 2 bath on corner lot, fenced



Brian Hall. Men's Overall 1st Place Winner

John Hernandez | Miner



Emily McGlamery, Women's Overall 1st Place Winner

John Hernandez | Miner

## **DONATIONS FOR VETS**

Continued from page 7

of Justice agent, who works five or six nights a week on security patrol and the gang-ridden Santa Rita Park and the base. She also takes food and supplies to veterans living outside the base.

Another woman, a Captain from Davis Monthan Air Force Base, donates her time to go out and do the same. Then, there are the two patriots who drive all the way from southern California to assist at the camps.

An ONWA representative stated; "Tonight, what we saw, was true patriotism in action and the self sacrifice of several concerned citizens, trying to give back to other citizens that have sacrificed much, to allow us the freedoms that we enjoy today.'

Sue and Jerry Parra, of Sue and Jerry's Trading Post on American Avenue in Oracle, are also volunteers, in allowing their store to be used as a collection point for donated items. If you have clothing, personal hygiene items, food, or other items that could help help these veterans, donations can be dropped off at Sue and Jerry's Trading Post during regular business hours. The donation drive will extend through the holiday, and donations will be transported to the camp by ONWA members.

Camp Bravo, set up by Veterans On Patrol (VOP) is located on private property at 20th Street and Jacobus Avenue near Santa Rita Park The VOP is based in the Phoenix /Tucson area. They also have "Camp Alpha" located in the Phoenix area. These camps provides shelter, food, personal hygiene items, and all-volunteer staff to provide support with case management, safety and general welfare for the veterans. This includes securing counseling, when needed.

Lewis Arthur, founder of Veterans on Patrol stated: "You don't get paid but you get to see that person get to a home and that's better than any paycheck I could write anybody, to be honest with you,"

For more information on Operation Vet Rescue, seek out Oracle Neighborhood Watch Alliance and Veterans On Patrol, both via Facebook.

## **HEALTH ISSUES**

Continued from page 5

Unfortunately farmed fish often lose their omega 3 oils because they are fed grain and essentially become cows. On the flip side, wild fish often accumulate large quantities of mercury, a known neurotoxin. This is where supplementing with NAC comes in handy as it will attach (or "chelate") to the mercury and wash it out of our bodies.

Vitamin D has entered our radar in the past few years. Though I am uncertain why it is low in practically everyone, it is so important in protecting against osteoporosis and cancer that I recommend testing for

it and supplementing when needed. It is actually a fat soluble hormone. And, as such, can become harmful if overtaken

I hope you find value in some of these suggestions and that your life is enhanced by them.

Dr. Michael Miles' Clinic is located at 15601 N. Oracle Rd. in Catalina behind Golf Cars of Arizona. You can learn more about the Catalina Clinic and Dr. Miles by visiting the website: www.catalinaclinic.com. To contact Dr. Miles or make an appointment at the clinic call 520-825-8100.

### **DIAPER BAG**

Continued from page 3

the value of helping others.

We are thankful to be here locally, meeting the needs right here where we live! Diapers, baby clothes, blankets, and formula all came in and went out from the Family First Centers! Where did it all come from? I know it came from God Himself, who always provides for people in need. We are so thankful He has used all of you who have given this past year, from giving the items needed, to money to pay for our expenses! We thank you for all you have done, you have enabled us to reach out farther into our communities! God bless you!

So as we start another holiday season, start it off by

"Thanks be to God for His indescribable gift, His Son Jesus"! 2 Cor. 9:15

God Bless,

#### /s/ Frank & Clare

Family First donations qualify for the Arizona State Charitable tax credit, a dollar for dollar credit on your state tax liability! December 31st is the deadline for your donation. You can give today online at: www.familyfirstpcc.org.

Have a service man or woman you'd like us to recognize? We are proud to support our military and will publish the information at no charge.

Email information to editor@minersunbasin.com

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Non-commercial word ads are free for items up to \$500. Free ads limited to 20 words. \* If your ad is more than 20 words, the charge is \$5 for another 10 words. \*\* All commercial ads are \$5.00 for 10 words. \*\*

\* Rates are per month. Free ads must be resubmitted each month for inclusion.
\*Please note, ads are charged in 10 word increments whether or not you use all 10 words.

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#### **Real Estate**

#### ► General Real Estate

ADVERTISE YOUR HOME, property or business for sale in 76 AZ newspapers. Reach more than 2 million readers for ONLY \$330! Call this newspaper or visit: www. classifiedarizona.com. (AzCAN) NORTHERN AZ WILDERNESS RANCH \$236 MONTH. Quiet & secluded 36 acre off the grid ranch at cool, clear 6,400' elevation near historic pioneer town & fishing lake. No urban noise, clean air & dark sky nights. Blend of mature evergreens & grassy meadows with sweeping views across surrounding wilderness mountains and valleys. Borders 640 acres of State Trust Land. Abundant clean groundwater, free well access, loam garden soil & maintained road access. RV's ok. \$27,500, \$2,750 dn. Free brochure with photos, map, weather, area info. 1st United Realty 800-966-6690. sierramountainranch. com (AzCAN)

# SaddlBbrooke Rotary sponsors speech contest at MVS

Four sixth grade students from Mountain Vista School were honored by the SaddleBrooke Rotary for speeches they wrote about truth and fairness. The Rotarians follow a code of ethics in their business and

What do you need to ship?

personal lives that include the following guidelines:

- Is it the truth?
- Is it fair to all concerned?
- Will it build goodwill and better friendships?
- Will it be beneficial to all concerned?

Following that code of ethics, students were asked to write an essay that answered the following questions:

- Is it ever better to not tell the truth than to tell the truth and face the repercussions?
- How does being fair to someone benefit me?
- · Should self-interest

building goodwill and better friendships?
• Does making sure something is beneficial to all concerned mean you must lose or give up

something?

ever take precedence over

The four winners of the contest were invited to the SaddleBrooke Rotary on Oct. 29 to have lunch and present their speeches. The top four winners were Allen Fehr from Mrs. Villanueva's class, Amy Soulé from Mrs. Carrillo's class, and Angelita Mendibles and Natalye Pinedo from Mrs. Tate's class. The first place winner was Angelita Mendibles. Winners were judged based on the content of their speeches and their presentation.





#### **ORACLE RUN**

Continued from page 10

The Fun Run winners were Camryn Doran and Kaylyn Krolicki. Brando their dog finished third.

The Oracle Run is made possible by the Southern Arizona Roadrunners (SAR) and the Oracle Historical Society. Race Director is Darrell Klesch.



Start of the Fun Run.

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